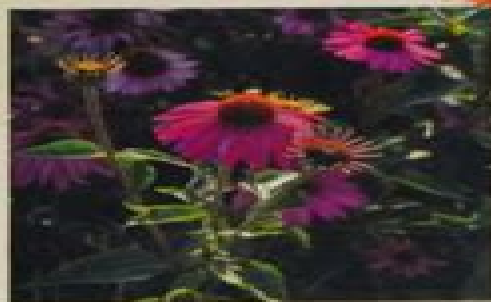


# THE HEALING SPIRIT OF PLANTS

*An Illustrated Guide to Plant Spirit Medicine*



CLARE G. HARVEY AND AMANDA COCHRANE

# The Healing Spirit Of Plants

**Ross Heaven**



## **The Healing Spirit Of Plants:**

**The Healing Spirit of Plants** Clare G. Harvey, Amanda Cochrane, 1999 In all cultures and historical periods plants and flowers have been appreciated for their healing and health giving qualities This text is an introduction to the spiritual side of plant life and a practical guide to preparing plant essences for use in healing and the boosting of well being *The Healing Spirit of Plants* Clare G. Harvey, Amanda Cochrane, 2001 A guide to over 80 species of plants that can be used for mental healing using therapies such as aromatherapy smudging homeopathy medicine bundles and more **The Healing Spirit of Plants** Clare G. Harvey, 1999 Use the healing energy of plants through the remedies rituals and inner life of the natural world Legends shamanistic principles and imagery old and new reveal the significance of plant spirits and how to interpret their message Related techniques such as chakras and meditation along with charts and sidebars guide practical work with spirit bundles smudging aromatherapy infusions tisanes and homeopathic preparations A plant encyclopedia includes over 100 revered species *Plant Spirit Healing* Pam Montgomery, 2008-01-30 A hands on approach to working with the healing powers of plant spirits Explores the scientific basis underlying the practices of indigenous healers and shamans Illuminates the matrix where plant intelligence and human intelligence join Reveals that partnering with plants is an evolutionary imperative Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light sound and vibration Now scientific studies are verifying this understanding Plant Spirit Healing reveals the power of plant spirits to join with human intelligence to bring about profound healing These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature Plants are more than their chemical constituents They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place In this book herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing She offers a process engaging heart soul and spirit that she calls the triple spiral path In our modern existence we are increasingly challenged with broken hearts souls in exile and malnourished spirits By working through the heart we connect with the soul and gain access to spirit She explains that the evolution of plants has always preceded their animal counterparts and that plant spirits offer a guide to our spiritual evolution a stage of growth imperative not only for the healing of humans but also the healing of the earth *Plant Spirit Reiki* Fay Johnstone, 2020-09-22 Enrich your Reiki practice by connecting with the healing spirit of plants and the natural world Explores a new way of channeling Reiki energy for both personal healing and professional practice by intuitively connecting with plants and the natural world Provides simple exercises meditations and Reiki practices to help the reader intuitively work in partnership with plants as part of their Reiki practice Emphasizes healing exchange with plants and the self practice of Reiki in partnership with the spirit of plants to heal our essential nature Explains how to raise the vibration of your community and the world by connecting with green spaces nature beings and habitats under threat In this practical

workbook Fay Johnstone demonstrates how energy healers and Reiki practitioners can partner with plant spirit allies and the forces of nature for powerful healing for themselves others and our planet She explains how to include plants and nature in your Reiki practice both the spiritual etheric components of plants and the physical plants themselves She offers many practical exercises techniques and meditations as well as case studies and personal experiences to show how best to harness the power of plants on all levels along with other energy flows to support the healing process in much the same way that crystals are used as energetic healing aids She explains how plants connect with the Reiki principles and explores plant spirit allies chakra work and healing with the elements of nature She details how to enhance self healing and Reiki treatments for others through bringing the outside in creating a healing space use of plant preparations and other sacred forms of plant medicine Fay also explores how to support the healing of plants and nature itself through your Reiki healing practice She provides guidance on how to raise the vibration of your home and community how to impact nature positively with regard to climate change and how to send distance healing to the Earth nature beings and endangered habitats across the world She inspires you to reach out to the vital force that flows through the natural world and open your intuition to discover guidance and support from nature By deepening our conscious cooperation and partnership with nature and the plant kingdom in a sacred healing way we come to recognize that in healing ourselves we are also healing our Earth

