

FAST FACTS



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Skin Cancer

by Karen L. Agnew, Barbara A. Gilchrest
and Christopher B. Bunker

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HEALTH PRESS

Skin Cancer Fast Facts

Peter Simcock, Andre Burger



Skin Cancer Fast Facts:

Fast Facts: Skin Cancer Karen L. Agnew, Christopher B. Bunker, Sarah T. Arron, 2015-09-16 Skin cancer is both preventable and treatable yet it is becoming alarmingly common The key to successful treatment other than education and prevention is early recognition and swift referral Fast Facts Skin Cancer has been written by three international experts to equip healthcare professionals with the necessary skills to save lives Highlights include Expert presentation of the basic facts on epidemiology causation presentation and management Over 100 color illustrations to assist with the identification of at risk individuals and early lesions Pull out tables of cancer staging for cutaneous squamous cell carcinoma and melanoma Advice to give patients on self examination A thorough overview of all treatment options topical therapies cryotherapy curettage and electrosurgery photodynamic therapy and lasers radiotherapy surgical excision and Mohs micrographic surgery Discussion of preventive measures This fully updated second edition is a practical evidence based resource written from an international perspective to reflect national and international guidelines It will assist clinical practice education training audit and research and is essential reading for generalists and specialists alike Contents Epidemiology Pathogenesis Clinical features and diagnosis Management Prognosis Prevention Future trends *Fast Facts: Skin Cancer* Karen L.

Agnew, Christopher B. Bunker, 2013-09-16 Fast Facts Skin Cancer has been written by three international experts to equip healthcare professionals with the necessary diagnostic skills and treatment options to save lives **Fast Facts: Minor Surgery** Christopher J. Price, Rodney Sinclair, 2008-01-01 Dermatological surgery is practised routinely in primary care and most minor procedures are straightforward and require minimal time Success is dependent on the practitioner's ability to recognize lesions choose and plan appropriate treatment and surgical interventions and perform surgical procedures Fast Facts Minor Surgery second edition provides an overview of the good practice and operative set up required for dermatological surgery the skin lesions commonly encountered in primary care and the various techniques and procedures involved in their treatment Contents Operative set up and equipment Local anesthesia Lesion identification and management Treatment planning Avoiding complications Suturing techniques and removal Surgical procedures Examining your practice

Fast Facts: Dermatological Nursing Rebecca Penzer-Hick, Sarah Copperwheat, Lucy Moorhead, Saskia Reeken, Melanie Sutherland, Julia Wheeler, Heulwen Wyatt, 2022-12-16 Providing dermatology care to the large number of people with skin disease requires a workforce that is appropriately trained and competent to meet patients needs safely and effectively Nurses form a critical part of the team that provides that care and they are increasingly developing new skills and approaches that complement the skills of the other healthcare professionals they work with Here we aim to provide practical guidance for developing these more advanced roles with signposting to additional resources After reading this Fast Facts resource dermatology nurses will be aware of a variety of career pathways in subspecialist dermatology fields have a clear understanding of the clinical skills required in these areas know how to proceed with their training **Fast Facts: Psoriasis**

Alan Menter, Catherine Smith, Jonathan Barker, 2014-10-01 Psoriasis can no longer be considered a mere skin disease it is a spectrum of different conditions requiring a spectrum of different treatments Yet the systemic and psychosocial consequences of the condition often go unrecognized The fourth edition of this refreshingly readable handbook explores the potential to improve the quality of life of patients by reducing the range of comorbidities associated with psoriasis including arthritis cardiovascular disease and inflammatory bowel disease Fast Facts Psoriasis is packed with practical information on all aspects of this increasingly treatable disease including a concise review of the immunologic and genetic aspects of the disease a well illustrated guide to clinical presentation and differential diagnosis all management options from topical treatments to current and emerging receptor targeted therapies a commonsense approach to management by rotating and combining therapies a fully updated chapter on psoriatic arthritis Fast Facts Psoriasis is essential reading for the primary care team dermatology trainees and specialists in cardiology gastroenterology and rheumatology who want to learn all about psoriasis but have little time to spare Contents Epidemiology and pathophysiology Clinical presentation Differential diagnosis General management approach Topical Therapy Phototherapy and photochemotherapy Systemic therapy Receptor targeted biological therapies Psoriatic arthritis Future trends Useful resources [Fast Facts on Genetics and Genomics for Nurses](#)

