



Russell Barton was a leading figure in the unlocking of wards in mental hospitals, in rehabilitation, and the move to community care in the middle of the last century.

As a medical student, Russell courageously worked in the recently liberated, infamous K.Z. Lager at Belsen. He qualified at Westminster Hospital in 1943. After National Service in the Royal Navy, he became a Registrar and Clinical Tutor (medical and psychiatric) at his old hospital. He then moved to the Maudsley Hospital under the formidable Sir Aubrey Lewis.

As a Senior Hospital Medical Officer at Shenley Hospital he led and inspired us to encourage patients with chronic schizophrenia to occupy themselves in small groups. He succeeded in unlocking wards, so transforming a situation in which half the 2000 in-patients in the hospital had been treated in three blocks of locked wards.

In 1960, he was appointed Physician Superintendent of Severalls Hospital, Colchester. He collaborated with Mappertley and Netherne Hospitals in a study, the results of which were published by Professors J. K. Wring and G. W. Brown in 1970. During the 8 years of the study, one-third of the long-term patients with schizophrenia improved clinically. The industrial work introduced at Severalls accounted for much of the clinical improvement there.

In 1971, he was offered financial incentives to relinquish his post and remain as one of the four consultants at the hospital: a firm believer in proper clinical leadership, he declined and moved to Rochester (NY) where he became Director of the State Hospital and Clinical Professor of Psychiatry at New York School of Psychiatry. He published *A Short Practice of Clinical Psychiatry* in 1975. In

due course, he retired from Rochester Psychiatric Center but continued to undertake medico-legal work. It is interesting to quote a press cutting in 1989 which recorded him as saying in Court, "Translated literally, Mr Cleary, 'disinquished colleague' means 'bloody fool'".

A certain extraverted flamboyance led some to underestimate him. Many of his aphorisms would put life into this account. On one occasion he said to me "Not having been at the Maudsley, you will not have heard of Occam's razor". I quoted the fourteenth-century original, at which his scorn deepened; At the Maudsley, it would have been regarded as a ridiculous affectation to quote it in Latin.

Russell was a good friend and colleague and will be much missed.

Lindsay Hurst

reviews

Putting Assertive Outreach into Practice.

A Development Tool for Team Leaders and Project Managers

By D Davidson and J Lowe
Brighton: Pavilion Publishing. 2001.
42 pp. ISBN: 18-419-607-21

Leonard Stein, one of the original proponents of assertive outreach, was keen to reduce the 'pathological dependency' he felt was implicit in the individual keyworker model. Thus developed the 'whole team approach': all the members of a team work with all the patients and share clinical responsibility. This aims to reduce both keyworker stress and the 'dependency' of the patients.

This pack, for developing assertive outreach teams, emphasises the importance of such an approach. However, many authorities in the area do not buy into this model. They argue that the road to independence is via a period of dependence and that forming individual relationships is important. On a practical level, trying to routinely rotate visits between all team members is inefficient and labour intensive. Engagement, so crucial to successful assertive outreach, can also become more difficult.

That there is any debate about this issue would be a surprise to those using this pack in isolation, as it sticks very much to the mantra that the whole team approach is the crux of successful assertive outreach. It is aimed at leaders of developing teams, and concentrates on

putting issues into practice. It consists of a training pack accompanied by a video. Also included are some clear, simple handouts covering the background and core components. The emphasis is on practical issues such as the daily hand-over, and training sessions are suggested.

The video presents footage of two teams, both in the voluntary sector, with no medical involvement. The 'whole team approach' is explained and the video demonstrates the degree of communication necessary to enforce this rigorously. Team members discuss the model from their perspective and you get a feel for their enthusiasm and dedication. However, the lack of medical input is reflected in the case histories; in one, a patient is left in his room not eating or drinking for 4 days and not having seen a doctor, while the team try to engage him and his family.

This pack may be of interest to developing assertive outreach teams, but will only be relevant to those who have already made an informed decision to adopt the whole team approach. The emphasis on teams in the voluntary sector does not reflect the self-contained teams with active medical membership suggested by the government's Policy Implementation Guidelines. Assertive outreach needs to be flexible, and many teams have found in practice that, rather than sticking rigidly to the ideology of the whole team approach, a mixture of both models has evolved.

