# Speaking from the Heart

Gender and the Social Meaning of Emotion

STEPHANIE A. SHIELDS

CAMBRIDGE

**Stephen Fineman** 

**Speaking from the Heart** Stephanie A. Shields, 2002-06-06 In Speaking From the Heart Professor Shields uses examples from everyday life contemporary culture and the latest research to illustrate how culturally shared beliefs about emotion are used to shape our identities as women and men and exposes the historically shifting and tacit assumptions these beliefs are based on This fascinating exploration of gender and emotion covers everything from nineteenth century ideals of womanhood to baseball and the new man and is a must read for anyone interested in the way emotion effects our everyday **Understanding Emotion at Work** Stephen Fineman, 2003-05-27 Getting to the heart of what binds and breaks organizations emotion Stephen Fineman explores beyond the surface of work to the rich emotional life bubbling underneath showing what employees and managers constantly deal with but are often ill equipped to do so Gender, Sex, and Sexualities Nancy Dess, Jeanne Marecek, Leslie Bell, 2018-01-15 For decades the field of gender sex and sexualities has been a focal point of increasing interest This inquiry has been ignited by successive waves of dramatic social change chief among them the re emergence of feminist movements in the U S and Europe in the late 1960s the sustained and increasingly successful bids for legal social and religious acceptance of non heterosexual sexualities in many parts of the world and the burgeoning number of people whether cisgendered gender variant trans or questioning whose individual and collective experiences of gender and sexuality warrant deeper understanding and further progress toward a fuller realization of human potential and civil rights In psychology the intellectual project of understanding gender sex and sexualities encompasses a variety of subfields spanning neuroscience and developmental cognitive social and cultural psychology as well as critical theory As such these approaches have inspired new and different psychological questions as well as increased interest in previously unfamiliar topics of investigation Edited by Nancy K Dess Jeanne Marecek and Leslie C Bell Gender Sex and Sexualities offers both students and scholars the tools they need to consider and approach such questions as how do children come to embrace or repudiate gendered activities and identities how do people experience intimacy desire and sexual arousal and what strategies can psychologists use to de center their own points of view and effectively contribute to a decolonial psychology As a result this volume will open new avenues of inquiry as well as cross disciplinary conversations for readers everywhere Codierungen von Emotionen im Mittelalter / Emotions and Sensibilities in the Middle Ages C. Stephen Jaeger, Ingrid Kasten, 2012-10-24 Historical research into emotionality is at present generally enjoying an heightened level of interest This bilingual volume documents the proceedings of an international conference discussing current paradigms and perspectives in historical literary research into emotions and heightening awareness of the mediality of cultures of emotion in historical change The discussion of methodological questions opens up avenues for interdisciplinary **Emotions in Crisis** Nina Margies, 2024-04-25 We usually speak of crisis in numbers decline in purchasing research power rise in unemployment rates or decreasing levels of life satisfaction But what do people feel when their supposed

securities for their futures crumble The stories of the young adults after the 2008 economic crisis in Spain provide us with answers This book shows how their loss of future prospects led to feelings of uncertainty anxiety frustration and resentment and how they dealt with these emotions Combining the sociology of emotions with Bourdieu's practice theory Emotions in Crisis analyses the impact of structural changes in society on individual and collective emotions It shows that adapting to such changes involves emotion work and highlights the different forms this work can take **Gender and Communication** at Work Marilyn J. Davidson, 2016-04-15 Written by leading researchers from four continents this book offers a broad and contemporary assessment of the ways in which gender affects workplace communication and how this in turn influences people's choices training opportunities and career development A range of work situations are considered including communication within the normal routine in a crisis or under pressure and during those occasions important for career development and examples are sourced from a variety of contexts including international business leadership service work and computer mediated communication Gender and Communication at Work includes a diversity of theoretical perspectives in order to most successfully map the range of communication strategies identities and roles which impact upon and are influenced by gender at work Emotion Regulation and Well-Being Ivan Nyklíček, Ad Vingerhoets, Marcel Zeelenberg, 2010-10-22 Emotion is a basic phenomenon of human functioning most of the time having an adaptive value enhancing our effectiveness in pursuing our goals in the broadest sense Regulation of these emotions however is essential for adaptive functioning and suboptimal or dysfunctional emotion regulation may even be counterproductive and result in adverse consequences including a poor well being and ill health This volume provides a state of the art overview of issues related to the association between emotion regulation and both mental and physical well being It covers various areas of research highly relevant to both researchers in the field and clinicians working with emotion regulation issues in their practice Included topics are arranged along four major areas Neuro biological processes involved in the generation and regulation of emotions Psychological processes and mechanisms related to the link between emotion regulation and psychological well being as well as physical health Social perspective on emotion regulation pertaining to well being and social functioning across the life span Clinical aspects of emotion regulation and specific mental and physical health problems This broad scope offers the possibility to include research findings and thought provoking views of leading experts from different fields of research such as cognitive neuroscience clinical psychology psychophysiology social psychology and psychiatry on specific topics such as nonconscious emotion regulation emotional body language self control rumination mindfulness social sharing positive emotions intergroup emotions and attachment in their relation to well being and health Chapters are based on the Fourth International Conference on the Non Expression of Emotions in Health and Disease held at Tilburg University in October 2007 In 2007 Springer published Emotion Regulation Conceptual and Clinical Issues based on the Third International Conference on the Non Expression of Emotion in Health and Disease held at Tilburg University in

