

# Textbook of Traditional Chinese Medicine

Volume 2: Chinese Materia  
Medica, Prescription,  
Acupuncture and Moxibustion,  
Other Therapies and  
Common Diseases

Yong Huang  
Lifang Zhu  
Editors



Academic Press



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# The Essential Of Traditional Chinese Medicine Volume 2 Clinical Practice

**Yanchi Liu, Kathleen Vian, Peter  
Eckman**



## **The Essential Of Traditional Chinese Medicine Volume 2 Clinical Practice:**

The Essential Book of Traditional Chinese Medicine: Clinical practice Yanchi Liu, Kathleen Vian, Peter Eckman, 1988 In his unique sourcebooks Liu Yanchi not only provides an invaluable reference for the practitioner of traditional medicine but also an enlightening readable introduction for anyone interested in Chinese culture or holistic medicine *The Essential Book of Traditional Chinese Medicine* Yanchi Liu, 1988 The Essential Book of Traditional Chinese Medicine Yanchi Liu, Kathleen Vian, Peter Eckman, 1988 Complete with descriptions of the seven traditional theories herbal medicine and the principles of modifying and composing everyday prescriptions this text is part of a two volume set that illustrates the relationship between medicine of the East and West **The Book of Chinese Medicine, Volume 2** Henry H. Sun, Jingyan Meng, Kaijing Yan, 2020-11-17 This second volume offers numerous approaches to using Chinese medicine for the prevention and treatment of various diseases in medical practice It brings the concepts and theories learned in the first volume and applies them in clinical settings with real patient examples It goes over the four natures and five flavors of herbal drugs and covers the different techniques of acupuncture The book considers how the advancements in modern technology have shaped Traditional Chinese Medicine TCM and discusses the revolutionary innovations that are occurring in the Chinese medicine industry today and how they will shape the future *Aromatica Volume 2* Peter Holmes, 2019-09-12 The second volume in the Aromatica series builds on the fundamentals found in Volume 1 Principles and Profiles This comprehensive clinical text delves further into the different profiles of essential oils and the proper applications for physiological and psychological functions as well as energetic and Chinese Medicines Packed with charts depicting different functions and methods of administration and an extensive catalogue of 40 new essential oil profiles this is an indispensable guide for all complementary medicine practitioners **Essentials of Chinese Medicine** Zhanwen Liu, 2011-03-08 The Essentials of Chinese Medicine is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine CM at the university level The idea of writing such a text was originated from the Sino American Consortium for the Advancement of Chinese Medicine SACACM which was founded in February 2000 In 1995 the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation After the reunification of Hong Kong with mainland China in 1997 the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation To help bring up a new generation of professional CM practitioners the Hong Kong Baptist University HKBU obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations In order to establish itself quickly as a rigorous provider of university level CM education HKBU sought alliance with eight major CM universities in the Chinese Mainland and one US university which was interested in developing

CM education within its medical college As a result the Consortium known as SACACM was formed with ten founding institutions from Beijing Shanghai Nanjing Shandong Guangzhou Chengdu Heilongjiang Hong Kong and the United States

**Evidence-based Clinical Chinese Medicine - Volume 2: Psoriasis Vulgaris** Claire Shuiqing Zhang,Jingjie Yu,2016-04-20 Evidence based Clinical Chinese Medicine Volume 2 Psoriasis Vulgaris provides a whole evidence analysis of the Chinese medicine management of psoriasis vulgaris Evidence from the classical Chinese medicine literature contemporary clinical literature and the outcomes of clinical trials and experimental studies are reviewed analysed and synthesised The data from all these sources are condensed to provide evidence based statements which will inform clinical practice and guide future research This book has been designed to be an easy reference at the point of care During a patient consultation Chinese medicine practitioners can refer to this book for guidance on which Chinese herbal medicine formulas specific herbs or acupuncture points can best treat their patient and be confident there is evidence which supports its use Currently Chinese medicine practitioners who develop a special interest in a particular health condition such as psoriasis have to consult a variety of sources to further their knowledge Typically they use the contemporary clinical literature to understand the theory aetiology pathogenesis and obtain expert opinions on the Chinese medicine management of psoriasis They search the electronic literature to identify systematic reviews of clinical trials if any exist to obtain assessments of the current state of the clinical evidence for particular interventions If they have the skills and resources they may search the classical Chinese medicine literature for an historical perspective on treatments that have stood the test of time This book provides all of this information for practitioners in one handy easy to use reference This allows practitioners to focus on their job of providing high quality health care with the knowledge it is based on the best available evidence

