

EXECUTIVE FUNCTIONING SKILL DEVELOPMENT BY AGE



	 PLANNING	 TIME MANAGEMENT	 TASK INITIATION	 ORGANIZATION	 PROBLEM SOLVING	 FLEXIBILITY	 WORKING MEMORY	 EMOTIONAL CONTROL	 IMPULSE CONTROL	 ATTENTIONAL CONTROL	 SELF-MONITORING
INFANT (0-24 MONTHS)	• Responding to objects • Following & pointing			• Shows interest in color, size, shapes • Beginning reaching skills	• Engages in cause and effect play • Figuring out "how things work" through simple body movements and familiar play skills	• Older children in this range also simple role play or imaginative play games	• Play/role and look and simple recall games • Participation in and simple familiar themes and songs			• Play simple games like peek-a-boo or catch or rattle • Imitation and copying behaviors emerge	
TODDLER (2-4 YEARS)	• Understands simple instructions and can act on simple events	• Beginning understanding of time concepts including seasons, days, weeks, etc. • Follows most routine schedules to order tasks • Practices waiting	• Able to independently start and complete tasks that take up to 10 minutes	• Understands categories and patterns • Can sort items and objects by function, form, and size • Starts to put and take things with adult assistance	• Completes simple puzzles and games that combine language and movement to accomplish a goal • Begins making serious-looking attempts at problem-solving	• Beginning ability to shift between activities • Sometimes able to manage transitions and unexpected changes without upset	• Follows along in songs and plays along with many steps and movements	• Labels own emotions and the emotions of others • May often have tantrums or upset when frustrated, tired, or overwhelmed meaning will function to soothe	• Play action imitation games like musical chairs and freeze dance • Begins to exhibit safety-related behaviors like touching, pulling, and shoving when not asked	• Able to direct attention to objects and activities for longer periods of time • Responds to adult cues and redirections back to one attention when needed	• Takes about own feelings and connects simple behaviors with emotions • Plays along with other children, directing play and preventing play when
EARLY LEARNER (5-12 YEARS)	• Able to follow a plan/routine and set steps to meet an end goal • Plans and manages games and games requiring strategy and planning ahead	• Developing time estimation and a sense of how long tasks will take • Beginning ability to manage internal time and required tasks	• Able to independently start and complete tasks that take between 10-45 minutes	• Able to organize and sequence activities • Can follow simple checklists • Begins to maintain a list for longer duration often with adult assistance and reminders	• Identifies and defines problems to solve, analyze, and consider tasks • Emerging ability to brainstorm and break apart problems to identify solutions	• Participates in organized social activities like sports, clubs, and activities where unpredictable events occur • Often able to adjust to dynamically adjust	• Independent with playing logic games, and mathematical games • Able to collect information and apply it to new settings	• Learns to control tantrums and frustrations without adult control	• Follows safety rules and needs social norms for behavior • Behavior improves when feedback or adults are not around	• Able to move away from desired objects • Developing time taking, reminders, and planning tools to help manage attentional control	• Able to complete activities like planning to reflect on own behavior • Begins to work on the steps needed
TEEN (13-18 YEARS)	• Able to independently plan out the steps of homework or important projects to meet an end goal • Works in a group of peers to plan social activities and events	• Estimates how long it takes to complete tasks and adjusts working schedule to fit • Understands and works to meet the consequences of ineffective time management	• Able to independently start tasks that take between 30-60 minutes	• Follows complex social schedules consistent with home routines • Able to use systems for organizing assignments and activities	• Independently identifies problems, analyzes, and plans solutions • Able to work with many conflicts and make decisions about complex problems independently	• Able to manage more unpredictable changes in activities and routines, but may sometimes need support to identify strategies to dynamically adjust	• Manages complex tasks requiring imagination and application of new information • Demonstrates advanced working memory through independent multi-step projects and group activities	• Shows understanding of others' emotions, including sympathy and a desire for social change • May experience "bad feelings" but can have moments to manage them	• Shows risk-taking behaviors • May begin to test some adult safety behaviors and social norms • May engage in self-talk to help manage impulses	• Able to move away from desired objects as well as impulses and sometimes plans to take money for desired items • Beginning understanding of distractions, but may need adult support to avoid them	• Able to monitor performance and adjust behavior • Learns to monitor behavior • May react to adult feedback to avoid negative feedback, parents, friends, teachers, etc.
YOUNG ADULT (19+ YEARS)	• Able to identify and prioritize multiple different plans at one time to meet more different goals • Able to establish and meet long-term goals	• Shows set and implements tasks and systems to manage time more efficiently • Uses routines and routines dynamically to meet changing demands	• Initiates and completes tasks despite external conditions and distractions • Prioritizing and prioritizing priority of beginning most activities	• Systems meet and adjust systems for daily living tasks • When aware of the day's social, household chores, etc. get out of hand, can recognize as needed	• Develops solutions to complex problems • Prepares to developing new and creative strategies for coping problems	• Shifts and adjusts dynamically to meet changing demands • Unpredictability increases unexpected stress, but able to handle most changes easily	• Shows working memory capacity to easily switch tasks • Able to collect, store, and synthesize information from multiple sources to accomplish tasks and goals	• Emotional regulation in most settings including controlling activities and managing frustration in healthy ways	• Manages impulses behaviors across a variety of settings through design • Sometimes exhibits negative and dangerous in early adulthood	• Able to recognize strategies in the face of many distractions • Distraction is reduced distractions when needed	• Shows work for others • Monitors and compares own behavior to others' performance



The Independence Of The Executive

Grover Cleveland



The Independence Of The Executive:

The Independence of the Executive Grover Cleveland, 1913 The Independence of the Executive Grover Cleveland, 2025-05-22 The Independence of the Executive by Grover Cleveland delves into the crucial role of the executive branch within the framework of the United States government Published in 1913 this work offers insights into the principles underpinning the separation of powers and the importance of maintaining the executive's autonomy Cleveland a former President brings practical experience and a deep understanding of the challenges faced by the nation's leader This book examines the historical context shaping the executive's powers and analyzes landmark events and decisions that have tested the boundaries of presidential authority Readers gain a comprehensive view of the intricate relationship between the executive legislative and judicial branches and a deeper appreciation for the checks and balances designed to safeguard American democracy The Independence of the Executive remains relevant for anyone seeking to understand the foundations of American governance and the enduring debates surrounding presidential power This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it This work was reproduced from the original artifact and remains as true to the original work as possible Therefore you will see the original copyright references library stamps as most of these works have been housed in our most important libraries around the world and other notations in the work This work is in the public domain in the United States of America and possibly other nations Within the United States you may freely copy and distribute this work as no entity individual or corporate has a copyright on the body of the work As a reproduction of a historical artifact this work may contain missing or blurred pages poor pictures errant marks etc Scholars believe and we concur that this work is important enough to be preserved reproduced and made generally available to the public We appreciate your support of the preservation process and thank you for being an important part of keeping this knowledge alive and relevant **Independence of the Executive** Grover Cleveland, 1913

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