Aileen O'Brien Lecturer in Community Psychiatry and Specialist Registrar to the Southdowns, Assertive Community Treatment Team, St George's Hospital Medical School

A Suitable Space. Improving counselling services for Asian people

By Gina Netto and others.
Bristol: Policy Press/The Joseph Rowntree Foundation. 2001.
34 pp. £10.95 (pb).

This is a well-written account of a qualitative investigation into counselling services and their suitability for Asian people. Interviews were held with 38 Asian men and women to explore their perceptions and views about counselling, examine their experiences of accessing and using counselling services, explore their preferences for all types of service, and examine the cultural sensitivity of counselling provision.

Although respondents often put forward family and friends as confidants, it was clear that at times of distress they valued an independent source of support, and professional help, in particular. Understandably, those who had experienced counselling were greatly in favour of it and those with no such experience knew little of the services. Coping mechanisms included maintaining a semblance of normality and continuing as if nothing untoward had happened. This may explain non-presentation of distress to health and counselling services. Those with experiences of counselling had found it useful and were able to articulate the relief they experienced both metaphorically and in concrete terms, sometimes very shortly after beginning counselling. Interestingly, this relief was partially manifest as better sleep, less panic, less chest pain or fewer coughing fits. These

Suitable Space Improving Counselling Services For Asian People

J Dewey



Suitable Space Improving Counselling Services For Asian People:

A Suitable Space Gina Netto, 2001-03-14 The continuing low uptake of counselling by black people is a matter for concern This report examines views of counselling held by Asian people experiencing stress and depression The book considers policy implications towards improving counselling provision for this client group in particular and for black people in general

The SAGE Handbook of Counselling and Psychotherapy Colin Feltham, Ian Horton, 2006 This all inclusive comprehensive book may on first glance appear to have little that is relevant to emergency nurses On closer scrutiny it covers many of the emotional problems and crises you will encounter in the emergency department It is a useful resource and reference book and will be valued by students and practitioners of emergency nursing Accident and Emergency Nursing Praise for the First Edition An amazingly comprehensive well written balanced and pluralistic handbook that manages to present the rainbow field of psychotherapy and counselling in an accessible and reliable way This state of the art volume will become absolutely indispensable for anyone involved in this work whether in training or qualified Andrew Samuels Professor of Analytical Psychology University of Essex This remarkable book is more than an elegant presentation of contemporary counselling and psychotherapeutic theory It is packed full of practical skills and hints all written by highly experienced practitioners and presented in an accessible and jargon free format No idea is left unturned This is a practical handbook in every sense of the word and essential reading for trainees and practitioners alike Professor Robert Bor Consultant Clinical Psychologist Royal Free Hospital London Well organized fully inclusive and skilfully edited it is going to be impossible not to buy this handbook Basically it has something on everything which people might ask about the counselling and psychotherapy profession Dave Mearns Professor of Counselling University of Strathclyde This is an immensely useful source book for therapists to keep near at hand in order to update knowledge and to satisfy curiosity about new ways of working It will also be extremely helpful for trainees as they strive to gain an over arching perspective in a rapidly proliferating field Professor Helen Cowie School of Psychology and Counselling University of Surrey Roehampton The SAGE Handbook of Counselling and Psychotherapy Second Edition is the most comprehensive text of its kind and an essential resource for trainees and practitioners alike Comprising succinct and easy to access contributions the Handbook describes not only the traditional skills and theoretical models but also the most common client concerns brought to therapy and the particular skills required for different practice settings and client groups Written and edited by those at the very forefront of counselling and psychotherapy the Handbook has been substantially updated for this the Second Edition and includes new material on evidence based practice psychopharmacology counselling by email psychodrama solution focused therapy quality evaluation and attachment theory For trainees The SAGE Handbook of Counselling and Psychotherapy Second Edition provides the ideal companion to each stage of their studies while for practitioners the Handbook is an indispensable source of professional reference

