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# THE SPARTANS

PAUL CARTLEDGE

AN  
EPIC HISTORY



# Spartans An Epic History

**Mike Roberts, Bob Bennett**



## **Spartans An Epic History:**

**The Spartans** Paul Cartledge, 2003 Paul Cartledge argues that the Spartans are our ancestors every bit as much as the Athenians But while Athens promoted democracy individualism culture and society their great rivals Sparta embodied militarism totalitarianism segregation and brutal repression

**The Spartans** Paul Cartledge, 2002 Traces the evolution of Spartan society and culture from its legendary origins through its brief dominance over all of Greece to its eventual decline in the Roman era examining the city's tremendous influence on the ancient world

Spartan Reflections Paul Cartledge, 2003-07-17 This is a book that scholars will read with pleasure and a book from which advanced undergraduates and graduates will gain a sense of what Sparta was like as a culture and just as important the nature and state of play of contemporary Spartan studies And it will be accessible for the well informed lay reader as well Josiah Ober author of *Political Dissent in Democratic Athens* Paul Cartledge's aim in this powerful collection of essays is to shed light in dark places to demythicize Cartledge is shrewd realistic and far from starry eyed Over a quarter century's exhaustive research now updated has gone into these densely documented and tightly argued essays These Spartans in the last resort are exploitative slave drivers obsessed with keeping their serfs down by annually killing off any resisters among other things Modern idealizers of cold baths black broth mindless discipline and long route marches should read this book and hopefully have second thoughts Peter Green author of *Alexander to Actium*

*The History and Culture of Ancient Sparta* Charles River Editors, 2025-06-20 The walls of Sparta were its young men and its borders the points of their spears attributed to King Agesilaos There have been no shortage of great warrior societies in history including the Romans Mongols Macedonians and Vikings the list goes on Yet one humble city in particular nestled in a valley near the Eurotas river in the Greek region of the Peloponnese and once ridiculed as little more than a cluster of villages inhabited by uncouth shepherds produced the most famous warrior elite the world has ever known The most unique city state in Ancient Greece was Sparta which continues to fascinate contemporaneous society It is not entirely clear why Sparta placed such a great emphasis on having a militaristic society but the result was that military fitness was a preoccupation from birth If a Spartan baby did not appear physically fit at birth it was left to die Spartan children underwent military training around the age of 7 years old and every male had to join the army around the age of 18 The Spartans whose carefully constructed approach to warfare and there is no other word for it Spartan way of life earned the grudging admiration of all of Greece and succeeded in establishing themselves in the years following the reforms of the semi legendary ruler Lycurgus as the greatest military force in all of Hellas Athens might have the mightiest fleet and the greatest cadre of philosophers and dramatists Thessaly might have had the most vaunted cavalry and the great city states of Argos Thebes and Corinth all had their own claims to fame but on the battlefield the Spartan phalanx stood without peer So feared were they in Greece that their very appearance on the battlefield could cause entire enemy armies to flee in terror and in one of history's most famous battles 300 Spartan warriors headed a combined Greek

force which held off the hundreds of thousands of Persian warriors of Xerxes's invading army for three days at Thermopylae inflicting an estimated 20 000 casualties upon them before dying to the last man rather than retreating Sparta will forever be known for its military prowess but they had lives off the battlefield as well and their way of life was also unique For example Spartan females were formally educated which was a rarity among the city states and the Spartan way of life was entirely dependent on a class of indentured servants known as the helots Yet the Laws of Lycurgus which ordered all Spartans to disregard art with the exception of song which the Spartans prized and some forms of music and poetry to distrust philosophy and to abhor excess in all things were designed to create the perfect warrior society and they did As a result the Spartans became notorious for Laconic phrases

The World's Greatest Civilizations The History and Culture of Ancient Sparta comprehensively covers the history and culture of the famous Greek city state looking at their religious political and military past and examining all their accomplishments Along with historic artwork depicting important people places and events The History and Culture of Ancient Sparta will bring readers up to speed on Ancient Sparta today