### **Plant Spirit Healing**

Pam Montgomery, 2008-01-30 A hands on approach to working with the healing powers of plant spirits Explores the scientific basis underlying the practices of indigenous healers and shamans Illuminates the matrix where plant intelligence and human intelligence join Reveals that partnering with plants is an evolutionary imperative Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light sound and vibration Now scientific studies are verifying this understanding Plant Spirit Healing reveals the power of plant spirits to join with human intelligence to bring about profound healing These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature Plants are more than their chemical constituents They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place In this book herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing She offers a process engaging heart soul and spirit that she calls the triple spiral path In our modern existence we are increasingly challenged with broken hearts souls in exile and malnourished spirits By working through the heart we connect with the soul and gain access to spirit She explains that the evolution of plants has always preceded their animal counterparts and that plant spirits offer a guide to our spiritual evolution a stage of growth imperative not only for the healing of humans but also the healing of the earth

### Plant Spirit Medicine

Eliot Cowan, 2014 Argues for the healing power of plants and includes plant spirit medicine's five element view of healing ways to assess states of health and balance and interviews with plant shamans across different traditions

### **Shamanic Quest for the Spirit of Salvia**

Ross Heaven, 2013-05-20 The first practical guide

to the transformative uses of salvia Explains how salvia connects you with your higher purpose and aids you in envisioning your unique path in life Describes appropriate methods of use a shamanic diet to increase effectiveness and the meaning of the symbols experienced during salvia s ecstatic embrace Explores recent clinical research into salvia s long term positive psychological effects and its potential as a treatment for Alzheimer s depression and addiction Salvia divinorum has been used since ancient times by the Mazatec shamans of Mexico for divination vision quests and healing Known by many names nearly all associated with the Virgin Mary who has come to symbolize the spirit of salvia this plant ally is now regarded as the most powerful natural hallucinogen Providing the first practical guide to the shamanic spiritual and therapeutic uses of salvia Ross Heaven shares his in depth quest to connect with the spirit of this plant teacher He explores recent clinical research into its many long term psychological effects such as increased insight and self confidence improved mood and concentration and feelings of calmness and connection with nature as well as salvia s potential for combating diseases like Alzheimer s depression and even cocaine addiction Reviewing the traditional Mazatec ceremonies surrounding salvia s harvest and use Heaven describes appropriate methods of consumption typical dosages and the shamanic diet he used to increase salvia s effectiveness Examining firsthand accounts of salvia journeys from around the world he decodes the meaning of the symbolic images experienced during salvia s ecstatic embrace and details the interplay between salvia and the lucid dreaming state Comparing salvia to ayahuasca and the San Pedro cactus Heaven explains that salvia s greatest strength as a shamanic plant ally lies in its ability to connect you with your higher purpose and aid you in envisioning your unique path in life

**Flower and Tree Magic** Richard Webster,2012-07-08 Did you know that flowers have a unique language of their own Or that the way you draw a tree reflects your life outlook and personality Flowers and trees have long been celebrated as sacred and powerful By learning to read the special messages they hold plants can help us navigate our life path and reconnect with nature In this comprehensive guide bestselling author Richard Webster uncovers the hidden properties of every major type of tree herb and flower that we encounter in our daily lives From protection and healing to divination and worship this book shows you how to apply ancient spiritual practices from many cultures to modern life attract your ideal mate with valerian and sage ward off psychic attacks with a sprinkling of rose oil restore positive energy with nature meditations and more Nature lovers myth historians and trivia lovers alike will embrace this all encompassing guide to the vast history and extensive magic of flowers and trees

An Encyclopedia of Shamanism Volume 1 Christina Pratt,2007-08-01 Shamanism can be defined as the practice of initiated shamans who are distinguished by their mastery of a range of altered states of consciousness Shamanism arises from the actions the shaman takes in non ordinary reality and the results of those actions in ordinary reality It is not a religion yet it demands spiritual discipline and personal sacrifice from the mature shaman who seeks the highest stages of mystical development

Plant Spirit Journey Laura Silvana,2009 Explore the mystical realm of the plant kingdom and discover a hidden source of power and healing Born with the ability to see and hear spirits intuitive

Laura Silvana's mediumship abilities extend into the world of nature. Her fascinating true story includes knowledge gained from a spirit shaman who taught her how to work with the beneficial energies of plants. Silvana tunes in to individual flowers and herbs and lets the spirits of the plants speak for themselves. For example, dandelions possess a whimsical vibration to help counteract despair. Lilacs offer contentment and stability during times of transition. Red clover is a powerful healer that inspires courage, will, and determination. This guide reveals the spiritual and emotional healing properties of 30 versatile plants and gives simple instructions for making plant spirit remedies at home. Both the plants and the ailments they treat are cross-referenced so you can easily find the information you seek.

