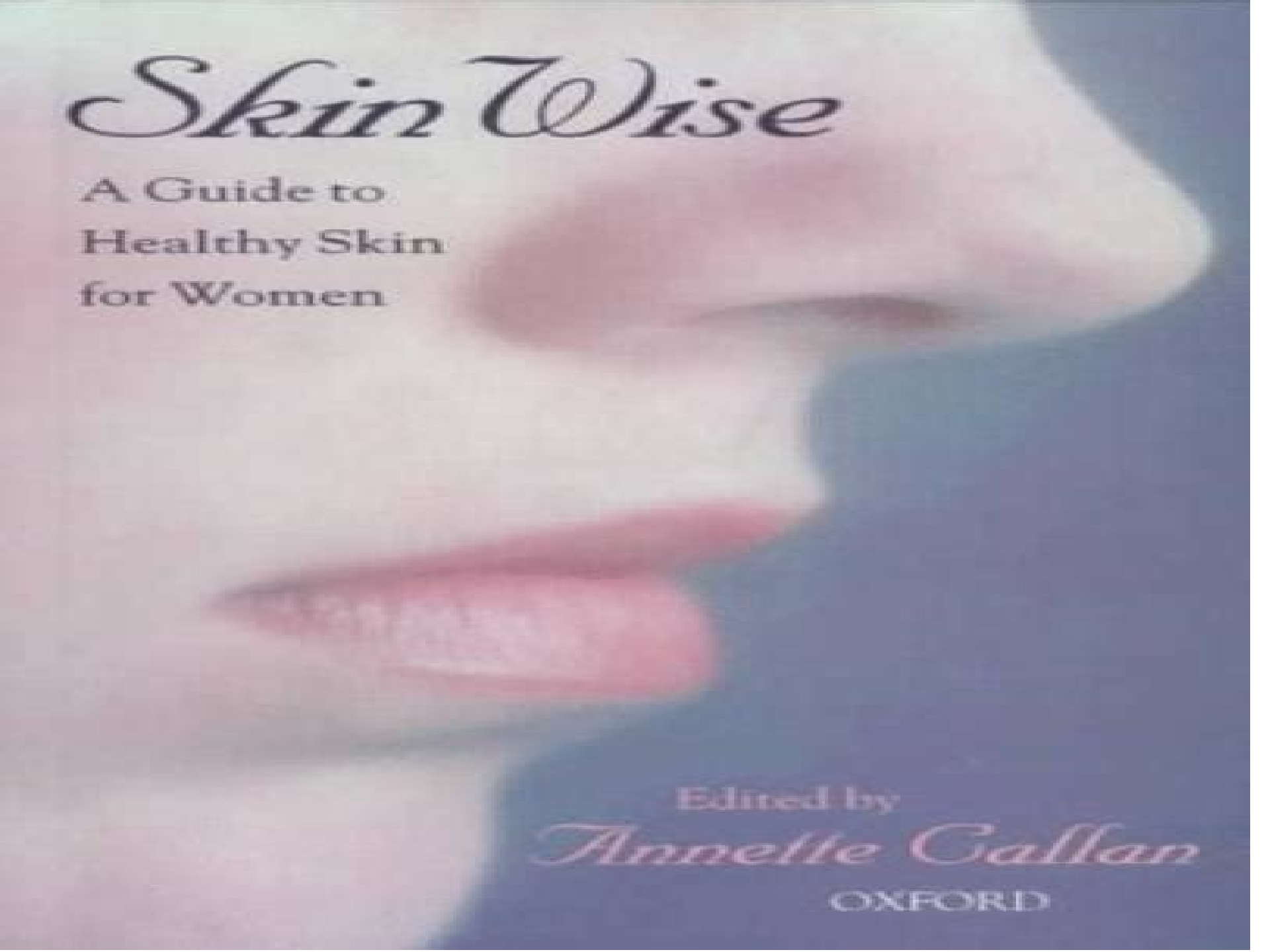


A close-up, soft-focus photograph of a woman's face, showing her nose, mouth, and chin. The skin is fair and appears healthy. The background is a solid, muted blue color.

