

MAJOR SLEEP DISORDERS



1. INSOMNIA

2. HYPERSOMNIA

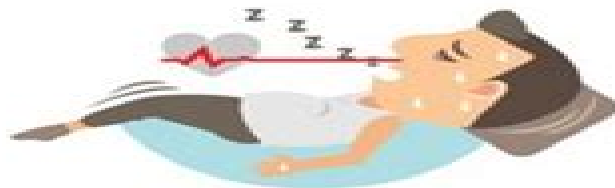
3. CIRCADIAN RHYTHM SLEEP DISORDERS:

- DELAYED SLEEP SYNDROME
- ADVANCED SLEEP-WAKE PHASE DISORDER
- IRREGULAR SLEEP-WAKE RHYTHM DISORDER
- JET LAG
- NON-24-HOUR SLEEP-WAKE RHYTHM DISORDER
- SHIFT WORK DISORDER
- OTHER CIRCADIAN RHYTHM SLEEP DISORDERS



4. PARASOMNIAS:

- SLEEP TERRORS
- SLEEPWALKING (SOMNAMBULISM)
- CONFUSIONAL AROUSAL
- SLEEP-RELATED EATING DISORDER
- NIGHTMARE DISORDER
- RECURRENT ISOLATED SLEEP PARALYSIS
- REM SLEEP BEHAVIOR DISORDER (RBD)
- EXPLODING HEAD SYNDROME
- SLEEP ENURESIS (BEDWETTING)
- SLEEP-RELATED HALLUCINATIONS
- SLEEP-RELATED GROANING (CATATHRENIA)
- SEXSOMNIA



5. SLEEP-RELATED BREATHING DISORDERS:

- OBSTRUCTIVE SLEEP APNEA (OSA)
- CENTRAL SLEEP APNEA
- COMPLEX SLEEP APNEA SYNDROME

6. PERIODIC LIMB MOVEMENT DISORDER (PLMD)

7. RESTLESS LEG SYNDROME

8. NARCOLEPSY

9. CATAPLEXY



Sleep And Sleep Disorders From Molecule To Behavior

JG Myers



Sleep And Sleep Disorders From Molecule To Behavior:

Embark on a breathtaking journey through nature and adventure with is mesmerizing ebook, **Sleep And Sleep Disorders From Molecule To Behavior** . This immersive experience, available for download in a PDF format (*), transports you to the heart of natural marvels and thrilling escapades. Download now and let the adventure begin!

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