Doing Research in Counselling and Psychotherapy John McLeod, 2014-11-30 From leading researcher and

bestselling author John McLeod this substantially rewritten and restructured third edition is the most accessible and comprehensive how to guide on conducting a successful research project in counselling and psychotherapy Taking you step by step through the research process this new edition includes A list of 9 basic principles for doing meaningful and practically useful research Chapters on basic research skills developing a research question critically evaluating research studies compiling a research proposal using qualitative and quantitative methods and fulfilling the requirements of ethics committees Chapters on 5 main types of research product that can be accomplished by novice researchers qualitative interview studies systematic case studies practice based outcome research autoethnographic inquiry and publishable literature reviews Guidance on how to get your work published Supported by a companion website offering relevant journal articles sample ethical consent forms links to open access research tools and more this is an indispensable resource for any counselling trainee or practitioner learning about the research process for the first time John McLeod is Emeritus Professor of Counselling at the University of Abertay Dundee

The Person-Centred Approach to Therapeutic Change Michael McMillan, 2004-03-05 From the Foreword It is an honour to be asked to write a foreword for this new book by Michael McMillan I have been excited about this book ever since I read early drafts of its first two chapters some time ago at the birth of the project At different times thereafter I have read other parts and my consistent impression has been that this is an author who has both a sophisticated academic understanding of the material and a great skill in communicating that widely Those two qualities do not often go together The book is about change After a first chapter in which the author introduces us to the person centred concept of the person chapter two is devoted to the change process within the client including a very accessible description of Rogers process model Chapter three goes on to explore why and how change occurs in the human being while chapter four introduces the most up to date person centred theory in relation to the nature of the self concept and its changing process Chapters five and six explore why change occurs in therapy and the conditions that facilitate that change while chapter seven looks beyond the core conditions to focus on the particular quality of presence begging the question as to whether this is a transpersonal transcendental quality or an intense experiencing of the core conditions themselves This is an intensely modern book particularly in its postmodern emphasis Rogers is sometimes characterised as coming from modernist times but he can also be seen as one of the early post modernists in his emphasis on process more than outcome and relationship more than personal striving The modern nature of the book is also emphasised by a superb analysis of the relationship between focussing and person centred therapy in Chapter five linking also with Polanyi s notion of indwelling in this and other chapters In suggesting that in both focussing and person centred therapy the therapist is inviting the client to indwell himself or herself the author provides a framework for considering many modern perceptions of the approach including notions such as presence and relational depth Also the link with focussing is modern in the sense that the present World Association for the approach covers a fairly broad family including traditional person centred therapists

experiential therapists focussing oriented therapists and process guiding therapists Important in this development is the kind of dialogue encouraged by the present book Dave Mearns Strathclyde University The belief that change occurs during the therapeutic process is central to all counselling and psychotherapy The Person Centred Approach to Therapeutic Change examines how change can be facilitated by the counsellor offering empathy unconditional positive regard and congruence The Person Centred Approach to Therapeutic Change outlines the main theoretical cornerstones of the person centred approach and then applying these describes why change occurs as a result of a person centred therapeutic encounter The author explores the counselling relationship as an environment in which clients can open themselves up to experiences they have previously found difficult to acknowledge and to move forward Integral to the person centred approach is Carl Rogers radical view that change should be seen as an ongoing process rather than an alteration from one fixed state to another In Rogers view psychological health is best achieved by the person who is able to remain in a state of continual change Such a person is open to all experiences and is therefore able to assimilate and adapt to new experiences whether good or bad By focusing explicitly on how change is theorized and facilitated in counselling this book goes to the heart of person centred theory and practice making it essential reading for trainees and practitioners alike [Marginalized Reproduction](#) Lorraine Culley,Nicky Hudson,Floor van Rooij,2012 This groundbreaking volume is the first to highlight the ways in which diverse ethnic cultural and religious identities affect understanding of technological solutions for infertility and associated treatment experiences The collection begins with a consideration of some of the key methodological challenges for social research on ethnicity and infertility The book introduces and examines concepts of infertility such as the bio medical definition and discusses the companion concept of ethnicity analyzing the shortcomings of simple assessments of ethnicity common in the health literature It also discusses the relationship between the ethnic identity of both researcher and the researched and outlines some of the major issues which can arise in engaging minority ethnic populations in research studies on sensitive topics *Therapy, Culture and Spirituality* G. Nolan,W. West,2014-12-04 This edited collection addresses how therapy can engage with issues of race culture religion and spirituality It is a response to the need for practitioners to further their understanding and skills base in developing ways of appropriately responding to the interconnectivity of these evolving issues *Understanding the Sociology of Health* Anne-Marie Barry,Chris Yuill,2011-12-16 Understanding the Sociology of Health 3rd Edition is a truly readable introduction to a subject which is often shrouded in jargon Providing case studies and exercises to really get you thinking this book shows how sociology provides the means to answer complex questions about health and illness such as why health inequalities exist The 3rd edition includes four new chapters on history of health healing sexuality sport fitness exercise death dying Though aimed primarily at students on health and social care courses and professions allied to medicine this textbook provides valuable insights for anyone interested in the social aspects of health Visit the companion website at www.sagepub.co.uk/barryandyuill3e to find a range of teaching and learning material for

