

SKIING TRAUMA *and* SAFETY



Eleventh Volume



Robert J. Johnson
C. D. Mote, Jr.
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Editors



STP 1289

Skiing Trauma And Safety

Raffaela Di Napoli

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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The Physics of Skiing David A. Lind, Scott P. Sanders, 2013-06-29 Just over ten years ago when the first drafts of this book were being written and even more so a few years after that as it was making its way through the publication process alpine skiing was experiencing what eventually became a complete revolution in equipment and technique shaped or parabolic skis completely took over the market and even relatively beginning skiers expected to carve graceful turns as they schussed down the slopes Re reading our work with an eye to revision we have been surprised to see how our focus on the physics of skiing in the first edition allowed us to recognize the fundamental importance of what were then quite novel changes in equipment and technique The essence of the enhancement offered by shaped skis is their greater sidecut radius Our original discussion then and now in Chapters 3 and 4 of the crucial role that a ski's sidecut plays in carving a turn caused us to write for the most part as if the shaped ski had always been in existence Similarly our interest in the geometry of the sidecut allowed us to discuss snowboards in some detail as well for the key to their ability to shred down the mountain is their deep sidecut

Epidemiology of Pediatric Sports Injuries: Individual Sports D. J. Caine, N. Maffulli, 2005-02-25 Epidemiology of Pediatric Sport Injuries reviews integratively the existing data on distribution and determinants of injury rates in a variety of sports and suggests injury prevention measures and guidelines for further research This volume focuses on individual sports as the next volume will discuss team sports Together the two volumes provide the first comprehensive compilation and critical analysis of epidemiological data over a wide range of children's and youth sports In this volume the reader will find information on individual sports such as Equestrian Gymnastics Martial Arts Skiing and Snowboarding Tennis Wrestling as well as Track and Field injuries All the sports specific chapters are laid out with the same basic headings so that it is easy to find common information across chapters The section headings include incidence of injury injury characteristics injury severity injury risk factors and suggestions for injury prevention and further research Sports scientists and healthcare professionals will find this publication useful in identifying areas in which appropriate preventive measures can be initiated to reduce the risk and severity of injury It encourages coaches and sports administrators to discuss rules equipment standards techniques and athlete conditioning programs In turn they can inform parents about the risks and how they can help their children avoid or limit injury in sports **The Impact of Technology on Sport II** Franz Konstantin Fuss, Aleksandar Subic, Sadayuki Ujihashi, 2007-10-11 Sport technology has to be seen from the holistic as well as inter and

transdisciplinary point of view Product development requires close collaboration between engineers athletes sports scientists and business managers It requires an in depth understanding of engineering disciplines life and sport sciences as well as economics The Impact of Technology on Sport II has in its core precisely this philosophy and approach It aims to provide a deeper insight into the current status of sports technology and to present recent developments in this area from the perspective of different disciplines industrial practice academia and athletes This book brings together work from researchers around the world and in particular from the Asia Pacific region Most sport technologies are covered including equipment and materials in various ball sports golf cricket baseball soccer tennis etc water sports athletics winter sports mountaineering motor sports and martial arts The different technological areas extend to design dynamics vibrations and control aerodynamics instrumentation and measurements modelling simulation and optimisation biomechanics and human performance sports medicine coaching and sports education

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