**The Divine Nature of Plants** Laura Aversano, 2025-07-08

Presents the spiritual, emotional, and physical healing properties of 30 common plants and their spirits. Explains how to intuitively, energetically, and spiritually connect with plant spirits and their healing medicine. Shares the author's personal story of awakening to the divine powers of plant spirits. Sharing her personal story of awakening to the divine powers of plant spirits, medical intuitive Laura Aversano takes you on a journey deep into sacred connection with the elemental world of nature where plants are animated, intelligent beings. Aversano explains how to intuitively, energetically, and spiritually connect with plant spirits and their healing medicine, including how to make your own plant spirit essences. She presents the stories and remedies of 30 common plants, including Astragalus, Black Cohosh, Lilac, Motherwort, and Violet, whose spirits she has worked with for years to nurture herself and her friends, family, and clients. She shares her inner experience with each plant, including visitations from the fairy, deva, or spirit that endows and protects each plant. For each plant, she includes a plant spirit prayer and explores the plant's spiritual, emotional, and physical healing properties. Revealing that each plant has a divine purpose to help us heal, Aversano shows how we each have the power to come into divine relationship with the plant kingdom to heal ourselves and our loved ones.

**Singing to the Plants** Stephan V. Beyer, 2010-06-30

In the Upper Amazon, mestizos are the Spanish-speaking descendants of Hispanic colonizers and the indigenous peoples of the jungle. Some mestizos have migrated to Amazon towns and cities such as Iquitos and Pucallpa; most remain in small villages. They have retained features of folk Catholicism and traditional Hispanic medicine and have incorporated much of the religious tradition of the Amazon, especially its healing, sorcery, shamanism, and the use of potent plant hallucinogens, including ayahuasca. The result is a uniquely eclectic shamanist culture that continues to fascinate outsiders with its brilliant, visionary art. Ayahuasca shamanism is now part of global culture. Once the terrain of anthropologists, it is now the subject of novels and spiritual memoirs while ayahuasca shamans perform their healing rituals in Ontario and Wisconsin. *Singing to the Plants* sets forth just what this shamanism is about: what happens at an ayahuasca healing ceremony; how the apprentice shaman forms a spiritual relationship with the healing plant spirits; how sorcerers inflict the harm that the shaman heals; and the ways that plants are used in healing, love, magic, and sorcery.

**Plants That Speak, Souls That Sing** Fay Johnstone, 2018-06-12

Engage with the intelligence of nature to discover your unique role and deepen your spiritual path on Earth. Presents

practical ways to rekindle your connection with nature and open up to plant consciousness as a way to enrich your spiritual path Offers guidance on how to meet plant allies with wisdom teachings specific to you and your path Provides over 40 exercises including shamanic journeys as well as links to digital downloads for a shamanic drumming track and guided meditations As our lives become more absorbed in screen time rather than the great outdoors it feels essential to open up our senses again to the riches of nature reestablishing our connection with the heartbeat of the Earth In this book Fay Johnstone provides a road map for bridging the gap between plants and people allowing our sacred relationship with the Green Kingdom to be restored Fay shows how to confidently meet explore and build relationships with key plant allies to enjoy a more balanced connection with yourself and your environment Sharing her passion for the plant world she provides a practical guide to rekindling your connection with nature opening up to plant consciousness as a way to enrich your path and weave the enchantment of nature back into your own life She includes more than 40 simple practical exercises and meditations to guide you on a heart centered journey of transformation and commune with the environment the seasons the cycles of the moon and the Earth Heart Addressing plants as conscious beings we meet their spirit while at the same time aligning with our own true nature and sense of purpose as a creature of this Earth The book also introduces the shamanic practice of plant spirit healing emphasizing that ceremony begins at home with our local plants rather than with the famous plant healers of the Amazon Guided meditations and shamanic journeys enable a deeper exploration and interaction with the spirit of plants for healing and support The author offers practical advice on how to initiate a conversation with plants and meet a plant ally with wisdom teachings specific to you and your path Whether you explore your back garden office plants or morning cup of tea Fay reveals how to introduce the magic of plants into your daily routine and appreciate the important role plants play Reaching out to interact with nature is a step forward not only on your personal journey to wholeness but also toward healing our Earth

#### Nature's Healing Embrace: A Comprehensive Guide to Herbal Remedies and Plant Wisdom

Pasquale De Marco, 2025-08-09 Nature's Healing Embrace A Comprehensive Guide to Herbal Remedies and Plant Wisdom is a comprehensive guide to the healing power of herbs Written for both beginners and experienced herbalists this book covers everything you need to know to safely and effectively use herbs for your health and well being In this book you will learn The medicinal properties of common herbs How to identify and harvest herbs How to prepare and use herbs safely and effectively The history and folklore of herbalism The role that plants have played in different cultures around the world Whether you are looking to treat a specific ailment or simply improve your overall health Nature's Healing Embrace A Comprehensive Guide to Herbal Remedies and Plant Wisdom has something to offer you This book is a valuable resource for anyone who wants to learn more about the healing power of nature Herbalism is a gentle and effective way to promote health and well being By using herbs wisely we can tap into the healing power of nature and live healthier happier lives In Nature's Healing Embrace A Comprehensive Guide to Herbal Remedies and Plant Wisdom you will find In depth profiles of over 100 common herbs

including their medicinal properties uses and safety considerations Detailed instructions on how to prepare and use herbs in teas tinctures salves and other forms A comprehensive guide to growing and harvesting your own medicinal herbs Fascinating stories and anecdotes about the history and folklore of herbalism A resource guide to herbal organizations schools and suppliers Nature s Healing Embrace A Comprehensive Guide to Herbal Remedies and Plant Wisdom is the most comprehensive and user friendly guide to herbalism available today With this book you will have everything you need to safely and effectively use herbs to improve your health and well being If you like this book write a review