**A Compendium of Chinese Medical Menstrual Diseases** Bob Flaws,2005

**Nature's Pharmacopeia** Dan Choffnes,2016-08-09 This beautifully illustrated elegantly written textbook pairs the best research on the biochemical properties and physiological effects of medicinal plants with a fascinating history of their use throughout human civilization revealing the influence of nature's pharmacopeia on art war conquest and law By chronicling the ways in which humans have cultivated plant species extracted their active chemical ingredients and investigated their effects on the body over time Nature's Pharmacopeia also builds an unparalleled portrait of these special herbs as they transitioned from wild flora and botanical curiosities to commodities and potent drugs The book opens with an overview of the use of medicinal plants in the traditional practices and indigenous belief systems of people in the Americas Africa Asia and ancient Europe It then connects medicinal plants to the growth of scientific medicine in the West Subsequent chapters cover the regulation of drugs the use of powerful plant chemicals such as cocaine nicotine and caffeine in various medical settings and the application of biomedicine's intellectual frameworks to the manufacture of novel drugs from ancient treatments Geared toward nonspecialists this text fosters a deep appreciation of the complex chemistry and cultural resonance of herbal medicine while suggesting how we may further tap

the vast repositories of the world's herbal knowledge to create new pharmaceuticals      *Tao and Dharma* Robert Svoboda, Arnie Lade, 1995-07-31 *Tao and Dharma* Chinese Medicine and Ayurveda explores the enduring features of humanity's longest and continually practiced systems of medicine. These two indigenous healing arts arising independently in China and India communed and exchanged experience, techniques, and therapeutic substances over the epochs of their development. This book's interesting and valuable comparison provides a pioneer effort in examining side by side two great systems of medicine, studying closely the historical, theoretical, and practical relationships      *Principles and Practice of Phytotherapy* Kerry Bone, Simon Mills, 2013-01-08 The authoritative and comprehensive modern textbook on western herbal medicine, now in its second edition. This long-awaited second edition of *Principles and Practice of Phytotherapy* covers all major aspects of herbal medicine, from fundamental concepts, traditional use, and scientific research through to safety, effective dosage, and clinical applications. Written by herbal practitioners with active experience in clinical practice, education, manufacturing, and research, the textbook is both practical and evidence-based. The focus always is on the importance of tailoring the treatment to the individual case. New insights are given into the herbal management of approximately 100 modern ailments, including some of the most challenging medical conditions such as asthma, inflammatory bowel disease, and other complex autoimmune and inflammatory conditions, and there is vibrant discussion around the contribution of phytotherapy in general to modern health issues, including health ageing. Fully referenced throughout with more than 10,000 citations, the book is a core resource for students and practitioners of phytotherapy and naturopathy and will be of value to all healthcare professionals: pharmacists, doctors, nurses with an interest in herbal therapeutics. 50 evidence-based monographs, including 7 new herbs. Rational guidance to phytotherapeutic strategies in the consulting room. New appendices provide useful information on topics such as herbal actions, dosage in children, and reading and interpreting herbal clinical trials. Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart. 50 evidence-based monographs, including 7 new herbs. Rational guidance to phytotherapeutic strategies in the consulting room. New appendices provide useful information on topics such as herbal actions, dosage in children, and reading and interpreting herbal clinical trials. Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart      *Curing Fibromyalgia Naturally with Chinese Medicine* Bob Flaws, 2000 Millions of Americans suffer from the debilitating symptoms of fibromyalgia, which may include sleep disturbances, fatigue, depression, and digestive complaints, as well as generalized body pain and stiffness. This book is the first to discuss this common disorder from the point of view of Chinese medicine. In addition to the Chinese medical viewpoint on fibromyalgia, this book gives a host of safe, simple, low- or no-cost home therapies to help prevent or heal this all-too-common problem. Provided by publisher      *Controlling Diabetes Naturally with Chinese Medicine* Lynn M. Kuchinski, 1999 Chinese medicine is the oldest continually practiced professional medicine in the world, and Chinese doctors have recognized diabetes as a distinct clinical condition for 2,000 years. Their research has yielded a wealth of low-cost, noninvasive, natural methods of