### **On Sparta**

Plutarch, 2005-05-26 Plutarch's vivid and engaging portraits of the Spartans and their customs are a major source of our knowledge about the rise and fall of this remarkable Greek city state between the sixth and third centuries BC Through his Lives of Sparta's leaders and his recording of memorable Spartan Sayings he depicts a people who lived frugally and mastered their emotions in all aspects of life who also disposed of unhealthy babies in a deep chasm introduced a gruelling regime of military training for boys and treated their serfs brutally Rich in anecdote and detail Plutarch's writing brings to life the personalities and achievements of Sparta with unparalleled flair and humanity

### **The Spartan Way**

Nic Fields, 2013-02-28 One of the best books about the ancient world I've ever read lively and informative Toy Solder Model Figure For a period of some 200 years Sparta was acknowledged throughout the Greek world as the home of the finest soldiers Xenophon called them the only true craftsmen in matters of war In this book Nic Fields explains the reasons for this superiority how their reputation for invincibility was earned and deliberately manipulated and how it was ultimately shattered The Spartan Way examines how Spartan society through its rigid laws and brutal educational system was thoroughly militarized and devoted to producing warriors suited to the intense demands of hoplite warfare professional killers inculcated with the values of unwavering obedience and a willingness to fight and die for their city The role of Spartan women as mothers and wives in shaping the warrior ethic is considered as are the role of uniform and rigorous training in enhancing the small unit cohesion within the phalanx and the psychological intimidation of the enemy The final chapters chart the course of Sparta's successes through the period of the Persian and Peloponnesian Wars through the Corinthian and Theban wars of the fourth century BC which culminated with the shattering military defeats at Leuctra and 2nd Mantinea and the years of her decline with the Spartans as a source of mercenaries for the wars of other states Includes maps

*Sparta* M. G. L. Cooley, 2023-08-10 A sourcebook on Sparta with a range of translated primary texts to support ancient

history students      **Twilight of the Hellenistic World** Mike Roberts, Bob Bennett, 2012-04-19 This book recounts and analyzes the complex series of conflicts between the Hellenistic Successor states in the generation before the Romans intervened in and ultimately conquered the region This period is rarely treated in any depth usually warranting little more than a summary as context for a discussion of the Roman conquests The authors demonstrate that this period of almost constant conflict and rivalry makes a fascinating subject of study in its own right For example it describes Macedon's war with Cleomenes and the final crushing of a much diminished Sparta as an independent power also the campaigns in the east whereby the Seleucid king Antiochus later defeated by the Romans at Magnesia earned his title of Antiochus the Great They show how the Hellenistic monarchs while aware of Rome's epic clash with Carthage in the West did not yet see her as a major threat and were preoccupied with more immediate concerns As well as clearly narrating the complex events Roberts and Bennet assess the various military systems of the Hellenistic states and developments in warfare on land and sea This is a very original book on a neglected period of politico military history      *Phoenix* David Stuttard, 2021-05-04 A Times Literary Supplement Best Book of the Year A vivid novelistic history of the rise of Athens from relative obscurity to the edge of its golden age told through the lives of Miltiades and Cimon the father and son whose defiance of Persia vaulted Athens to a leading place in the Greek world When we think of ancient Greece we think first of Athens its power prestige and revolutionary impact on art philosophy and politics But on the verge of the fifth century BCE only fifty years before its zenith Athens was just another Greek city state in the shadow of Sparta It would take a catastrophe the Persian invasions to push Athens to the fore In *Phoenix* David Stuttard traces Athens's rise through the lives of two men who spearheaded resistance to Persia Miltiades hero of the Battle of Marathon and his son Cimon Athens's dominant leader before Pericles Miltiades's career was checkered An Athenian provincial overlord forced into Persian vassalage he joined a rebellion against the Persians then fled Great King Darius's retaliation Miltiades would later die in prison But before that he led Athens to victory over the invading Persians at Marathon Cimon entered history when the Persians returned he responded by encouraging a tactical evacuation of Athens as a prelude to decisive victory at sea Over the next decades while Greek city states squabbled Athens revitalized under Cimon's inspired leadership The city vaulted to the head of a powerful empire and the threshold of a golden age Cimon proved not only an able strategist and administrator but also a peacemaker whose policies stabilized Athens's relationship with Sparta The period preceding Athens's golden age is rarely described in detail Stuttard tells the tale with narrative power and historical acumen recreating vividly the turbulent world of the Eastern Mediterranean in one of its most decisive periods      **Spartan Discipline** Sabine Lorca, AI, 2025-03-29 Spartan Discipline explores the society of ancient Sparta focusing on its unique system that produced exceptionally disciplined warriors It examines how the Agoge Sparta's rigorous military education shaped individuals from a young age instilling a culture of absolute loyalty and conformity The book investigates the economic and political structures that supported Sparta's militaristic society revealing

