

THE ONLY OFFICIAL
PATIENT'S SOURCEBOOK
ON

FIBROMYALGIA



A Practical and Detailed
Directory for the Diagnosis and

Management of Fibromyalgia, Myofascial
Pain Syndrome, and Chronic Fatigue Syndrome

By Lawrence M. Jacobson, MD, PhD, and Robert H. Shumacher, MD

With illustrations by Robert H. Shumacher, MD, and Lawrence M. Jacobson, MD

The 2002 Official Patients Sourcebook On Fibromyalgia

Lingsheng Yao



The 2002 Official Patients Sourcebook On Fibromyalgia:

The Official Patient's Sourcebook on Headaches James N. Parker, 2003 This book has been created for patients who have decided to make education and research an integral part of the treatment process Although it also gives information useful to doctors caregivers and other health professionals it tells patients where and how to look for information covering virtually all topics related to headaches also Chronic paroxysmal hemicrania Cluster Headaches Episodic paroxysmal hemicrania Headache cluster Headache histamine Headache migraine from the essentials to the most advanced areas of research The title of this book includes the word official This reflects the fact that the sourcebook draws from public academic government and peer reviewed research Selected readings from various agencies are reproduced to give you some of the latest official information available to date on headaches Given patients increasing sophistication in using the Internet abundant references to reliable Internet based resources are provided throughout this sourcebook Where possible guidance is provided on how to obtain free of charge primary research results as well as more detailed information via the Internet E book and electronic versions of this sourcebook are fully interactive with each of the Internet sites mentioned clicking on a hyperlink automatically opens your browser to the site indicated Hard copy users of this sourcebook can type cited Web addresses directly into their browsers to obtain access to the corresponding sites In addition to extensive references accessible via the Internet chapters include glossaries of technical or uncommon terms

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The Comprehensive Sourcebook of Bacterial Protein Toxins Joseph E. Alouf, Daniel Ladant, Michel R. Popoff, 2005-12-20 This book describes the major achievements and discoveries relevant to bacterial protein toxins since the turn of the new century illustrated by the discovery of more than fifty novel toxins many of them identified through genome screening The establishment of the three dimensional crystal structure of more than 20 toxins during the same period offers deeper knowledge of structure activity relationships and provides a framework to understand how toxins recognize receptors penetrate membranes and interact with and modify intracellular substrates Edited by two of the most highly regarded experts in the field from the Institut Pasteur France 14 brand new chapters dedicated to coverage of historical and general aspects of toxinology Includes the major toxins of both basic and clinical interest are described in depth Details applied aspects of toxins such as therapy vaccinology and toolkits in cell biology Evolutionary and functional aspects of bacterial toxins evaluated and summarized Toxin applications in cell biology presented Therapy cancer therapy dystonias discussed Vaccines native and genetically engineered vaccines featured Toxins discussed as biological weapons comprising chapters on anthrax diphtheria ricin etc

The 10 Best Questions for Living with Fibromyalgia Dede Bonner, Dr. Patrick B. Wood, 2009-09-08 An indispensable resource that empowers fibromyalgia patients to take charge of a debilitating disease and get the health care they deserve Fibromyalgia a painful exhausting and often misdiagnosed disease affects up to 12 million Americans 90 percent of them women And because many health care professionals are still learning how to diagnosis and treat its confusing symptoms patients living with the disorder must become proactive and informed consumers for their own health The expert advice found within The 10 Best Questions for Living with Fibromyalgia gives readers the answers they need to get the best care possible and enjoy a more normal life This essential book provides the Best Questions that patients should ask their doctors partners children and friends accompanied by the best answers drawn from cutting edge research and extensive interviews with the top experts in the field There are chapters on what to ask about

your diagnosis test results second opinions for ongoing disease management to lose weight get more sleep and to make other healthy lifestyle changes This practical and holistic book also offers Best Questions and advice for fibromyalgia patients for their relationships with partners children friends to ensure emotional financial and spiritual health Each chapter concludes with The Magic Question the one crucial question most people never think to ask until it s too late **Pain Sourcebook** Karen Bellenir,2002 Provides basic consumer health information on the nature and mechanism of pain and gives attention to common complaints associated with pain It offers practical help for living with pain and it reports on research initiatives into the cause and treatment of pain A glossary of pain related terms a directory of resources and other aids to guide pain patients seeking relief are also included **Ear, Nose, and Throat Disorders Sourcebook** Sandra J. Judd,2006 Provides consumers with updated health information on the most common disorders of the ear nose and throat

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