



# Sweet Pickins A Collection Of Favorite Recipes

**John van Willigen**



## **Sweet Pickins A Collection Of Favorite Recipes:**

*Sweet Pickin's*, 2001      **American Book Publishing Record**, 2002      **Favorite Recipes from Great Midwest Cooks** Better Homes and Gardens, Midwest Magazine Living Staff, Midwest Magazine Living, 1992 Great color photography and lively copy capture the spirit of the Midwest in this beautiful cookbook celebrating the bounty of America's heartland. Features four sections Celebrations Farms Shops and Markets with recipes indexed by title and location 47 full color photographs      **The Looneyspoons Collection** Janet Podleski, Greta Podleski, 2012-11-15 Lick your lips and shrink your hips with The Looneyspoons Collection jam packed with the best of the best Janet Crazy Plates a James Beard Foundation Award finalist and Eat Shrink hundreds of practical weight loss anti aging and healthy living tips and of course a heaping helping of Janet Greta's trademark corny jokes and punny recipe titles      **Food Lovers' Guide to® Montana** Seabring Davis, 2010-01-26 The essential handbook to the Treasure State's gastronomic delights The ultimate guide to the food scene in Montana this book provides the inside scoop on the best places to find enjoy and celebrate local culinary offerings Engagingly written by a local authority it is a one stop for residents and visitors alike to find producers and purveyors of tasty local specialties as well as a rich array of other indispensable food related information including Food festivals and culinary events Farmers markets and farm stands Specialty food shops Places to pick your own produce One of a kind restaurants and landmark eateries Recipes using local ingredients and traditions The state's best wineries and brewpubs Cooking schools and seminars Local food lore kitchen wisdom anecdotes and best of selections      Scientific Canadian Mechanics' Magazine and Patent Office Record Canada. Patent Office, 1928      **Pick and Scratch** Mary Lou Mott, 1996      **White Trash Gatherings** Kendra Bailey Morris, 2006 A guide to entertaining the white trash way featuring 150 family recipes 100 photographs party tips craft ideas folk remedies and tall tales from a country gal born in West Virginia Provided by publisher      Vista Volunteer Economic Opportunity Office, 1966      *Annual Report of the Minister of Agriculture and Food* Ontario. Dept. of Agriculture and Food, 1907      *Annual Report of the Department of Agriculture and Food* Ontario. Dept. of Agriculture and Food, 1897 Consists of individuals reports of each of the branches of the department      **Growing Your Own Food in Hong Kong (Expanded Edition)** Arthur van Langenberg, 2014-04-04 This book introduces the methods ingredients and delights of urban home gardening for beginners as well as avid gardeners who are interested in growing healthy organic and tasty food for everyday living Appealing to everyone from those with garden balcony and rooftop spaces to those who grow vegetables in containers this expanded edition builds on the success of the first edition and includes over 270 full colour photographs and updated material that shows the reader how to nurture and harvest food plants such as avocados chayote dill dragon fruit and pak choi Arthur van Langenberg also offers hands on recipes for transforming home grown natural ingredients into tasty dishes and sauces such as Macanese sweet potato pudding fig syrup and green tomato chutney Endorsement Arthur's depth and breadth of knowledge on growing food plants are beyond compare both theoretically and practically His love of

plants in general and growing vegetables in particular is clearly evident in the quality and variety of vegetables he grows in his own garden. He is also an excellent teacher who gives clear and detailed explanations for everything he demonstrates both in person and in his inspiring books. Arthur's hard-earned experience is an invaluable source of information and he constantly researches and experiments to enhance understanding of growing food plants. This second edition of *Growing Your Own Food in Hong Kong* expands on the rich content of his first book on the subject. Whether you are a novice, experienced gardener or armchair student, it is an invaluable source of wisdom used together with the first edition or as a new arrival in your reference library.

Vivien Wallis, Long-time Hong Kong gardener, Past Vice Chair, The Hong Kong Gardening Society, Cheung Mei Editor, Scarecrow Produce Green Foundation, Part philosophy, part gardening manual, this expanded edition of *Growing Your Own Food in Hong Kong* inspires the reader to start growing food plants. There is plenty of health advice which food provides antioxidant ten times more effective than Vitamin E and is enhanced through cooking. There is history: the sweet potato was spread to China via Macao en route from colonial Brazil to Portugal. There is chemistry: the scented geranium, despite its strong citronella scent, has no effect on mosquitoes. Finally, there is anthropology: the humble dill was once used to cure hiccups. Arthur also succeeds in sensitising us to the challenges and the often overlooked contribution of farmers in our world today.