how these elements combined to create a dominant force in ancient Greece The book argues that Sparta's military success wasn't just about battlefield tactics but stemmed from a deeply ingrained societal system Exploring the legendary lawgiver Lycurgus and the establishment of Sparta's institutions the book progresses through three main parts the origins of Sparta the intricacies of the Agoge and an examination of Spartan society including the roles of women and helots It provides historical context and analyzes the psychological impact of Spartan training drawing on writings from Xenophon Plutarch and Thucydides This study of military history offers a fresh perspective by connecting ancient practices with modern military and psychological research By examining the Agoge the book demonstrates the degree of mental and physical toughness required of Spartan warriors Ultimately the book analyzes Sparta's legacy and its lasting impact on military thought offering insights into the principles of resilience and teamwork that remain relevant today

Thermopylae Paul Cartledge, 2006-11-02 The true story of a clash of ancient cultures Beautifully written and stirring An outstanding retelling of one of the seminal events in world history Booklist In 480 BC a huge Persian army led by the inimitable King Xerxes entered the mountain pass of Thermopylae as it marched on Greece intending to conquer the land with little difficulty But the Greeks led by King Leonidas and a small army of Spartans took the battle to the Persians at Thermopylae and halted their advance almost It is one of history's most acclaimed battles one of civilization's greatest last stands And in Thermopylae renowned classical historian Paul Cartledge looks anew at this history altering moment and most impressively shows how its repercussions have bearing on us even today The invasion of Europe by Xerxes and his army redefined culture kingdom and class The valiant efforts of a few thousand Greek warriors facing a huge onrushing Persian army at the narrow pass at Thermopylae changed the way generations to come would think about combat courage and death A class in Western Civilization that both instructs and entertains Kirkus Reviews starred review

*Orientation to the History of Roman Judaea* Steve Mason, 2016-12-09 No field of study is livelier than the history of Roman era Judaea ca 200 BC to AD 400 Bold reinterpretations of texts and new archaeological discoveries prompt us constantly to rethink assumptions What kind of religion was Judaism How did Jews and Christians relate to Roman imperial power Should we speak of Judaism or Judaisms How should the finds at Qumran affect our understanding Did Paul and other early Christians remain within Judaism Should we translate Ioudaioi as Jews or Judaeans These debates can leave students perplexed this book argues because the participants share only a topic They are actually investigating different questions using disparate criteria In the hope of facilitating communication and preparing advanced students this book explores two basic but neglected problems What does it mean to do history if history is what we wish to do And how did the ancients understand and describe their world It is not a history then but an orientation to the history of Roman Judaea Rather than trying to specify which questions are good ones or what one should think about them the book offers new perspectives to help unleash the historical imagination while reckoning squarely with the nature of our evidence