October 2003 It is anticipated that depending on sales we may continue to publish the advances deriving from this conference Feelings and Emotions Antony S. R. Manstead, Nico Frijda, Agneta Fischer, 2004-04-05 Publisher Description

Masculinities, Gender Equality and Crisis Management Mathias Ericson, Ulf Mellström, 2016-07-22 The overarching mission of the rescue services comprises three main areas of responsibility protection against disasters and accidents crisis management and civil defence This mission covers a long chain of obligations in trying to improve societal prevention capabilities and manage threats risks accidents and disasters concerning generic as well as individual safety It follows a reactive social chain of threat risk crisis crisis management care rehabilitation The authors in this book show that the interesting occupational characteristics of these societal duties are their connection to gender and crisis management in a wider sense Gendered practices processes identities and symbols are analytical lenses that provide a particular understanding and explanatory base that has received far too little attention in the academic literature This book identifies four major themes in relation to a gendered understanding of the rescue services and more generally emergency work Masculine heroism Intersectional understandings of sexuality class and race Gender and technology Gender equality and mainstreaming processes This book shows how the rescue services constitute a productive ground for contemporary gender studies including feminist theory masculinity and sexuality studies Its critical perspective provides new directions for emergency work and crisis management in a broader sense and in particular for scholars and practitioners in these areas

Gender Linda Brannon,2016-12-19 Gender Psychological Perspectives synthesizes the latest research on gender to help students think critically about the differences between research findings and stereotypes provoking them to examine and revise their own preconceptions The text examines the behavioral biological and social context in which women and men express gendered behaviors The text s unique pedagogical program helps students understand the portrayal of gender in the media and the application of gender research in the real world Headlines from the news open each chapter to engage the reader Gendered Voices present true personal accounts of people s lives According to the Media boxes highlight gender related coverage in newspapers magazines books TV and movies while According to the Research boxes offer the latest scientifically based research to help students analyze the accuracy and fairness of gender images presented in the media Additionally Considering Diversity sections emphasize the cross cultural perspective of gender This text is intended for undergraduate or graduate courses on the psychology of gender psychology of sex psychology of women or men gender issues sex roles women in society and women s or men s studies It is also applicable to sociology and anthropology courses on diversity Seventh Edition Highlights 12 new headlines on topics ranging from gender and the Flynn effect to gender stereotyping that affects men Coverage of gender issues in aging adults and transgendered individuals Expanded coverage of diversity issues in the US and around the globe including the latest research from China Japan and Europe More tables figures and photos to provide summaries of text in an easy to absorb format End of chapter summaries and glossary

