

STRASBERG'S METHOD

As Taught by Lorrie Hull

A Practical Guide for Actors,
Teachers and Directors

S. LORRAINE HULL

Foreword by Susan Strasberg



Strasbergs Method As Taught By Lorrie Hull

Barbara Jo Brothers



Strasbergs Method As Taught By Lorrie Hull:

Strasberg's Method as Taught by Lorrie Hull S. Loraine Hull, 1985 In this book the author explores the Strasberg's method for acting and attempts to create an authentic formal teaching source for this subject **Strasberg's Method As Taught by Lorrie Hull** S. Loraine Hull, 2024-02-06 In 2005 a DVD The Method was produced to complement this book The DVD is sold by Amazon is top quality technically has a printed and picture menu and is viewable in other countries Reissued and updated with new photos The book starts with the historical background then the chapters move on to a detailed description of actor training and directing Much of the Directing section is based on Elia Kazan among other notable directors and Strasberg This book lays out an entire course of training exercises in a most explicit practical down to earth manner for an easy to read understanding of those techniques and procedures used in Method acting The book also offers detailed guidance for actors and directors when working on a role as well as audition techniques for actors and directors The book takes the reader through every element of The Method and its vocabulary Relaxation Concentration Sense Memory Affective Memory Improvisation Preparing and Learning the Role Class Scene Studies Directing Audition Tips Theatre Games and Exercises for Youth among other valuable information e g Appendices A B include enlightening information about Stanislavski and Vakhtangov while Appendix C explains Behaviorial Psychology as a Basis for the Method The book can be used as a textbook and is world wide but it is also for theatre and film practitioners as well as for enlightened theatre and film going and the general public In her foreword Susan Strasberg wrote When I read Lorrie Hull's book I thought My God she's done it She's caught so much of the work She got the answers wrote them down used them in her own twelve years of teaching for my father and then translated it all into an understandable explicit practical book that offers valuable tools for any actor beginner or professional as well as for writers directors and teachers I'm sure a lot of misconceptions about my father's work will be cleared up by this book I feel sure that my father Pop would be enormously pleased For demonstrations of Method training see The Method DVD and video with William Smithers Shelley Winters Martin Landau and Cloris Leachman also carried by Amazon **The End of Acting** Richard Hornby, 1992 From Richard Hornby's preface This book is written for those who act those who teach acting and those who are interested in seeing it It is both a theoretical work and a call for action This book is an unashamed attack on the American acting establishment The concepts derive from my graduate seminars in acting theory and history in the School of Theatre at Florida State University Much of the feistiness of those classes carries over into this book If my arguments serve only to stimulate new dialogue they will have been valuable

Creating a Character Moni Yakim, 1993 Actor and mime artist Moni Yakim reveals his time tested techniques and step by step exercises for physically evoking a character Beginning with a chapter on looking inward Yakim gives exercises on discovering aspects of one's own character Then he teaches the actor how to identify with qualities outside the self Finally he shows how to apply these techniques to 12 classical theatrical roles **Stanislavsky in Focus** , **A Field Guide to**

Actor Training Laura Wayth, 2014-07-01 Should I go to a school and get more training in acting or should I just go out there and do it A Field Guide to Actor Training will help you answer this question The book is designed to be an introduction to various theater training methodologies highlighting their basic tenets and comparing and contrasting each system of training and rehearsal The goal is to provide a one stop shopping kind of resource for student beginning actors who are seeking training through private studios or graduate schools and who crave guidance in selecting training that is right for them Starting with the big question of Why is actor training important and moving on to overviews of the major acting methodologies vocal training physical actor training and advice on how to find the right kind of training for each individual A Field Guide to Actor Training is an essential resource for the student actor

Performing Chekhov David Allen, 2002-01-04 Performing Chekhov is a unique guide to Chekhov's plays in performance It will be indispensable to students teachers and theatre practitioners interested not only in Chekhov but in the history of the modern stage

Couples and Body Therapy Barbara Jo Brothers, 2013-12-16 Bring the physical dimension into your therapeutic work with couples This helpful book offers couples therapists new and powerful techniques derived from several body oriented therapies This fresh approach can help you identify the hidden conflicts and attitudes of your clients Couples and Body Therapy offers you exercises tips and practical suggestions for helping troubled couples In Couples and Body Therapy expert therapists candidly discuss the dangers and benefits of using touch to heal Their discussion of whether when how and whom to touch clients includes valuable suggestions for working through transference and countertransference as well as for dealing with hostile clients and obtaining informed consent to touch Couples and Body Therapy provides thoughtful explorations of the ideas and methods of well regarded experts including Virginia Satir Wilhelm Reich Alexander Lowen John Pierrakos Fritz Perls Stanley Keleman and John Gutman as they apply to the physical expression of emotional states This book draws from a number of powerful bodywork systems including core energetics biodynamic analysis formative psychology Hakomi Gestalt Use it to learn the healing skills of body oriented therapies including centering yourself before sessions giving voice to your clients body messages doing effective energy assessments reading posture gesture and somatic signals using concentration exercises and grounding techniques Plentifully illustrated with case studies Couples and Body Therapy is essential reading for therapists educators and students It offers a repertoire of skills to give you fresh and innovative ways to uncover and heal problems in couples

Dramatics, 2008

An Actress Prepares Rosemary Malague, 2013-06-17 Every day thousands of women enter acting classes where most of them will receive some variation on the Stanislavsky based training that has now been taught in the U S for nearly ninety years Yet relatively little feminist consideration has been given to the experience of the student actress What happens to women in Method actor training An Actress Prepares is the first book to interrogate Method acting from a specifically feminist perspective Rose Malague addresses the Method not only with much needed critical distance but also the crucial insider's view of a trained actor Case

studies examine the preeminent American teachers who popularized and transformed elements of Stanislavsky's System within the U.S. Strasberg, Adler, Meisner, and Hagen by analyzing and comparing their related but distinctly different approaches. This book confronts the sexism that still exists in actor training and exposes the gender biases embedded within the Method itself. Its in-depth examination of these Stanislavskian techniques seeks to reclaim Method acting from its patriarchal practices and to empower women who act. I've been waiting for someone to write this book for years: a thoroughgoing analysis and reconsideration of American approaches to Stanislavsky from a feminist perspective, lively, intelligent, and engaging. Phillip Zarrilli, University of Exeter Theatre people of any gender will be transformed by Rose Malague's eye-opening study *An Actress Prepares*. This book will be useful to all scholars and practitioners determined to make gender equity central to how they hone their craft and their thinking. Jill Dolan, Princeton University

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