*The Rough Guide to Greece (Travel Guide eBook)* Rough Guides, 2018-05-01 Discover ancient history and

blissful beaches with the most clued up and entertaining guidebook on the market Whether you plan to join in the Easter celebrations kick back on the idyllic island of Santor ni or explore the awe inspiring ruins at Delphi The Rough Guide to Greece will show you the ideal places to sleep eat drink shop and visit along the way Independent trusted reviews written with Rough Guides trademark blend of humour honesty and insight to help you get the most out of your visit with options to suit every budget Full colour maps throughout navigate Athens bazaar area or plan your island hopping route without needing to get online Stunning images a rich collection of inspiring colour photography Things not to miss Rough Guides rundown of Greece s best sights and experiences Itineraries carefully planned routes to help you organize your trip Areas covered include Athens the Peloponnese the Pelion peninsula the P ndhos Mountains Thessalon ki Mount Olympus Macedonia the Argo Saronic Islands the Cyclades Crete the Dodecanese the East and North Aegean islands the Sporades and vvia the Ionian Islands Attractions include the Acropolis the Parthenon Tower of the Winds Temple of Poseidon Stavros Niarchos Cultural Centre National Archeological Museum Mycenae Epidaurus Olympia Delphi the Met ora V kos Gorge Mount Olympus Pr spa lakes Mount Athos Temple of Aphaea Delos Caldera of Santor ni Knoss s Samari Gorge Lindos Acropolis National Marine Park of Al nissos Northern Sporades and more Basics essential pre departure practical information including getting there local transport accommodation food and drink health the media festivals sports and outdoor activities culture and etiquette shopping and more Background information a Contexts chapter devoted to history archeology wildlife music and books plus a handy language section and glossary     *The Rough Guide to Greece* Rough Guides,2015-04-01 The Rough Guide to Greece has been the definitive guidebook to the country With user friendly accommodation and eating reviews crystal clear maps detailed background and a journalistic eye for detail this is the ideal guide for all your Greece travel needs Top 5 lists and itineraries will help you plan your route with insider tips on the best beaches to escape the crowds You ll discover the choicest resorts from boutique to backpacker get the low down on island hopping from Corfu to Kos and read expert background on everything from Homer to hiking     **Education of Cancer**

**Healing Vol. IX - The Best Of** Peter Havasi,2013-06-14 The Education of Cancer Healing is the MOST comprehensive and COMPLETE study collection on the history of cancer healing on the market today Totaling more than 2500 pages filled with invaluable information this magnum opus holds answers to your questions regarding cancer and many other diseases These books give you information which is in fact a HEALING DYNAMITE covered by thousands of scientific and medical studies independent professionals and dozens of patient and witness testimonials With this masterwork I am giving you the BEST of my own research the product of 300 000 and the result of more than 20 000 hours of exhaustive and careful research in the field of cancer My mission is to give you THE SUPER KNOWLEDGE the foundation for super powers that are within you so that you can heal yourself of cancer and any other disease and live your life to the fullest potential I will be your guide on your way to POWERFUL HEALTH     **The Greeks** Roderick Beaton,2021-11-02 A sweeping history of the Greeks from the

Bronze Age to today More than two thousand years ago the Greek city states led by Athens and Sparta laid the foundation for much of modern science the arts politics and law But the influence of the Greeks did not end with the rise and fall of this classical civilization As historian Roderick Beaton illustrates over three millennia Greek speakers produced a series of civilizations that were rooted in southeastern Europe but again and again ranged widely across the globe In The Greeks Beaton traces this history from the Bronze Age Mycenaeans who built powerful fortresses at home and strong trade routes abroad to the dramatic Eurasian conquests of Alexander the Great to the pious Byzantines who sought to export Christianity worldwide to today's Greek diaspora which flourishes on five continents The product of decades of research this is the story of the Greeks and their global impact told as never before

