

The background of the cover is a photograph of a high-altitude mountain landscape. In the foreground, a climber is seen from behind, sitting on a snow-covered ridge and looking out over a vast, icy mountain range. The sky is a pale blue with soft, wispy clouds. The overall tone is cold and majestic, emphasizing the high-altitude environment.

# The High Altitude Medicine Handbook

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and  
David R Murdoch

FOREWORDS BY SIR EDMUND HILLARY AND JAMES S MILLEDGE

# The High Altitude Medicine Handbook

**Pollard**



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