Suggested readings for further exploration of chapter topics Companion website at www routledge com cw Brannon containing both instructor and student resources The Aesthetics of Emotion Gerald C. Cupchik, 2016-07-28 Gerald C Cupchik builds a bridge between science and the humanities arguing that interactions between mind and body in everyday life are analogous to relations between subject matter and style in art According to emotional phase theory emotional reactions emerge in a perfect storm whereby meaningful situations evoke bodily memories that unconsciously shape and unify the experience Similarly in expressionist or impressionist painting an evocative visual style can spontaneously colour the experience and interpretation of subject matter Three basic situational themes encompass complementary pairs of primary emotions attachment happiness sadness assertion fear anger and absorption interest disgust Action episodes in which a person adapts to challenges or seeks to realize goals benefit from energizing bodily responses which focus attention on the situation while providing feedback in the form of pleasure or pain regarding success or failure In high representational paintings style is transparent making it easier to fluently identify subject matter Teaches Us about Emotion Patrick Colm Hogan, 2011-03-21 Literature provides us with otherwise unavailable insights into the ways emotions are produced experienced and enacted in human social life It is particularly valuable because it deepens our comprehension of the mutual relations between emotional response and ethical judgment These are the central claims of Hogan's study which carefully examines a range of highly esteemed literary works in the context of current neurobiological psychological sociological and other empirical research In this work he explains the value of literary study for a cognitive science of emotion and outlines the emotional organization of the human mind He explores the emotions of romantic love grief mirth guilt shame jealousy attachment compassion and pity in each case drawing on one work by Shakespeare and one or more works by writers from different historical periods or different cultural backgrounds such as the eleventh century Chinese poet Li Ch ing Chao and the contemporary Nigerian playwright Wole Soyinka Language and Emotion. Volume 3 Gesine Lenore Schiewer, Jeanette Altarriba, Bee Chin Ng, 2023-05-08 The Handbook consists of four major sections Each section is introduced by a main article Theories of Emotion General Aspects Perspectives in Communication Theory Semiotics and Linguistics Perspectives on Language and Emotion in Cultural Studies Interdisciplinary and Applied Perspectives The first section presents interdisciplinary emotion theories relevant for the field of language and communication research including the history of emotion research The second section focuses on the full range of emotion related aspects in linguistics semiotics and communication theories The next section focuses on cultural studies and language and emotion emotions in arts and literature as well as research on emotion in literary studies and media and emotion The final section covers different domains social practices and applications such as society policy diplomacy economics and business communication religion and emotional language the domain of affective computing in human machine interaction and language and emotion research for language education Overall this Handbook represents a comprehensive overview in a rich

diverse compendium never before published in this particular domain European Review of Social Psychology Wolfgang Stroebe, Miles Hewstone, 2004-03-25 The European Review of Social Psychology is an annual series that reflects the dynamism of social psychology in Europe and has been widely accepted as one of the major international series in social psychology The series is open to authors from all nations and its major purpose is to further the international exchange of ideas by providing an outlet for substantial accounts of theoretical and empirical work However even though the series is worldwide in terms of the nationality of the authors it is European in terms of the nationality of the editors who select the contributions and shape the editorial policies With the help of an editorial board consisting of senior scholars from various European countries Australasia and North America the editors invite outstanding researchers to contribute to these volumes Invitations are based either on suggestions from editorial board members or made in response to proposals submitted to the editors The emphasis of these contributions is on critical assessment of major areas of research and of substantial individual programmes of research as well as on topics and initiatives of contemporary interest and originality **Emotion** Gretchen M. Reevy, 2010-09-07 This unique two volume reference is an accessible up to date resource for the rich and fascinating study of human emotion Drawing on both contemporary and classic research Encyclopedia of Emotion explores the complex realities of our emotional lives and communicates what psychologists have learned about them to date in a clear and captivating way The landmark work bridges the divide within psychology as a discipline between basic and applied science gathering together in one comprehensive resource both theoretical and clinical perspectives on this important subject In two volumes Encyclopedia of Emotion offers more than 400 alphabetically organized entries on a broad range of topics including the neurological foundations of emotional function competing theories of emotion multicultural perspectives on emotions emotional disorders their diagnosis and treatment and profiles of important organizations and key figures who have shaped our understanding of how and why we feel the way we do Sex and Gender Effects on Power, Status, Dominance, and Leadership - An Interdisciplinary Look at Human and Other Mammalian Societies Charlotte Korinna Hemelrijk, Joey T. Cheng, Elise Huchard, Peter M. Kappeler, Tanja Hentschel, Jenny Veldman, 2024-02-20 Unequal power and status between the sexes usually translates into one sex monopolizing valuable resources and exercising control at the expense of the other These inequalities not only have negative consequences for the fitness and wellbeing of the underpowered sex but also hinder the path to peaceful and prosperous societies Intersexual power refers to an asymmetry in the degree of control that one sex exerts over the other It can arise for example from sex differences in social dominance i e imposed by threat or force leverage i e conferred by the possession of a resource that cannot be taken by force such as knowledge or fertilizable eggs motivation and in humans in particular social norms and privileged positions in society

**The SAGE Handbook of Gender and Psychology** Michelle K Ryan,Nyla R Branscombe,2013-09-04 The SAGE Handbook of Gender and Psychology is a unique state of the art synthesis of the known work combined with current research