Kimberly Subasic, 2022-08-02 Takes the fear out of learning about genetics and genomics for the nursing professional With its focus on the basics of genetics and genomics in nursing practice this Fast Facts resource is the first to fill the content gap in this important area Its streamlined format featuring bulleted step by step information and brief paragraphs disseminates key content that is presented simply and understandably The book examines how genetics impacts families and the care they need and provides nurses with the genomic knowledge to advocate for personalized patient and family care and to improve patient outcomes Following a discussion of the science and foundations of genetics and genomics this resource addresses their impact on patient care and application in nursing practice It covers the relationship of genetics and genomics to health prevention screening diagnostics prognostics and selection and monitoring of treatment Case studies demonstrate how genomic concepts are applied in practice and underscore their implications for patients with cancer cardiovascular disease psychiatric disorders and autoimmune deficiencies End of chapter questions are designed to assess knowledge Also included are online resources that examine the latest genetic genomic advancements and their impact on nursing Key Features Simplifies difficult concepts for ease of understanding Explains the difference between genetic testing and genetic screening Discusses ethical legal and social concerns specific to genetics and genomics Describes the application of genetics and genomics in healthcare Explains how knowledge of genetics and genomics can guide healthcare decisions Helps nurse educators teach genomic content Educates nurses in using genetic advances to improve patient outcomes [Fast Facts: Metastatic Prostate Cancer](#)

Lance Coetzee, 2017-02-03 Information Taking Control Best Outcome is the theme running throughout this short superbly illustrated workbook Designed to help patients equip themselves with the best information

about metastatic prostate cancer it covers how prostate disease spreads and where it can spread to a summary of diagnostic tests with detailed explanations to aid understanding of PSA levels staging and Gleason score all the hormone treatment options and their side effects what to expect from the disease itself how to manage key symptoms such as bone pain urinary problems and fatigue the treatment options when hormone treatment stops working useful advice on diet exercise and getting the right support a frank discussion of end of life care a concise overview of the latest research in this area With FastTests to test patients understanding of their condition handy checklists and plenty of space for patients and their doctors nurses and family to write notes this concise easy to read resource will help patients get organized so that they are better equipped to ask the right questions and have more meaningful discussions about their treatment Ultimately it will help them make the best decisions about their care Contents Information Taking Control Best Outcome What is metastatic prostate cancer What do my test results mean Why is my cancer staged How will the disease affect me How is metastatic prostate cancer treated What is available after hormone therapy What are the side effects of hormone treatment What can I do to help myself Monitoring the effects of therapy Treatment when myeloma returns End of life care What is the latest research in this area Useful resources

Fast Facts for Patients: Chronic Lymphocytic Leukemia Kathryn Huntley,Anna Schuh,Alessandra Tedeschi,2023-08-03 Chronic lymphocytic leukemia CLL is a slow growing type of blood cancer and the most common form of leukemia in adults CLL results in large numbers of abnormal B lymphocytes in the bone marrow and prevents the production of healthy blood cells It is more commonly diagnosed in older people almost 80% of cases are in people over 60 years old Changes in chromosomes or genes in some patients affect how the disease develops and what treatment is prescribed CLL cannot be completely cured but many people will have a normal lifespan and a good quality of life

Fast Facts: Breast Cancer Jayant S. Vaidya,David Joseph,2014-06-02 Wherever you are in your career and whatever involvement you have with caring for women with breast cancer the fifth edition of Fast Facts Breast Cancer has something for you The world class authors of this popular fact packed handbook provide practical advice on all the key areas of breast cancer management from risk factors and diagnosis to treatment of all cancer stages But what really makes it stand out from the crowd is the authors awareness of the information you need when you talk to a woman concerned about breast cancer The chapter dedicated to perception of risk will refresh your knowledge and help you talk to your patients about their individual prospects while the short chapter on clinical trials will help you discuss potential participation in trials and answer common questions

