

Masculine Dilemma

Rochlin, Gregory

Note: This is not the actual book cover

The Masculine Dilemma

Myron Brenton



The Masculine Dilemma:

The Masculine Dilemma Gregory Rochlin, 1980-01-01 **The Masculine Dilemma** Jacob Witt, 2022 **Overcoming Masculine Depression** John Lynch, John R. Lynch, Christopher Kilmartin, 2013-08-21 In *Overcoming Masculine Depression* psychologists John Lynch and Christopher Kilmartin present a model that provides new ways of understanding men's behaviors. This unique book does not portray men as victims but seeks to increase awareness that a great deal of depression in men is misunderstood and quite often misdiagnosed. Many men act out their symptoms through anger, workaholism, and relationship conflict. Underlying these behaviors are chronic feelings of being hopeless, helpless, and worthless. Men can learn to recognize symptoms of masculine depression and take steps to reclaim their lives and relationships, and the authors offer many strategies for doing so. Numerous case examples are provided to illustrate the various dynamics of male depression. New to this edition are chapters on self-regulation and impulse control and the application of evidence-based treatment for depression to the symptoms of male depression. This is an essential resource for all helping professionals who work with male clients as well as for men experiencing symptoms of depression and the people in their lives.

Rethinking the Psychoanalysis of Masculinity Karl Figlio, 2023-12-19 Drawing on a broad range of psychoanalytic, cultural, and social influences, the author examines the concept of toxic masculinity for how it brings into focus a widespread anxiety about toxicity throughout daily life. In nature, society, and personal relationships, aggressive, misogynistic masculinity has become a major topic in recent years, spreading throughout popular culture, the media, and research. Often called phallic, it simmers in everyday life and hits the headlines for turning florid and violent in maintaining its dominance, especially towards women. But at the extreme, phallic masculinity has recently crystallized in a very different form as toxic masculinity, and toxic has become the near-universal epithet for all forms of extreme destructiveness in a toxic culture. It has brought into focus and named as masculine an anxiety over toxicity in every corner of everyday life. Exploring toxic masculinity in depth brings out a misogynistic current that pervades individual and social realms but also throws a sharp light on normal masculinity. By elaborating on the roots of this toxicity, Figlio is able to draw out a different, more positive alternative for masculinity with particular reference to the underlying fears around fertility and the seminal. With a strong research and clinical base, this book is essential reading for all psychoanalysts, psychoanalytic psychotherapists, and cultural and social theorists interested in exploring concepts of masculinity.

Sexual Dissidence Jonathan Dollimore, 2018-09-19 Why is homosexuality socially marginal yet symbolically central? Why, in other words, is it so strangely integral to the very societies which obsessively denounce it, and why is it history rather than human nature which has produced this paradoxical position? These are just some of the questions explored in this wide-ranging study of sexual dissidence, which returns to the early modern period in order to focus question and develop issues of postmodernity. In the process, it brilliantly links writers as diverse as Shakespeare, Gide, Wilde, and Genet, and cultural critics as different as St Augustine, Freud, Fanon, Foucault, and

Monique Wittig So Freud's theory of perversion is discovered to be more challenging than either his critics or his advocates usually allow especially when approached via the earlier period's archetypal perverts the religious heretic and the wayward woman Satan and Eve The book further shows how the literature histories and sub cultures of sexual and gender dissidence prove remarkably illuminating for current debates in literary theory psychoanalysis and cultural materialism It includes chapters on transgression and its containment contemporary theories of sexual difference homophobia the gay sensibility transvestite literature in the culture and theatre of Renaissance England homosexuality and race The American Male Myron Brenton, 2025-05-30 First published in 1967 The American Male explores broad social patterns and major societal trends as they affect men in America The author argues that American men are burdened by an outdated code of masculinity that stifles their personalities and limits their ability to enjoy life at every significant level This explosive theme is based on two years of research involving men from various social and economic backgrounds as well as extensive interviews with psychiatrists and other experts in the psycho sociological fields According to the American ideal of masculinity a man is expected to be the strong silent type who keeps his problems to himself and dominates his woman with an iron hand This often results in a lack of deep human connection as men are taught to suppress feelings of tenderness and warmth Focused on their work with single minded intensity many men become strangers in their own homes Additionally they are often bewildered by the sexual revolution which has brought greater equality for women The book examines how the contemporary male can navigate these contradictions overcome his emotional rigidity and fear of commitment and approach life with greater flexibility and emotional responsiveness This crucially important work will interest scholars and researchers in gender studies the sociology of gender and sociology in general **Black Belt**, 1995-11 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known martial arts figure in the world *Dilemmas in Animal Welfare* Michael C Appleby, Daniel M Weary, Peter Sandøe, 2014-04-23 There are endless on going debates in animal welfare This book seeks to distil some of the major themes of current debate into one volume edited by internationally known names in the field of animal welfare Each chapter written by a leading expert will discuss in an open handed way a provocative topic which will be of interest to anyone concerned with animal welfare Issues covered include tail docking pet obesity isolation vs group aggression neutering feral cats and the need to conserve wildlife habitats in the face of wild animal overpopulation Prison Masculinities Tess Bartlett, Rosemary Ricciardelli, 2022-09-08 This edited book explores prison masculinities drawing from a wide range of international researchers to highlight how masculinities may divert from the hypermasculine or macho typology typically found in the prison masculinities literature The book includes a diverse selection of writing on masculinities in and of prison

masculinities experienced by those living within working and experiencing prison as well as historical and critical accounts of masculinities from around the world The contributors highlight how masculinities are experienced in a multitude of ways as is evidenced in both qualitative and quantitative research with men before during and after imprisonment with correctional officers and staff in the analysis of public records in the critical examination of Sykes seminal work and in historical and contemporary Australian society Evidenced in writing drawn from Australia the Dominican Republic Ukraine Hong Kong the United States Scotland and the Netherlands the contributors acknowledge that rather than being fixed discourses around prison masculinities now include sexuality gender identity and diverse understandings around masculinities as strategic hegemonic and ever changing Prison Masculinities is important reading for students and scholars across disciplines including criminology sociology gender studies law international relations history health psychology and education Chapter 4 of this book is available for free in PDF format as Open Access from the individual product page at www.routledge.com It has been made available under a Creative Commons Attribution Non Commercial No Derivatives 4.0 license

Martial Arts America Bob Orlando, 1997 This broad survey of martial arts traditions and their evolution to modern Western practice challenging the purpose and effectiveness of many martial arts activities and training methods used in the U S today By focusing on the most effective and relevant way for Americans to pursue the various martial arts Orlando's useful insights penetrate a subject too often shrouded in mysticism and marketing hype 30 photos 79 illustrations

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