



Smart Face A Dermatologists Guide To Cosmetics And Skin Care

Thomas Goodman, Stephanie Young



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About Face - The Smart Woman's Guide to Beauty Aisling McDermott, Laura Kennedy, 2015-11-12 YOUR FACE S NEW BEST FRIEND The face of beauty has changed Gone are the days of the simple cleanse tone moisturise skincare routine when the most complex make up decision we had to make was whether to treat ourselves to a lipstick or a gloss Now we re faced with a bewildering world of serums oils chemical toners foundations categorised by letters of the alphabet and the mysterious world of contouring Confused Allow Irish Times beauty writers Aisling and Laura to help They have tried them all They know what works and what doesn t and the best of their recommendations and advice are contained within the pages of this informative and humorous book I love About Face It s inspiring and expertly written Marian Keyes A wonderfully comprehensive no nonsense entertaining tried and tested treasury of all things skincare and make up Amy Huberman Every woman should have this book Roz Purcell This book is your face s new best friend Panti Bliss Seriously brilliant beauty gurus R is n Ingle About Face Contents SKINCARE Cleanser Toner Serum Moisturiser Facial oil SPF Skin challenges Neck MAKE UP Foundation Concealer Blusher Bronzer and highlighter Eyeshadow Eyeliner Mascara Eyebrows Lipstick **Smart Face** Thomas Goodman, Stephanie Young, 1988-10-21 If you want to have beautiful and healthy skin and are tired of spending money searching for that magic potion Smart Face will give you the inside track to saving money and saving face regardless of your age **The Complete Beauty Bible** Paula Begoun, 2004-01-01 Discover how to take beautiful care of your skin apply makeup like a pro and look your absolute best without spending a fortune The complete beauty bible will guide you through all the latest research and current information about every imaginable cosmetic innovation **Living the Savvy Life** Melissa Tosetti, Kevin Gibbons, 2011-01-01 Learn to master your finances with this practical guide full of tips and techniques that help you live rich while spending less Money isn t the most important thing in a woman s life but it effects every aspect of how we live So if you want to enjoy the best of life it s important to be money savvy Living the Savvy Life teaches you how to be mindful about money so that you have it when you need it and also when you truly want to splurge or treat yourself Living the Savvy Life isn t about being a cheapskate a miser or a tightwad It s about having security and peace of mind by spending less than you make It s about knowing where you stand financially on a daily basis so you can make intelligent fiscal decisions It s about cooking at home more often so you can afford an occasional dinner at your favorite restaurant It s about having a wardrobe made entirely of clothes that fit and look great on you It s about enjoying your time off because you planned for it and know you can afford it It s about attaining and maintaining a balance that can sustain the life you love **The New Beauty Secrets** Laura Mercier, 2010-06-22 Laura Mercier s philosophy is simple A perfect face radiant flawless and soft is the first and most important step in achieving your best possible look For years Laura has been transforming celebrities such as Sarah Jessica Parker Julia Roberts and Mariah Carey with her hallmark Flawless Face method Her signature product line Laura Mercier Cosmetics is an international success and her editorial work frequents the

covers of the most chic fashion magazines Her products are loved by everyone from makeup artists to real women people who appreciate straightforward products that deliver what they promise Now for the tenth anniversary of Laura Mercier Cosmetics Laura s handing her time tested tricks over to you The New Beauty Secrets presents the techniques that she s mastered and honed through an extraordinary life in beauty in a simple professional manner Alongside Laura s easy to follow step by step advice you ll find the straight beauty talk that has made her the trusted confidant of so many Whether she s exploring the pros and cons of plastic surgery divulging the secrets of perfect lip liner or sharing her recipe for the most relaxing bath Laura s warm expert voice welcomes you into her world a world brought to life with personal snapshots elegant sketches and glamorous photographs of renowned beauties wearing makeup by Laura Read along as Sharon Stone Julianne Moore and others reveal what makes Laura such a genius The New Beauty Secrets is the ultimate handbook for every woman who loves makeup and wants to look her best In The New Beauty Secrets you will learn how to Streamline your skincare routine to get the best complexion Replicate the Flawless Face Method that Laura uses on her celebrity clients Find the eyeshadow hues that best complement your eye color Prevent your lipstick from feathering bleeding or fading Design an eyebrow shape that s perfect for your face Indulge in at home beauty treatments that will help you glow de stress and detox

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companion for a lifetime of beautiful healthy and age defying skin The Beauty Bible Paula Begoun,2002 Offers beauty advice for women including information on body care nail care medication sun protection health treatments laser surgery and face lifts Bibliog **Subject Catalog** Library of Congress, **Library Journal** ,1988-07 **Mademoiselle** ,1993

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