**Wisdom of the Plant Devas** Thea Summer Deer,2011-08-19 Consulting plant spirits for spiritual and psychological guidance and healing Reveals how by communing with the deva or spirit of a plant we can call forth its medicine without even needing to ingest it Includes wisdom from the devas of 13 herbs such as rosemary datura and uva ursi Empowers readers with the tools to develop their own inner resources for healing in relationship with the plant devas around them Each plant has a story to share with us a healing story to guide us in trying times a spirit medicine for the New Earth that is presently unfolding Herbs are some of the most powerful allies we have for these transitional times we just need to learn how to listen as they share their knowledge with us In Wisdom of the Plant Devas Thea Summer Deer reveals a new dimension of herbal medicine one where the plant s spirit is consulted for guidance and healing beyond the physical Examining the botany modern and traditional uses history and folklore of 13 special herbs such as rosemary uva ursi and datura she shares divinations and messages from their devas or plant spirits explaining how these stories carry the herbs into our lives letting them work their magic on us Exploring herbal medicine from an energetic perspective she reveals that by communing with the deva of a plant we can call on the plant s physical psychological and spiritual medicine and guidance without ingesting it or even being in its presence Detailing the sacred space of a Medicine Wheel Garden whether in a backyard or our imaginations she connects us with the devas and empowers us to seek our own answers with their much needed spiritual guidance and divinatory advice Creating a bridge between botanical medicine and plant spirit medicine she shows how by coming into community with the devas and co creating with the world of nature we can gain tremendous insights to help heal our hearts our minds and our spirits and consciously evolve as together we birth the New Earth

**Spellcraft for Hedge Witches** Rae Beth,2018-01-31 Village wisewomen and men the community s witches have always helped to heal wounded lives When disaster strikes such as serious illness or some kind of abuse or loss or when we re struggling through things such as divorce or family conflict today s hedge witchcraft can still give us the means to help ourselves or others There are for example spells to banish the spirits of cruelty or injustice There are ways of countering the ill effects of spiteful thoughts which others may hold about us We can rebuild our sense of ourselves by magic that holds us true to our real life purpose throughout any crisis What is presented here is not superficial and not a shortcut Rather it is a powerful process a method which can be adapted to any situation where help may be needed

**The Plant World** Frank Vincent,1897

**Realm of Spirits: Gateways to the**



**Other Side** Pasquale De Marco, 2025-05-13 Embark on an extraordinary journey into the realm of spirits with *Realm of Spirits Gateways to the Other Side* a comprehensive guide that unveils the mysteries of the unseen world Seasoned explorer Pasquale De Marco shares their firsthand experiences and profound wisdom empowering you to connect with spirits embrace your spiritual growth and uncover the hidden forces that shape your life Within these pages you will discover The nature of the spirit world and its inhabitants Ancient traditions and practices for connecting with spirits Methods for recognizing and communicating with spirit guides and helpers Shamanic healing techniques and past life regression to explore the impact of spirits on our well being Ethical considerations for interacting with the spirit world *Realm of Spirits Gateways to the Other Side* is more than just a theoretical exploration it is a practical guidebook filled with exercises and meditations that will enhance your spiritual development You will learn to Identify signs and synchronicities that guide you toward spirit connections Develop your intuition and psychic abilities Create sacred rituals and ceremonies to honor spirits Protect yourself from negative spiritual influences Find solace and support through spirit communication Whether you are a seasoned spiritualist or just beginning your journey *Realm of Spirits Gateways to the Other Side* is an invaluable resource that will deepen your understanding of the spirit world and its profound influence on our lives With each chapter you will gain practical tools and insights that will empower you to navigate the unseen realm with confidence and compassion Unveil the secrets of the spirit world and embark on a transformative journey with *Realm of Spirits Gateways to the Other Side* If you like this book write a review on google books *Returning To Sacred World* Stephen Gray, 2010-11-26 Powerful ancient and leading edge visions and teachings for healing ourselves and our world through meditation prayer and sacred plant practices

Uncover the mysteries within is enigmatic creation, **The Healing Spirit Of Plants** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( Download in PDF: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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