

Lab 5: Skeletal and Muscular Systems

LABORATORY OBJECTIVES

- Identify a male versus a female skeleton
- Identify the bones that make up the human body
- To investigate articulations and synovial joint movement
- To investigate muscles and bones working together-using dissection of a chicken wing
- muscle fatigue



INTRODUCTION:

Our skeletal and muscular systems work together to support our bodies and allow us to move in the various ways we do. The skeletal system also does other important things for our bodies; it protects our soft body parts, produces blood cells, and stores minerals and fats.

Our muscular system also has other functions; it helps maintain internal body temperature and assists with movement of fluid in our veins and lymphatic vessels - it also protects the organs of the abdominal region, and stabilizes joints.

ACTIVITY 1: Is the skeleton male or female?

MATERIALS

- Sammy the skeleton (Sammy could stand for Samuel or Samantha!)

METHODS

"The pelvis tells the story"¹: Distinct features adapted for childbearing distinguish adult females from males. Other bones and the skull also have features that can indicate sex, though less reliably. In young children, these sex-related features are less obvious and more difficult to interpret. Subtle sex differences are detectable in younger skeletons, but they become more defined following puberty and sexual maturation."

The differences:

Female pelvic bones

- Broader sciatic notch
- Raised auricular surface

Male pelvic bones

- Narrower sciatic notch
- flat auricular surface

¹ From Smithsonian Institute: http://anthropology.si.edu/writteninbone/comic/activity/pdf/skeleton_male_or_female.pdf

Skeletal And Muscular Systems Lab Manual

Deloris Johnson



Skeletal And Muscular Systems Lab Manual:

Skeletal and Muscular Systems Deloris Johnson, 1997-12-01 **Part - Anatomy & Physiology Laboratory Manual - E-Book** Kevin T Patton, PhD, 2014-12-02 Effectively master various physiology dissection identification and anatomic explorations in the laboratory setting with the Anatomy Physiology Laboratory Manual 9th Edition This practical full color lab manual contains 55 different A P lab exercises that cover labeling anatomy identification dissection physiological experiments computerized experiments and more The manual also includes safety tips a comprehensive instruction and preparation guide for the laboratory and tear out worksheets for each of the 55 exercises In addition 8 e Lab modules offer authentic 3D lab experiences online for virtual lab instruction 8 interactive eLabs further your laboratory experience in the digital environment Complete list of materials for each exercise offers a thorough checklist for planning and setting up laboratory activities Over 250 illustrations depict proper procedures and common histology slides Step by step guidance for dissection of anatomical models and fresh or preserved specimens with accompanying illustrations helps you become acclimated to the lab environment Physiology experiments centering on functional processes of the human body offer immediate and exciting examples of physiological concepts Easy to evaluate tear out lab reports contain checklists drawing exercises and questions that help you demonstrate your understanding of the labs they have participated in Reader friendly spiral binding allows for hands free viewing in the lab setting Labeling and coloring exercises provide opportunities to identify critical structures examined in the lab and lectures Brief learning aids such as Hints Landmark Characteristics and Safety First are found throughout the manual to help reinforce and apply knowledge of anatomy and function Modern anatomical imaging techniques such as MRIs CTs and ultrasonography are introduced where appropriate Boxed hints and safety tips provide you with special insights on handling specimens using equipment and managing lab activities UPDATED Fresh activities keep the manual current and ensure a strong connection with the new edition of the A P textbook NEW Updated illustrations and design offer a fresh and upbeat look for the full color design and learning objectives NEW Expanded and improved student resources on the Evolve companion website include a new version of the Body Spectrum electronic coloring book Anatomy & Physiology Laboratory Manual and E-Labs E-Book Kevin T. Patton, 2018-01-24 Using an approach that is geared toward developing solid logical habits in dissection and identification the Laboratory Manual for Anatomy and coloring exercises offer a kinesthetic experience useful in retention of content User friendly spiral binding allows for hands free viewing in the lab setting Step by step dissection instructions with accompanying illustrations and photos cover anatomical models and fresh or preserved specimens and provide needed guidance during dissection labs The dissection of tissues organs and entire organisms clarifies anatomical and functional relationships 250 illustrations including common histology slides and depictions of proper procedures accentuate the lab manual s usefulness by providing clear visuals and guidance Easy to evaluate tear out Lab Reports contain checklists drawing exercises and questions that help you

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Designed for undergraduate courses emphasizing human anatomy and using the cat for dissection this popular manual organized by system offers exercises that highlight the differences and similarities between feline and human anatomy

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