Improvements in the management of breast cancer have followed three major themes in recent years greater optimization of individualized local treatment longer duration of therapies and the use of biological therapies targeted at specific receptors This colorful up to date handbook addresses all these trends alongside the disturbing issues of overdiagnosis as a result of screening and overtreatment Given the explosion in information technology patients and their families have access to much more information on their condition and as a result assume a more active role in their medical management Health

professionals have an important role in helping patients sort the facts from the fallacies put the risks and benefits into perspective and balance their treatment choices For this reason alone Fast Facts Breast Cancer is an invaluable evidence based resource for everyone working in breast cancer care in primary and secondary settings from medical and nursing students to GPs specialist nurses and residents And one for your patients too The authors encourage you to make your patients well informed active partners in their breast cancer care by sharing this highly readable book with them Contents Risk factors Perception of risk Pathophysiology Diagnosis Local control of primary tumor Adjuvant therapy Follow up and rehabilitation Management of advanced cancer Clinical trials Future trends Useful resources Fast Facts ProQuest,2005

Fast Facts: Menopause David H. Barlow,Barry G. Wren,2005-08-01 Fast Facts Menopause is a concise handbook designed to provide an overview of menopausal and postmenopausal health issues and their management Although effective therapies for symptoms are available controversies surrounding some of the available treatments have made potential users wary In the second edition of this succinct and practical text two eminent specialists review in detail the causes and consequences of menopausal symptoms and the options available to women today The text is evidence based drawing on the results of the most recent research to provide general practitioners specialist nurses gynaecologists and other healthcare professionals with an increased understanding of the physiological and psychological effects of the menopause and to contribute to more effective management Contents Stages effects and implications Vasomotor function Osteoporosis Urogenital changes Neurological symptoms Sexuality Symptom management Types of hormone therapy Side effects of hormone therapy Endometrial bleeding with hormone therapy Risks of hormone therapy Tibolone Alternatives to hormone therapy Fast Facts: Thyroid Disorders Gilbert H. Daniels,Colin M. Dayan,2006-01-01 Abnormalities of thyroid function rival diabetes mellitus in terms of prevalence and can affect any system in the body In the UK and North America it is estimated that palpable thyroid nodules are present in 1 in 20 of the population and in the UK alone 20 000 tests are carried out each year in clinical chemistry laboratories Thus all doctors can expect to encounter thyroid disease in one form or another Thyroid disorders are generally very responsive to treatment but there are traps for the unwary not least because of the frequent atypical presentations and the widespread prevalence of subclinical disease Fast Facts Thyroid Disorders is written by two leading experts of international standing who share a wealth of clinical and research experience The text which is comprehensively illustrated to make core clinical information easily accessible is a concise and practical guide for all who manage patients with these common conditions A concise guide to the recognition of thyroid disorders and the selection of appropriate thyroid function tests Provides expert advice on when to test when to treat and when to refer ensuring rapid initiation of appropriate therapy Highlights the particular challenges posed by thyroid disease during pregnancy Covers the management of thyroid eye conditions Sound dependable advice for the healthcare team and patient in coping with these common conditions Contents Glossary Introduction Thyroid physiology and function tests Hyperthyroidism etiology and

presentation Hyperthyroidism diagnosis and management Hypothyroidism etiology and presentation Hypothyroidism diagnosis and management Pregnancy and the thyroid Thyroid nodules and thyroid cancer *Fast Facts: Chronic and Cancer Pain* Michael J. Cousins, Rollin M. Gallagher, 2017-06-19 All health professionals regardless of specialty will care for patients with pain that has persisted for more than 6 months This fully updated fourth edition of *Fast Facts: Chronic and Cancer Pain* written by two internationally renowned experts in the field is designed to bring busy health professionals up to speed with the latest information in this area including Easy to read overviews of pain mechanisms A practical approach to pain assessment Developments in stepped care and multimodal management The latest thinking on opioids With health services around the world responding to calls to improve the management of painful long term conditions develop preventive and cost effective solutions and respond to patient choice and voice this easy to read fact packed book is essential reading for all GPs nurses junior hospital doctors physical therapists clinical psychologists occupational therapists pharmacists medical specialists and medical students wanting and needing to know more Contents Definitions and mechanisms Assessment of pain Treatment options Trigeminal neuralgia Complex regional pain syndrome Diabetic and postherpetic neuropathic pain Central pain Persistent postsurgical pain Cancer pain Musculoskeletal pain Visceral pain Headache **Fast Facts:**

