

A FORGOTTEN SUNNAH

MISWAK

"Were I not afraid that it would be hard on my followers, I would order them to use the siwak (as obligatory, for cleaning the teeth)." [Bukhari]

How to use a Miswak

The Miswak is to be clipped by an inch at the top and bitten until it forms bristles. When brushing the teeth, it is to be done in an 'up-down' motion.

Physical Benefits of Miswak

- Fights tooth decay and cavities
- Increases wealth
- Removes bad breath
- Reduces gum pain
- Pleasant aftertaste
- Beneficial for the environment

Reward of Using Miswak

- Allah becomes pleased
- A Sunnah of all Messengers
- Salah performed after Miswak is 70 times better than the one without.

Miswak - Siwak

The miswak/ siwak is a teeth cleaning twig made from the *Salvadora persica* tree (known as arāk, in Arabic).



The Miswaak

**Mubashir Hussain Masoodi, Muneeb U
Rehman**

The Miswaak:

You Have Been Chosen Igsaan Abrahams, You Have Been Chosen A Guide to Memorising the Holy Qur'an is an insightful and practical book that serves as a comprehensive guide for individuals embarking on the journey of memorising the Holy Qur'an. Drawing from years of expertise and experience, the author presents a step-by-step approach to help readers effectively memorise the Quran, enabling them to experience the profound blessings and rewards associated with this sacred act. The book emphasizes the significance of Quranic memorisation, exploring the spiritual, religious, and personal benefits that arise from committing the Quran to memory. It highlights the transformative power of memorising the Qur'an, not only in strengthening one's faith but also in fostering character development, moral values, and a deeper connection with Allah. []

With Design: Reinventing Design Modes Gerhard Bruyns, Huaxin Wei, 2022-11-05. This collection stems from the International Association of Societies of Design Research (IASDR) congress in 2021, promoting the research of design in its many fields of application. Today's design finds itself at a critical moment where the conventional modes of doing thinking and application are increasingly challenged by the troubled ideology of globalisation, climate change, migration patterns, and the rapid restructuring of locally driven manufacturing sectors. The volume presents a selection of papers on the state of the art design research work. As rapid technological development has been pushing and breaking new ground in society, the broad field of design is facing many unprecedented changes. In combination with the environmental, cultural, technological, and crucially pandemic transitions, design at large is called to fundamentally alter its modes of practice. Beyond the conventional models of conducting research or developing solutions to wicked problems, the recoupling of design with different modes should be seen as an expression to embrace other capacities of thinking, criticisms, and productions. This selection of proceedings papers delivers the latest insights into design from a multitude of perspectives as reflected in the eight thematic modes of the congress: i.e. social making, business, critical, historical, projective, impact, pandemic, and alternative with design modes. The book benefits design researchers from both academia and industry who are interested in the latest design research results as well as in innovative design research methods. In presenting an interesting corpus of design case studies as well as studies of design impact, this comprehensive collection is of relevance to design theorists and students as well as scholars in related fields seeking to understand how design plays a critical role in their respective domains.

Cancer Is a Jinn (Demonic) Possession. the Ultimate Cure Dr Mira Bajirova, 2019-12-05. Medicine instead of healing contributes to the disease progression and creates other diseases, including other Cancer. What comes to you of good is from Allah, but what comes to you of evil, O man, is from yourself. Qur'an, An-Nisa 4:79. When a person commits the Sin, a black spot appears on his heart, and if he seeks forgiveness, this black spot is removed, and if he returns to Sin, the black spot grows until his heart becomes black, and he will be doomed. Disease is an Expiation of the Sins. In this book, I have described 351 Sins. The Sins involve the Evil Jinn. Demons possess humans because of the Sins: revenge, desire of control, attraction, Sorcery, Evil Eye, anger, fear, and

depression The most frequent Sins denying or associating partners to Allah the Creator of all things Cancer is a Jinn Demonic Possession The anti Cancer treatment excites the hidden Evil Jinn and the Jinn spread more the disease Additionally medicine creates other diseases due to the side effects Doctors cannot help cannot remove your Sins and make you sicker and die Know for certain that when you break no one will heal you except you Ibn Al Qayyim Repentance from the Sins is obligatory A trial is not sent down except due to a Sin and it is not lifted except with repentance Ali Ibn Abi Talib Demons are afraid of Allah only our Creator The Ultimate Cure is within the Qur an Ruqyah Negative Ions and Prophetic Medicine Whoever abandons the Qur an would abandon treating sickness and seeking healing through it *THE REWARDS FOR GOOD*