trends in the broad field of gender and psychology In the past 35 years academic publications on the subject have increased tenfold and this level of activity as well the diversity of research looks set to increase in the coming years too The time is ideal for a systematic review of the field Contributions come from academics around the world and many different disciplines and as a result multiple perspectives and a diversity of methodologies are presented to understand gender and its implications for behaviour Chapters cover a wide variety of topics theoretical approaches contexts and social issues they also critically examine the key issues and current debates Both advanced students and scholars will find extensive range and depth in the topics covered across the Handbook's 29 chapters Published as a single volume the handbook is aimed at individuals as well as the library market The SAGE Handbook of Gender and Psychology will have mass appeal across the field of psychology including social psychology and gender and psychology as well a number of other subject groups such as gender studies sociology organizational behaviour and political science Regulating Emotions Marie Vandekerckhove, Christian von Scheve, Sven Ismer, Susanne Jung, Stefanie Kronast, 2009-03-16 Regulating Emotions Culture Social Necessity and Biological Inheritance brings together distinguished scholars from disciplines as diverse as psychology sociology anthropology neuroscience and psychotherapy to examine the science of regulating emotions Contains 13 original articles written in an accessible style Examines how social and cultural aspects of emotion regulation interact with regulatory processes on the biological and psychological level Highlights the role of social and cultural requirements in the adaptive regulation of emotion Will stimulate further theorizing and research across many disciplines and will be essential reading for students researchers and scholars in the field Emotions Monica Greco, Paul Stenner, 2013-10-31 Are emotions becoming more conspicuous in contemporary life Are the social sciences undergoing an an affective turn This Reader gathers influential and contemporary work in the study of emotion and affective life from across the range of the social sciences Drawing on both theoretical and empirical research the collection offers a sense of the diversity of perspectives that have emerged over the last thirty years from a variety of intellectual traditions Its wide span and trans disciplinary character is designed to capture the increasing significance of the study of affect and emotion for the social sciences and to give a sense of how this is played out in the context of specific areas of interest The volume is divided into four main parts universals and particulars of affect embodying affect political economies of affect affect power and justice Each main part comprises three sections dedicated to substantive themes including emotions history and civilization emotions and culture emotions selfhood and identity emotions and the media emotions and politics emotions space and place with a final section dedicated to themes of compassion hate and terror Each of the twelve sections begins with an editorial introduction that contextualizes the readings and highlights points of comparison across the volume Cross national in content the collection provides an introduction to the key debates concepts and modes of approach that have been developed by social scientist for the study of emotion and affective life Spaces for Feeling Susan Broomhall, 2015-03-05 Spaces for Feeling explores how English and

Scottish people experienced sociabilities and socialities from 1650 to 1850 and investigates their operation through emotional practices and particular spaces The collection highlights the forms practices and memberships of these varied spaces for feeling in this two hundred year period and charts the shifting conceptualisations of emotions that underpinned them The authors employ historical literary and visual history approaches to analyse a series of literary and art works emerging forms of print media such as pamphlet propaganda newspapers and periodicals and familial and personal sources such as letters in order to tease out how particular communities were shaped and cohered through distinct emotional practices in specific spaces of feeling This collection studies the function of emotions in group formations in Britain during a period that has attracted widespread scholarly interest in the creation and meaning of sociabilities in particular From clubs and societies to families and households essays here examine how emotional practices could sustain particular associations create new social communities and disrupt the capacity of a specific cohort to operate successfully This timely collection will be essential reading for students and scholars of the history of emotions

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#### Table of Contents Speaking From The Heart Gender And The Social Meaning Of Emotion

- 1. Understanding the eBook Speaking From The Heart Gender And The Social Meaning Of Emotion
  - The Rise of Digital Reading Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Speaking From The Heart Gender And The Social Meaning Of Emotion
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Personalized Recommendations

- Speaking From The Heart Gender And The Social Meaning Of Emotion User Reviews and Ratings
- Speaking From The Heart Gender And The Social Meaning Of Emotion and Bestseller Lists
- 5. Accessing Speaking From The Heart Gender And The Social Meaning Of Emotion Free and Paid eBooks
  - Speaking From The Heart Gender And The Social Meaning Of Emotion Public Domain eBooks
  - Speaking From The Heart Gender And The Social Meaning Of Emotion eBook Subscription Services
  - Speaking From The Heart Gender And The Social Meaning Of Emotion Budget-Friendly Options
- 6. Navigating Speaking From The Heart Gender And The Social Meaning Of Emotion eBook Formats
  - ∘ ePub, PDF, MOBI, and More
  - Speaking From The Heart Gender And The Social Meaning Of Emotion Compatibility with Devices
  - Speaking From The Heart Gender And The Social Meaning Of Emotion Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Highlighting and Note-Taking Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Interactive Elements Speaking From The Heart Gender And The Social Meaning Of Emotion
- 8. Staying Engaged with Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Speaking From The Heart Gender And The Social Meaning Of Emotion
- 9. Balancing eBooks and Physical Books Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Speaking From The Heart Gender And The Social Meaning Of Emotion
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Setting Reading Goals Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Speaking From The Heart Gender And The Social Meaning Of Emotion
  - Fact-Checking eBook Content of Speaking From The Heart Gender And The Social Meaning Of Emotion

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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