**Leuctra 371 BC** Murray Dahm, 2021-06-24 This detailed study explores the battle of Leuctra and the tactics that ultimately led to the complete defeat of Sparta and freed Greece from domination by Sparta in a single afternoon The battle of Leuctra fought in early July in 371 BC was one of the most important battles ever to be fought in the ancient world Not only did it see the destruction of the Spartan dominance of Greece it also introduced several tactical innovations which are still studied and emulated to this day Sparta's hegemony of Greece which had been in effect since the Persian wars of 480-79 and especially since the Peloponnesian War in 431-404 BC was wiped away in a single day of destruction Sparta would never recover from the losses in manpower which were suffered at Leuctra The importance of the battle of Leuctra cannot be underestimated This superbly illustrated title gives the reader a detailed understanding of this epic clash of forces what led to it its commanders sources and the consequences it had for future civilizations

**OCR Ancient History AS and A Level Component 1** Charlie Cottam, David L. S. Hodgkinson, Steve Matthews, Lucy R. Nicholas, James Renshaw, 2017-08-24 This textbook is endorsed by OCR and supports the specification for AS and A Level Ancient History first teaching September 2017 It covers the whole of Component 1 both the compulsory Period Study and the three optional Depth Studies Period Study Relations between Greek states and between Greek and non Greek states 492-404 BC by Steve Matthews and James Renshaw Depth Study The Politics and Society of Sparta 478-404 BC by Charlie Cottam Depth Study The Politics and Culture of Athens c 460-399 BC by David L. S. Hodgkinson and James Renshaw Depth Study The Rise of Macedon 359-323 BC by Lucy Nicholas How and why did a small group of city states defy the might of the Persian Empire Why did the same city states subsequently descend into 60 years of conflict among themselves Were Sparta and Athens very different How did Alexander later redefine the Greek world These are the sort of questions that you are required to consider for A Level Ancient History This book investigates how the birth of democracy and the defeat of Persia allowed a flourish of political and philosophical thought that subsequently defined western civilisation It further explores the contrasts between Spartan and Athenian culture The ideal preparation for the final examinations all content is presented by experts and experienced teachers in a clear and accessible narrative Ancient literary and visual sources are described and analysed with supporting images Helpful student features include study questions



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How the Black Death Gave Us the NHS Jaime Breitnauer, 2022-08-09 As the world is gripped by the coronavirus pandemic all eyes in the UK have been on our NHS heroes But where did they come from Why do we have such a unique free at the point of use healthcare system How has this benefitted British society And how does healthcare in other countries work Going back to pre history we will take a look at epidemics and pandemics through the ages and how they have consistently nudged healthcare policy toward a more social model They say a measure of civilised society is how it provides for its citizens and the NHS has been the backbone of Great Britain for the best part of a century As well as looking at its origins and counterparts in other countries we will take a look at how the Covid 19 pandemic has been handled and what the future of social healthcare might be across the globe

Spartan Kings and Statesmen in Montaigne's Essais Maria PAPADOPOULOS, 2018-12-24 In his Essais Michel Eyquem de Montaigne 1533 1592 father of modern scepticism and fervent supporter of the philosophy of praxis seems to be the first modern thinker in the footsteps of Plato to recognize the existence of Spartan philosopher kings and philosopher statesmen But Montaigne goes further he sees Sparta as a city state of philosopher citizens and he distinguishes between the Spartans philosophical virtue and their military valour true courage is the work of prudence a moral and an intellectual virtue and of wisdom which is recognized and proved by its practice through living examples experiences in everyday religious moral social and civic life rational justification and moral standing of interlinked choices on virtue and evil happiness and sadness joy and pain life and death There is a dialectical relationship between theory and praxis words and deeds arts and arms The same dialectical approach is taken by Montaigne whose valiant philosophy has a particular purpose to teach not to fear death In these circumstances self knowledge or wisdom takes the double significance of an intellectual investigation and at the same time a training that brings victory not over enemies in the battlefield but over time and death

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