treatment Beginning with an overview of Chinese medical theory this book explores the patterns of imbalance that are used to diagnose diabetes Also discussed are professional methods of treatment including acupuncture and herbal medicine and traditional home remedies such as Chinese teas and self massage Special attention is paid to the role of diet exercise and relaxation to the prevention and treatment of diabetes

**Managing Menopause Naturally with Chinese Medicine** Honora Lee Wolfe,1999-03 More than 40 million women in the United States are now experiencing menopause and it is affecting their sex drive energy level and emotions This book explains how Chinese medicine can aid in the diagnosis treatment and prevention of menopausal problems restoring balance to a woman s body Topics covered include Chinese self care and home remedies and information on Chinese dietary therapy exercise and deep relaxation

*Curing Headaches Naturally with Chinese Medicine* Bob Flaws,1998 Chinese medicine has effective answers for the prevention diagnosis and treatment of headaches This book explains the benefits of Chinese medicine and covers self care and home remedies including self massage magnet therapy moxibustion aromatherapy Chinese patent medicines and herbal teas

*Essential Chinese Medicine - Volume 2: Health Tonics* Bao Chun Zhang,Yu Ting Chen,2018-08-14 Essential Chinese Medicine Health Tonics has gathered a total of 54 types of commonly seen tonifying medicinal materials providing the details of each medicine including its origin place of production nature and flavour meridian tropism effects treatment usage and dosage preparation methods of medicated diets and consumption methods All of this information is further illustrated with high quality colour photographs and terms are written in both English and Chinese for easy reference

**Classical Chinese Medicine** Keekok Lee,2018-07-26 This volume completes a trilogy Lee 2012 2017 on the philosophy of medicine Western and Chinese Its immediate prequel Lee 2017 sets out in general outline the philosophical and methodological core of Classical Chinese Medicine CCM this volume fleshes out that skeleton by examining in detail its peculiar concepts and characteristics such as Getihua Personalised Medicine Preventive Medicine Tianren xiangying Macro Micro cosmic Wholism Zh ng Fang Wholism Wholism at the level of diagnosis and treatment and Mind Body Wholism the person as primitive concept CCM is here shown to instantiate ecosystem science which is post Newtonian in orientation departing from familiar Newtonian landmarks such as Reductionism and linearity resting on thing ontology for a non reductionist non linear science This approach highlights a rich irony and paradox namely how CCM in being backward looking relying on classical texts as foundational texts and prescriptions of some two thousand years standing simultaneously manages to be at the cutting edge of scientific thinking today

*Fulfilling the Essence* Bob Flaws,1993

**Hawai'i Reader in Traditional Chinese Culture** Victor H. Mair,Nancy Shatzman Steinhardt,Paul R. Goldin,2005-01-31 The Hawai i Reader in Traditional Chinese Culture is a collection of more than ninety primary sources all but a few of which were translated specifically for this volume of cultural significance from the Bronze Age to the turn of the twentieth century They take into account virtually every aspect of traditional culture including sources from the non Sinitic ethnic minorities

**Handbook Of Traditional Chinese Medicine (In 3 Volumes)**

Stevenson Xutian, Shusheng Tai, Chun-su Yuan, 2014-09-19 For over two thousand years Traditional Chinese Medicine TCM has made many significant contributions to China's growth and prosperity This textbook based on the unique characteristics of TCM discusses its principle theories and presents a comprehensive daily practice guide for health maintenance and disease treatment The book provides clinical practitioners with a fundamental understanding of the essence of TCM We highly recommend this book for students interested in TCM Chinese medicine doctors and other healthcare professionals biomedical researchers and interested individuals Readers will benefit from the inspirational viewpoints discussed in the book

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