Ophthalmology Peter Simcock, Andre Burger, 2015-08-10 This fully updated new edition has been designed for ease and speed of use in clinical practice It will empower you with the knowledge to triage your patients into three main groups emergencies requiring immediate referral non emergencies requiring routine referral or those with treatable conditions Primarily intended for doctors optometrists ophthalmic nurses and other health professionals involved with eye care within the community this refreshingly readable handbook discusses the major ophthalmological symptoms in the context of daily clinical practice Contents Basic eye assessment history and examination Red eye Blurred vision Double vision Other important symptoms Gritty itchy or watery eyes Abnormal eye appearance and or eye examination Diabetes hypertension and systemic medications Eyelid disease Children s eye problems Eye trauma Useful resources *Fast Facts: Renal Disorders* Ajay Singh, Jeremy Levy, Charles Pusey, 2013-06-01 Early detection of renal problems coupled with the appropriate therapeutic strategy can radically reduce the progressive nature of and complications associated with chronic kidney disease and in many instances will result in the successful treatment of acute kidney injury As many patients will not be seen by nephrologists it is essential that all healthcare professionals in hospitals and in the community have an awareness of renal disease the presenting signs differential diagnoses treatment strategies and approach to the management of complications *Fast Facts: Renal Disorders* is an easy to read evidence based guide to renal diseases and disorders for all doctors nurses and medical students It includes A clear explanation of proteinuria hematuria electrolyte imbalances and acid base disorders A concise summary of kidney function tests imaging techniques and biopsy Important questions for prompt diagnosis of acute kidney injury Management options for chronic kidney disease and its complications Practical guidance on the most common

renal problems including glomerulonephritis systemic disease UTIs and kidney stones Written by three specialists of international repute **Fast Facts Renal Disorders** provides the key information required for the optimal care of renal patients This fully updated second edition will help healthcare professionals assess identify treat and refer patients with renal problems appropriately Directly applicable to the clinical setting it is essential reading for all primary care providers junior hospital doctors specialist trainees renal nurses and medical students Contents Proteinuria hematuria and renal investigations Electrolyte disturbances and acid base disorders Acute kidney injury Chronic kidney disease Hypertension and diabetic nephropathy Glomerulonephritis Systemic disease Inherited kidney disease Urinary tract infection Kidney stones Urinary tract obstruction and tumors Renal replacement therapy and transplantation

Fast Facts: Disorders of the Hair and Scalp Rodney Sinclair, Vicky Jolliffe, 2013-08-21 Hair is inextricably linked with an individual's sense of worth personal style and self confidence If this is overlooked by clinicians patients presenting with hair disorders may feel undertreated and underappreciated **Fast Facts Disorders of the Hair and Scalp** is a practical resource that will help healthcare professionals diagnose a wide range of hair and scalp disorders including different types of hair loss perform further investigations and where appropriate provide treatment options Highlights include A well illustrated overview of hair biology and the normal hair cycle A clear guide to history taking observational examination and investigation Over 70 tables illustrations and photographs to aid clinical diagnosis A concise explanation of the role of androgens and genetics in male and female pattern hair loss Practical steps for the assessment of diffuse hair loss Comprehensive details of topical and systemic therapies for alopecia areata A classification of scarring alopecias with treatment options Scalp disorders presented by symptom scaly itchy or painful An overview of special problems in children This fully revised second edition of **Fast Facts Disorders of the Hair and Scalp** is an ideal resource for primary care practitioners practice nurses trainee dermatologists and medical students wanting to provide the most appropriate therapeutic cosmetic and supportive advice to their patients and for trichologists and consultant dermatologists wanting to keep up to date and informed on the many hair and scalp disorders Contents Anatomy and physiology Diagnosis Androgenetic alopecia Diffuse hair loss telogen effluvium Alopecia areata Trichotilliosis and traction alopecia Scarring alopecia Tinea capitis Hirsutism and hypertrichosis Scalp disorders Special problems in children Hair transplantation care and cosmetics Useful resources

