

Beginning Knowledge

Total: ____/20

QUESTION 1: Healthy eating habits

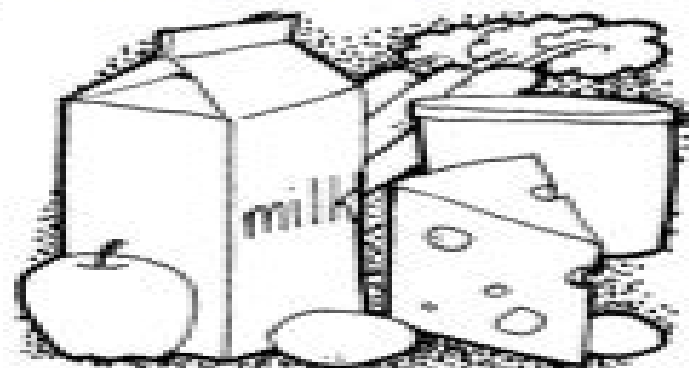
- 1.1 Write the names of the correct food in the blocks of the different groups. (8)

bread
milk
bananas
cheese
pasta
grapes
yogurt
chicken

Carbohydrates	Proteins	Vitamins and minerals	Fats

- 1.2 Complete the sentences by writing the correct word in the correct sentence.

- heat
Protein
infection
energy
 a. _____ build new cells to help our bodies grow.
 b. Vitamins and minerals help our bodies to fight _____ and to stay healthy.
 c. Carbohydrates give us _____
 d. We need fats for _____ and energy.



Skills Assessments Grade 3

RM Cervero



Skills Assessments Grade 3:

Skills Assessments Grade 3 Book Review: Unveiling the Power of Words

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