



ONE WOMAN'S
JOURNEY
THROUGH
POSTPARTUM
DEPRESSION

SLEEPLESS DAYS

"Susan Kushner Resnick has written a real page-turner, a fast-paced, terrifying story of one woman's descent into a type of depression little discussed. Little known, but here, finally. Illustrated in prose that rings clear and sharp." — Lauren Slater, author of *Lying & Malingering*
Atlanta Journal-Constitution, and *Believer in My Country*

SUSAN KUSHNER RESNICK

Sleepless Days One Womans Journey Through Postpartum Depression

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