Skin Wise

A Guide to
Healthy Skin
for Women

Edited by

Annette Callan

OXFORD

Skin Wise A Guide To Healthy Skin For Women

Joacim Rocklöv



Skin Wise A Guide To Healthy Skin For Women:

Skin Wise Annette Callan, 1995 Edited by Australia's first female dermatologist with contributions from six others *Skin Wise A Guide to Healthy Skin for Women* covers every aspect of skin care from infancy to old age and offers sensible practical advice about skin problems and what can be done to treat them The seven authors are all practising dermatologists specializing in different fields of dermatology They set out to moderate what they see as harmful and excessive expectations generated by some authors and the media For instance they place less emphasis on laser and cosmetic remedies than some of their competitors and they talk about the limitations of certain skin products and of ageing skin itself They show women how to care for ordinary skin and how skin is altered by puberty oral contraceptives pregnancy menopause and ageing For the first time in a book of this kind there is a separate chapter on sexual health and genital dermatology *Skin Wise* investigates hirsutism hair loss and other scalp conditions A chapter for parents on paediatric dermatology offers advice on moles psoriasis sun protection diet acne birthmarks warts nappy rash alopecia and other conditions There is a chapter on nail care and laser therapy A further original feature of this book is a separate chapter on skin problems in the workplace Here then in one book is a succinct commonsensical guide to every kind of skin problem and treatment for women [Deal With It](#) Esther Drill, Heather McDonald, Rebecca Odes, 1999-09 The creators of the award winning phenomenally popular interactive website gURL.com present a hip no nonsense resource book for girls **Medical and Health Care Books and Serials in Print**, 1997 [Natural Hand Care](#) Norma Pasekoff Weinberg, 1998 Weinberg presents alternatives to expensive manicures with dozens of easy to make herbal skin care recipes plus solid advice on avoiding or improving debilitating conditions such as carpal tunnel syndrome and wonderful hand massage techniques Line illustrations 2 color text *Subject Guide to Books in Print*, 1991 *The New Harvard Guide to Women's Health* Karen J. Carlson, Stephanie A. Eisenstat, Terra Diane Ziporyn, 2004-04-30 With complete information on women's health concerns physical and behavioral this A-Z reference brings the topics up to date for a new generation of readers **Australian Family Physician**, 1996 **Australian Books in Print 1998** Bowker, 1998-04 excellent coverage essential to worldwide bibliographic coverage AMERICAN REFERENCE BOOKS ANNUAL This comprehensive reference provides current finding ordering information on more than 75 000 in print books published in or about Australia or written by Australian authors organized by title author keyword You'll also find brief profiles of more than 7 000 publishers distributors whose titles are represented as well as information on trade associations local agents of overseas publishers literary awards more From D W Thorpe **Australian National Bibliography**, 1996 **The Healthy Skin Diet Value Edition** Karen Fischer, 2011 Since it was first released this bestselling book has been a media sensation appearing in publications such as Woman's Day Madison Body Soul Dolly NW Notebook Good Health Australian Natural Health Reader's Digest and Practical Parenting as well as being featured on TV programs A Current Affair and Today Tonight This new value edition capitalises on that success by bringing nutritionist Karen Fischer's proven eight

week program to the public at a new cheaper price point Whatever your skin type whatever your skin condition you ll find all the help you need right here Whether you want to eliminate acne cellulite dandruff dermatitis eczema psoriasis or rosacea or simply fight the signs of ageing the answers are in the book You ll also learn how to ensure your children grow up with clear problem free skin By following Karen s program you will change your skin for the better and put yourself on the path to a blemish free future Specific programs are also included to target each skin condition while Karen s nutritious delicious recipes mean you have all the tools you need to start living a healthier more beautiful life today **Sorted: The Active**

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