

STRAIGHT TALK WITH YOUR GYNECOLOGIST

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Straight Talk With Your Gynecologist

Stephen V. Faraone



Straight Talk With Your Gynecologist:

Straight Talk with Your Gynecologist Eddie Carlos Sollie,1992 Statistics reveal that one in four women between the ages of 15 and 55 will contract a sexually transmitted disease many with no detectable symptoms *Straight Talk With Your Gynecologist* addresses this very serious problem and focuses on its solution *Straight Talk from the Doctor* Uchechi Wosu,2014-02-20 *Straight Talk From the Doctor* is a book that needs to be read by anyone who wants to know the right way of losing weight and living healthy This book gives simple and direct instructions and advice on what to eat not to eat and what to do to live a happy and healthy life It is the type of book that could very well be written together by your psychologist physician clergyman and loved one It contains information you needed to hear a long time ago **Straight Talk about**

Your Child's Mental Health Stephen V. Faraone,2012-04-24 Parents reach for dog eared copies of Dr Spock when their child has a rash or the flu but when moodiness lingers or worrisome behavior problems grow they have nowhere to turn for answers or reassurance Now in this compassionate resource prominent Harvard researcher Dr Stephen V Faraone gives parents the tools they need to look clearly at how a child is feeling thinking and behaving and make wise decisions about when to call for professional help Cues and questions teach readers to become scientific observers of their child and vital facts about common disorders help them distinguish between normal variations in speech development and Asperger syndrome between moodiness that s just a phase and depression between childhood fears and the symptoms of anxiety Knowing what to ask and tell the professionals from the pediatrician to a mental health specialist will help parents ensure a complete and accurate diagnosis Filled with handy sidebars charts and checklists the book also teaches parents to weigh treatment options to determine what s best for their child Winner American Journal of Nursing Book of the Year Award

Straight Talk about Psychiatric Medications for Kids, Fourth Edition Timothy E. Wilens,Paul G. Hammerness,2016-04-21 When a child is struggling with an emotional or behavioral problem parents face many difficult decisions Is medication the right choice What about side effects How long will medication be needed In this authoritative guide leading child psychiatrists Drs Timothy Wilens and Paul Hammerness explain the nuts and bolts of psychiatric medications from how they work and potential risks to their impact on a child s emotions school performance personality and health Extensively revised to include the latest information about medications and their uses the fourth edition is even more accessible and includes pullouts bulleted lists and take home points highlighting critical facts In addition to parents this is an ideal reference for teachers and other school professionals **Straight Talk about Breast Cancer** Suzanne Braddock,Jane Kercher,John Edney,2014-10-01 This medical handbook serves as an accessible resource for answering the questions of women with breast cancer as well as easing the concerns of their spouses and family members Drawing on the personal experiences of a breast cancer survivor and the professional expertise of breast cancer specialists this guide outlines the various treatment options for cancer patients including lumpectomy and mastectomy surgeries radiation treatment and

chemotherapy both in terms of how they work and the toll they take on a patient's life Updated information and photographs on breast reconstruction are included along with a complete list of resources and an open discussion of hereditary and reoccurrence risks There's a Hole in My Sidewalk Portia Nelson, 1994-03 Insightful humorous touching and inspiring are just a few words used to describe this well loved collection of poems and truisms by the late Portia Nelson Designed to inspire self discovery There's a Hole in My Sidewalk includes stirring poems that gently lead readers to embrace a more authentic self Individuals therapy groups the self help community and twelve step programs around the world have embraced this classic book There's a Hole in My Sidewalk is the perfect motivational gift for yourself your friends or your family

Straight Talk About Crooked Teeth S Kent Lauson, Dds, MS, 2012 *Triumph Over Darkness* Wendy Ann Wood, 2012-05-01 This collection of prose and therapeutic insights creates a powerful commentary on incest rape abuse and the recovery process Women and men share their personal experiences of childhood abuse and walk with the reader along the path toward wellness They reflect each stage of healing with a clarity that while often painful is also hopeful Addressing various aspects of abuse including ritualistic abuse multiple personality disorder and partnering as well as providing a therapist's insights on the stages of healing *Triumph Over Darkness* helps readers to understand recovery as a predictable process and see that healing is possible **The Body Scoop for Girls** Jennifer Ashton M.D., Ob-Gyn, Christine Rojo, 2009-12-29 An authoritative yet girlfriend friendly health book for teen and tween girls written by CBS News Medical Correspondent Dr Jennifer Ashton AS an ob gyn specializing in adolescent care Dr Jennifer Ashton understands better than anyone that being a teenage girl these days is fraught with a special kind of angst But in her practice she talks openly and nonjudgementally to her young patients like a good friend answering each of their questions respectfully and with candor Now she shares this advice in a no holds barred guidebook based on her passion to cut through the embarrassment that girls often feel about their changing bodies and to arm them with the knowledge they need to make smart choices A comprehensive guide from head to toe *The Body Scoop for Girls* covers the basics of puberty and beyond including Breast development and nipple bumps The decision to wait to have sex and the benefits of waiting Birth control The lowdown on STIs Eating Disorders Depression and hormone imbalances Grooming from hair removal to hygiene products Body piercings Writing in a funny and fresh girl to girl voice Dr Ashton has created a totally up to date health book that speaks directly to young women and the unique pressures they face today From a doctor who gets it *The Body Scoop for Girls* makes the road to womanhood an empowering one *What Your Doctor May Not Tell You About(TM)* John Lee, Virginia Hopkins, 2024-09-24 From a doctor who has pioneered in women's health an alternative to HRT for managing menopause symptoms Christiane Northrup MD author of *The Wisdom of Menopause* Arguing that giving estrogen replacement therapy to women after menopause is medically the wrong thing to do Dr John Lee suggests that natural progesterone can prevent most of the unpleasant side effects of menopause including osteoporosis and weight gain

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