Fast Facts: Advanced Cutaneous Squamous Cell Carcinoma for Patients and their Supporters S.T. Arron, 2019-12-19 **Fast Facts Advanced Cutaneous Squamous Cell Carcinoma** is for people who have or may have advanced cutaneous squamous cell carcinoma It aims to help patients and people close to them understand the condition so they can have better discussions with the cancer team Decisions about treatment and next steps are highly individual They will depend on the site and features of the person's cancer as well as their general health With its clear text and diagrams this booklet can help the patient understand how the cancer develops and the tests and treatments that may be recommended And with boxes and prompts for the reader's own

notes and questions Fast Facts Advanced Cutaneous Squamous Cell Carcinoma can become a truly personalized resource

Contents What is cutaneous squamous cell carcinoma What is advanced cSCC Metastatic cSCC Diagnosis Additional biopsies Staging Surgery Radiation therapy radiotherapy Systemic treatment Questions to ask your doctor about your treatment What can I do to help myself Palliative care Research Asking questions Useful resources *Fast Facts: Acne* Alison M. Layton, Diane Thiboutot, Vincenzo Bettoli, 2016-01-04 Acne is one of the ten most common diseases worldwide and is the inflammatory skin disease seen most frequently by community physicians and dermatologists Over the last decade knowledge of acne pathophysiology and etiologic factors has expanded resulting in the development of novel treatments that target clinical lesions and improve patient outcomes However the vast number of therapeutic options that are now available can pose a challenge to the prescribing clinician selecting the preferred treatment Fast Facts Acne is primarily aimed at family practitioners nurse prescribers pharmacists and dermatology trainees This fully updated edition provides a concise overview of the clinical features of acne reviews available treatments including their respective modes of action and potential adverse events and advises on treatment selection with the implicit goal of minimizing the physical and emotional scarring associated with this challenging disease It also discusses the use of antibiotics and given current concerns regarding overprescribing and antibiotic resistance this highly readable resource is a timely addition to the Fast Facts series

Contents Epidemiology Pathophysiology etiology and modifying factors Diagnosis Psychosocial aspects Topical therapy Oral Therapy Physical treatments for acne and scarring Acne care pathway Future trends and areas of need Acknowledgements and useful resources **Fast Facts: Myeloma** Karthik Ramasamy, 2016-11-21 Information Taking Control Best Outcome is the theme running through this short superbly illustrated workbook which is designed to help patients equip themselves with the best information about myeloma Starting with a simple overview of the biology of the disease this comprehensive resource will also help patients to understand the type of myeloma that they have the remitting relapsing nature of the disease and the signs and symptoms they are likely to experience Fast Facts Myeloma for Patients and their Supporters takes patients through the initial treatment options and their side effects what to expect if they have stem cell transplantation and how they will be treated when their symptoms return The final sections will help patients understand what supportive care options are available to them and provide an insight into the latest myeloma research which is progressing on many fronts With FastTests to test patients understanding of their condition throughout and plenty of space for patients to write their own notes this concise easy to read resource will help patients get organized so that they are better equipped to ask the right questions and have more meaningful discussions with their doctors and nurses Ultimately it will help them make the best decisions about their care

Contents Information Taking Control Best Outcome What is myeloma Who gets myeloma and why How is myeloma diagnosed What type of myeloma do I have What are the effects of myeloma What is staging and why is it done What initial treatment will I receive Stem cell transplantation Monitoring the effects of therapy Treatment when

myeloma returns Supportive care Research to follow and support Useful resources [World of Vaccinology 2024](#) MI Sahadulla, Sayenna A Uduman, 2024-08-10

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