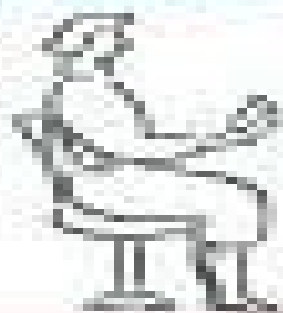


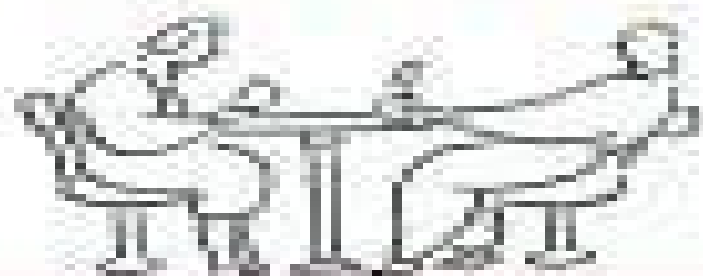
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Sitting



on the

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*How to Survive the Stresses of Sitting
Down to Work—A Practical Handbook*

Scott W. Donkin, D.C.

Sitting On The Job How To Survive The St

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