MORNING BLOOD SUGAR LEVEL CHART

| Blood Glucose Level | | Interpretation | | | |
|---------------------|----------|----------------|------------|-------------|-------|
| BIOGE GIUC | se revel | Excellent | Good | Acceptable | Peer |
| Before Meal | mmol/L | 4.0 - 6.0 | 6.1 - 8.0 | 8.1 - 10.0 | > 10 |
| | mg/dl | 72 - 109 | 110 - 144 | 145 - 180 | > 180 |
| 2 Hours | mmol/L | 5.0 - 7.0 | 7.1 - 10.0 | 10.1 - 13.0 | > 13 |
| After Meal | mg/dl | 90 - 126 | 127 - 180 | 181 - 234 | > 235 |

Sugar In The Morning

Anthony S. Fauci

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