# COSMETIC CHEMICALS IN FAST FOOD?!

### Sodium Stearoyl Lactylate

Found in shampoo and soap

Reasoning for use: 'dough

conditioner' even though bread does

not require this, and has been made
without SSL for thousands of years

### Calcium Disodium EDTA

Found in skin products and hair conditioner (used as stabilizer)

Reasoning for use: Flavor protectant in fast food sauces, dips and dressings

### Ammonium Glycyrrhizin

Found in facial mask products

Reasoning for use: Flavor

enhancer, flavoring agent, surface-

### **Disodium Phosphate**

Found in mascara and mouthwash Reasoning for use: Food preservative

### Propylene Glycol

Found in shampoo, mouthwash, hand sanitizers Reasoning for use: Gives most of today's food and beverages their distinctive taste

### **Benzoyl Peroxide**

\*Recently banned in China Active ingredient in acne creams Reasoning for use: Bleaching wheat flour white (all fast food breads)

# **The Chemicals We Eat**

J Elliott

**The Chemicals We Eat:** 

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