

SOCIAL COGNITIVE THEORY

Social-cognitive theory (SCT) is a theory of learning that examines how cognitive processes and environmental factors influence behavior.

OVERVIEW

Social Cognitive Theory (SCT), developed by Albert Bandura, is a learning theory that emphasizes the role of observational learning, cognitive processes, and social experiences in determining behavior. Central to this theory is the concept of reciprocal determinism, the mutual interaction between an individual's behaviors, personal factors, and environmental influences.

EXAMPLES

- **Bobo Doll Experiment:** Bandura demonstrated that children can learn aggressive behaviors by observing and imitating an adult model acting aggressively towards a Bobo doll.
- **Teacher Expectations:** If a teacher expects a student to perform well, this can positively affect the student's performance, illustrating the interplay of personal, environmental, and behavioral factors in learning.

Social Psychology A Cognitive Approach

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