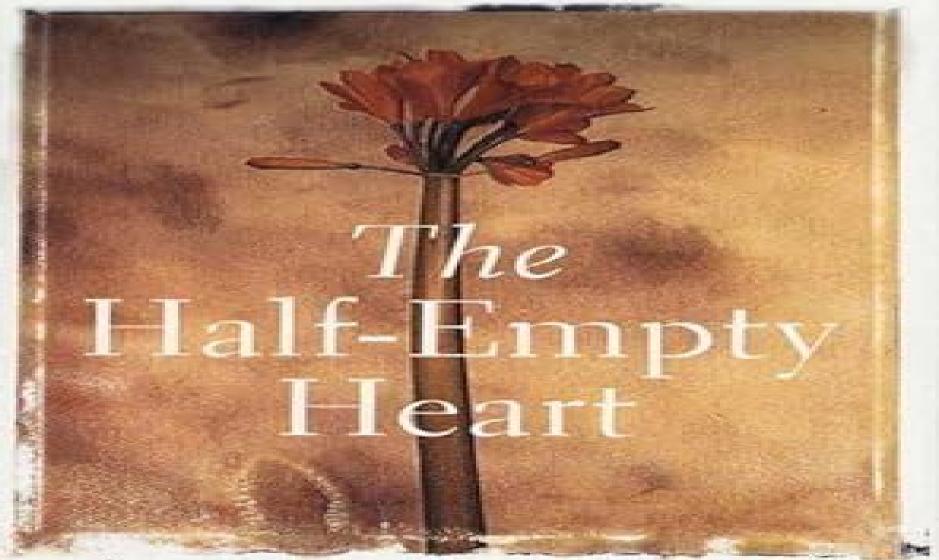
A Supportive Guide to Breaking Free from Chronic Discontent



Alan Downs, Ph.D.

Author of Why Does This Keep Happening to Me?

# The Half Empty Heart A Supportive Guide To Breaking Free From Chronic Discontent

**Annette Simmons** 

## The Half Empty Heart A Supportive Guide To Breaking Free From Chronic Discontent:

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