Christine Jaccard, Novice roof gardener, Happy Valley, I was very happy to hear of a second edition of *Growing Your Own Food in Hong Kong*. As a keen organic grower myself, Arthur's books are an inspiration to me, especially when I first encountered Hong Kong's local weather conditions. His wise words made practical sense and it was a relief to read of shared difficulties and possible solutions to common problems. Step-by-step sowing guides, handy hints and photographs of vegetables I only see in markets were highlights. Cooking recipes for healthy eating were an extra bonus. I am sure this expanded edition will continue to offer encouragement and delight to all gardeners, both old and new.

Chris Bailey, Lantau, In his preface to the second edition of *Growing Your Own Food in Hong Kong*, Arthur van Langenberg reaffirms his message: to cultivate a garden is to harvest knowledge. Arthur's gentle humour shines throughout and the book is interspersed with snippets of medical comments. I was fascinated to learn that dill stops hiccups and that the Greeks used it as a love potion. We are fortunate to have such an excellent gardener in our midst who tells it as it is in this varied climate.

Joy Ottway, Lantau, Arthur's new book resolutely affirms that with attention and knowledge, anyone with access to sunlight and water could bring out the best in a plant. It further encourages us all to think small for he has shown that it's possible to create wonders even with just a few handfuls of good soil. A most resourceful collection of plant information and just for Hong Kong.

John Jan Chan, Fei Ngor, Shan, This book has been a valuable help in fulfilling my dream of growing crops and setting up a microfarm while living in a city. As my most valuable reference guide, it includes exhaustive step-by-step advice on soil management, sowing and using fertilisers, as well as a comprehensive list of when and how to plant all the items you want to grow. This expanded edition builds on Arthur's thirty years of experience in cultivating a small garden in Hong Kong. David

Jones Retired IT guy returning to his Welsh farming roots With the publication of this much enhanced second edition of Growing Your Own Food in Hong Kong Arthur has added more valuable tips recipes and tantalising photos In a new entry on the many uses of lemon scented geranium Arthur gives practical advice on propagation the dangers of over watering the uses of the edible flowers and how the leaves can flavour ices and jellies as well as the delightful suggestion of inserting bruised leaves into folded napkins of diners who will open them to discover a surprising and refreshing lemon scent The historical references the erudite quotations and the often whimsical comments make this book an absolute joy to read Kate Mead Member The Hong Kong Gardening Society Arthur van Langenberg has proved that one does not require acres of land to grow a bountiful harvest of vegetables fruits and herbs Visiting his garden I was amazed that in an area not larger than a single car park space he had grown vegetables like cabbages sugar cane and asparagus to name a few The photographs in this book capture all of the plants that he has grown while the detailed advice he openly imparts comes from successive trials of endurance and resourcefulness over the years For people wishing to have a self sustainable garden in subtropical climates like Hong Kong this book is an indispensable companion Kayomarz Palkhiwalla Private banker and orchid enthusiast

*Some Fundamental Considerations Affecting the Food Supply of the United States* Arthur Howard Hendrickson, Bertram Hanford Crocheron, Fritz Wilhelm Woll, George Putnam Gray, Jerry Raymond Beach, John Washington Gilmore, Richard Laban Adams, Stanley Sawyer Rogers, Thomas Forsyth Hunt, Walter Eugene Packard, 1917 *The Commercial Agricultural and Manufacturer's Magazine* , *Official Gazette of the United States Patent and Trademark Office* , 1995 **Volume Feeding Institutions** , 1962 *Best Ribs Ever: A Barbecue Bible Cookbook* Steven Raichlen, 2012-04-25 Presents a guide to choosing buying and handling ribs for barbecue and includes eight techniques for preparation and cooking recipes for dry rubs and marinades and tips for cooking ribs at a competition level *Insiders' Guide® to Atlanta* Janice McDonald, 2010-05-04 *Insiders Guide to Atlanta* is the essential source for in depth travel and relocation information to the Georgia s largest city Written by a local and true insider this guide offers a personal and practical perspective of Atlanta and its surrounding environs *Official Gazette of the United States Patent Office* United States. Patent Office, 1950 *Kentucky's Cookbook Heritage* John van Willigen, 2014-11-12 A Southern historian combs through Kentucky cookbooks from the mid nineteenth century through the twentieth to reveal a fascinating cultural narrative In *Kentucky s Cookbook Heritage* John van Willigen explores the Bluegrass State s cultural and culinary history through the rich material found in regional cookbooks He begins in 1839 with Lettice Bryan s *The Kentucky Housewife* which includes pre Civil War recipes intended for use by a household staff instead of an individual cook along with instructions for serving the family Van Willigen also shares the story of the original Aunt Jemima the advertising persona of Nancy Green born in Montgomery County Kentucky who was one of many African American voices in Kentucky culinary history *Kentucky s Cookbook Heritage* is a journey through the history of the commonwealth showcasing the shifting attitudes and innovations of the times Analyzing the historical importance of a wide

range of publications from the nonprofit and charity cookbooks that flourished at the end of the twentieth century to the contemporary cookbook that emphasizes local ingredients van Willigen provides a valuable perspective on the state's social history

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