DEEDS SHAYKH SHARAF AL-DIN 'ABDUL MU'MIN AL-DIMYATI,2016-01-01 **Biopolymer Composites** Salit Sapuan,Syeed SaifulAzry Osman Al Edrus,Ahmad Adlie Shamsuri,Aizat Abd Ghani,Khalina Abdan,2023-01-30 Biopolymer Composites covers a wide range of materials used in biocomposite products from biopolymer wood fiber wood and non wood species It discusses the preparation of the material processing and end applications and also reviews wood quality improvement through different types of treatments **The Religion of the Iranian Peoples** Cornelis Petrus Tiele,1912

The Oral Health Gap: Beliefs Vs Behaviour DR.DIVYA VAISHNAVI,2025-08-23 The Oral Health Gap Beliefs Vs Behaviour explores the vital intersection between perceptions and practices in oral health particularly among children and caregivers This comprehensive volume delves into the socio cultural psychological and educational influences on oral hygiene habits and highlights disparities in oral health awareness Drawing on historical context policy evolution and current challenges the book emphasizes the role of caregivers schools and systemic health strategies It serves as a valuable resource for dental professionals educators and public health policymakers seeking to bridge the gap between oral health knowledge and everyday behaviour **Edible Plants in Health and Diseases** Mubashir Hussain Masoodi,Muneeb U

Rehman,2022-03-14 The book provides essential information on some of the promising edible medicinal plants and how these possess both nutritional as well as therapeutic value The significance of the edible plants in traditional medicine and the importance of the distribution of their chemical constituents are discussed systematically concerning the role of these plants in ethnomedicine in different regions of the world The current volume deals with the individual plants phytochemical and pharmacological properties emphasizing human health The title would demonstrate the value of natural edible plants and introduce readers to state of the art developments and trends in omics driven research This book is a single source scientific reference to explore the specific factors that contribute to these potential health benefits and discuss how to maximize those potential benefits Chemists food technologists pharmacologists phytochemists and all professionals involved with quality control and standardization will find in this book a valuable and updated basis for their work *Muhammad* □ *Encyclopædia of Seerah* Afzalur Rahman,1992-05-04 The Encyclopaedia of Seerah is a unique approach to analyse and study the life of Prophet Muhammad peace be upon him with an emphasis on the lifestyle of the Prophet This Digital Edition is available in 9

Volumes Natural Conservative Dentistry: An Alternative Approach to Solve Restorative Problems Maha Ahmed Niazy, Hesham El-Enshasy, Shimaa Mahmoud Ameen, 2024-05-03

In nature lies the solution to restore teeth with minimal damage. In this groundbreaking book, the management of dental challenges is presented from a new perspective. Natural Conservative Dentistry: An Alternative Approach to Solve Restorative Problems provides evidence-based solutions to dental challenges to researchers, practitioners, and dental service providers. The main attribute of all these solutions is that they are all derived from natural ingredients. Natural ingredients are an effective alternative for dental care and management in contrast to synthetic products that have multiple side effects. This book fills a knowledge gap on alternative and sustainable solutions derived from nature to respond effectively to dental challenges encountered in dental treatment for the conservation of the tooth. It is a compilation of the work of expert dentists that has been carried out in clinics for the management of dental problems.

Key Features:

- Provides an insightful look at the prevention of dental diseases through evidence-based interventions using natural products in 9 referenced chapters.
- Contains valuable contributions in restorative dentistry such as caries prevention, enamel and dentin remineralization, dentin biomodification, dentin desensitization, vital pulp therapy, antioxidants, and tooth bleaching.
- Provides an update on the current status of different ingredients used in oral health care products developed for commercial markets.
- Includes notes on pathophysiology and diagnosis on specific conditions and sources of natural ingredients.

The book is a valuable reference for trainees and professionals who want to enhance their restorative dentistry practice in the clinic.

Whispering the Strategies of Language: An Mental Journey through **The Miswaak**

In a digitally-driven earth wherever displays reign great and immediate conversation drowns out the subtleties of language, the profound strategies and emotional nuances hidden within phrases frequently get unheard. However, situated within the pages of **The Miswaak** a captivating literary treasure pulsating with natural thoughts, lies an exceptional journey waiting to be undertaken. Composed by a talented wordsmith, that charming opus attracts visitors on an introspective trip, delicately unraveling the veiled truths and profound impact resonating within the very cloth of each word. Within the emotional depths with this poignant review, we can embark upon a honest exploration of the book is primary subjects, dissect their captivating writing style, and fail to the strong resonance it evokes strong within the recesses of readers hearts.

https://archive.kdd.org/results/publication/Documents/Straight_Up.pdf

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