

SLIM GOODBODY PRESENTS

STEP BY
STEP
FOR KIDS

A SAFE AND FUN
AEROBICS PROGRAM

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Slim Goodbody Presents Step By Step For Kids John Burstein, Don Gabor, 1994-04-14 In this video children in grades 2 through 5 are led by Slim Goodbody through a fun safe and effective step aerobic routine Slim outlines safety measures teaches the individual steps and leads a complete step aerobic routine Slim played by John Burstein has been a favorite of children since 1975 He is featured regularly on television programming for CBS Nickelodeon USA Cable and PBS He is also a two time winner of the Healthy American Fitness Leader Award presented by the President's Council on Physical Fitness and Sports

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