



THE ESSENTIAL REFERENCE
VEGETABLES from
Amaranth to Zucchini

500 RECIPES & 275 PHOTOGRAPHS



ELIZABETH SCHNEIDER

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Vegetables from Amaranth to Zucchini: The Essential Reference Elizabeth Schneider, 2001-12-18 Vegetables from Amaranth to Zucchini The Essential Reference is at once an encyclopedia a produce market manual and a treasure trove of recipes With produce specialist Elizabeth Schneider as your guide take a seed to table voyage with more than 350 vegetables both exotic and common Discover lively newcomers to the North American cornucopia and rediscover classic favorites in surprising new guises In this timely reference Elizabeth Schneider divulges the secrets of the vegetable kingdom sharing a lifetime of scholarly sleuthing and culinary experience In her capable hands unfamiliar vegetables such as amaranth become as familiar as zucchini while zucchini turns out to be more intriguing than you ever imagined Each encyclopedic entry includes a full color identification photo common and botanical names and an engaging vegetable biography that distills the knowledge of hundreds of authorities in dozens of fields scientists growers produce distributors and chefs among them Practical sections describe availability selection storage preparation and basic general use Finally the author's fresh contemporary recipes reveal the essence of each vegetable and a culinary sensibility that food magazine and cookbook readers have trusted for thirty years Each entry concludes with a special Pros Propose section spectacularly innovative recipes suggested by professional chefs Vegetables from Amaranth to Zucchini The Essential Reference is an indispensable resource for home cooks food professionals gardeners information seekers and anyone who simply enjoys good reading

Vegetables from Amaranth to Zucchini Elizabeth Schneider, 2001 *They Eat That?* Jonathan Deutsch, Natalya Murakhver, 2012-01-16 This thoroughly engaging encyclopedia considers the rich diversity of unfamiliar foods eaten around the world The title *They Eat That A Cultural Encyclopedia of Weird and Exotic Food from around the World* says it all This fun encyclopedia organized A Z describes and offers cultural context for foodstuffs people eat today that might be described as weird at least to the American palate Entries also include American regional standards such as scrapple and chitterlings that other regions might find distasteful as well as a few mainstream American foods like honey that are equally odd when one considers their derivation A long narrative entry on insects for example discusses the fact that insects are enjoyed as a regular part of the diet in some Asian South and Central American and African countries It then looks at the kinds of insects eaten where and how they are eaten cultural uses nutrition and preparation Each of the encyclopedia's 100 entries includes a representative recipe or for a food already prepared like maggots cheese describes how it is eaten Each entry ends with suggested readings

King Solomon's Table Joan Nathan, 2017-04-04 A definitive compendium of Jewish recipes from around the globe and across the ages from the James Beard Award winning much loved cookbook author and the queen of American Jewish cooking Houston Chronicle Driven by a passion for discovery the biblical King Solomon is said to have sent emissaries on land and sea to all corners of the ancient world initiating a mass cross pollination of culinary cultures that continues to bear fruit today With Solomon's appetites and explorations in mind in these pages Joan Nathan gathers together

more than 170 recipes from Israel to Italy to India and beyond Here are classics like Yemenite Chicken Soup with Dill Cilantro and Parsley Slow Cooked Brisket with Red Wine Vinegar and Mustard and Apple Kuchen as well as contemporary riffs on traditional dishes such as Smoky Shakshuka with Tomatoes Peppers and Eggplant Double Lemon Roast Chicken and Roman Ricotta Cheese Crostata Here too are an array of dishes from the world over from Socca Chickpea Pancakes with Fennel Onion and Rosemary and Sri Lankan Breakfast Buns with Onion Confit to Spanakiti Georgian Spinach Salad with Walnuts and Cilantro and Keftes Garaz Syrian Meatballs with Cherries and Tamarind gorgeously illustrated and filled with fascinating historical details personal histories and delectable recipes King Solomon's Table showcases the dazzling diversity of a culinary tradition more than three thousand years old

Reference Sources for Small and Medium-sized Libraries

Jack O'Gorman, 2008 This guide to reference sources covers a wide range of topics in a variety of formats including print websites CD ROMs and electronic databases *The National Culinary Review*, 2002 Public Library Catalog Juliette Yaakov, 2004 More than 8 000 books in the main volume More than 2 400 new titles in annual paperbound supplements More than 2 000 analytic entries for items in collections and anthologies *Saveur*, 2009 *Agenda New York*, 2002 The Garden, 2004

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