lecturers and students Sexuality and Fertility Issues in Ill Health and Disability Rachel Balen, Marilyn Crawshaw, 2006-03-17 This groundbreaking text explores sexuality and fertility issues for young people living with ill health or disability This subject is often considered taboo although for some of those coping with sexual or fertility impairment it can be as difficult as coping with the disability or health condition itself Bringing together personal professional and academic perspectives from a variety of disciplines and located within a life course development framework this book takes a holistic view of young people moving towards adulthood and examines the impact of illness or disability on their sexual and fertile identities The broad range of chapters includes the experiences of minority ethnic groups managing relationships fertility preservation and treatment and the transition to parenthood Professionals working with adolescents and young adults will find this book a rich source of insights information and guidance An Introduction To Counselling McLeod, John, 2013-08-01 This bestseller provides a comprehensive introduction to the theory and practice of counselling and psychotherapy Assessment in Counselling Judith Milner, Patrick O'Byrne, 2017-03-14 Whilst assessment has long been central to the counselling process with the recent moves towards evidence based practice and increased regulation it is taking an increasingly pivotal role in service provision This important new text helps clarify the nature and purpose of assessment in counselling It explores the theoretical underpinnings of assessment across the core therapeutic schools and addresses critical differences in the meanings and importance deferred to it It will be invaluable reading for all trainees as well as for practitioners wishing to gain a broad insight into therapeutic practice across the boundaries of the many therapeutic models IBSS: Sociology: 2002 Vol.52 Compiled by the British Library of Political and Economic Science, 2004-03-01 First published in 1952 the International Bibliography of the Social Sciences anthropology economics political science and sociology is well established as a major bibliographic reference for students researchers and librarians in the social sciences worldwide Key features Authority Rigorous standards are applied to make the IBSS the most authoritative selective bibliography ever produced Articles and books are selected on merit by some of the world s most expert librarians and academics Breadth today the IBSS covers over 2000 journals more than any other comparable resource The latest monograph publications are also included International Coverage the IBSS reviews scholarship published in over 30 languages including publications from Eastern Europe and the developing world User friendly organization all non English titles are word sections Extensive author subject and place name indexes are provided in both English and French Place your standing order now for the 2002 volumes of the the IBSS Anthropology 2002 Vol 48 December 2003 234x156 Hb 0 415 32634 6 195 00 Economics 2002 Vol 51 December 2003 234x156 Hb 0 415 32635 4 195 00 Political Science 2002 Vol 51 December 2003 234x156 Hb 0 415 32636 2 195 00 Sociology 2002 Vol 52 December 2003 234x156 Hb 0 415 32637 0 195 00 *Understanding 'race' and Ethnicity* Craig, Gary, Atkin, Karl, 2012-02-22 Most societies in the developed world are now multicultural but their welfare systems have largely failed to address the issues and tensions associated with the growth of

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counseling and women empowerment this book is ideally designed for mental health professionals counselors therapists clinical psychologists sociologists social workers researchers students and social science academicians seeking coverage on significant advances in therapy as well as the skills challenges and abilities that practitioners facing diverse populations must manage on a daily basis *Asian American Reference Data Directory* Rj Associates,1976 **British National**

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