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# **Stop Whining And Start Winning 8 Ways For Women To Get Ahead In Business**

**Joyce A. Cascio** 

# **Stop Whining And Start Winning 8 Ways For Women To Get Ahead In Business:**

The Bully-Proof Workplace: Essential Strategies, Tips, and Scripts for Dealing with the Office Sociopath Peter J. Dean, Molly D. Shepard, 2017-03-03 Smart strategies for managing workplace bullies out of your life and business More than one in four Americans deals with an on the job bully These office sociopaths don t just make individuals miserable Their poison spreads throughout the company damaging overall morale creativity productivity and profitability It doesn't have to be this way Leading consultants Peter Dean and Molly Shepard have helped vanguish workplace bullying and now share their proven methods with you In The Bully Proof Workplace they provide vital insight into the four major types of bullies The Belier Weapons of choice slander deception and gossip The Blocker Weapons of choice negativity and inflexibility The Braggart Weapons of choice narcissism and a sense of superiority The Brute Weapons of choice aggression and intimidation These bullies may operate differently but they all have one thing in common a desperate need for control based on deep seated fear and insecurity This invaluable survival quide equips individuals with strategies tips and scripts for managing interactions with bullies Managers learn how to identify bullying deal with it swiftly and introduce zero tolerance for such behavior And executives gain the information they need to create a corporate policy regarding bullying We spend about 60 percent of our waking moments at work Spending that much time under the thumb of a bully and dealing with the negative business effects of bad behavior is simply unacceptable Whether you re a victim of bullying or a business leader tasked with building a collaborative corporate culture The Bully Free Workplace provides the critical insight and practical tools you need to successfully combat this ubiquitous but rarely addressed business challenge and ensure that bullies behave or leave so you and everyone else can get on with your work

Breaking into the Boys' Club Jane K. Stimmler, Peter J. Dean, Molly D. Shepard, 2022-09-01 Breaking into the Boys Club is the ultimate guide to success for women in business No matter what stage in your career or what job position you hold this book offers you practical relatable ways to evaluate your work style and workplace culture in order to better understand behavior that may be holding you back from advancing in your field

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