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Handbook of diet, nutrition and the skin Victor R. Preedy,2012-05-23 Studies have clearly shown that optimal diet and nutrition can prevent skin disease Moreover novel nutritional components have been used experimentally to treat skin conditions However the clinical application of these nutrients awaits confirmation It is thus up to health care professionals to present new knowledge in order to provide advice or treatments for skin problems This handbook provides in a single volume comprehensive coverage of the relation between skin and diet and nutrition in its broadest sense The Handbook of diet nutrition and the skin consists of sections on general aspects of skin nutrition and diet micronutrients nutraceuticals cancer and specific skin conditions Unique features of each chapter in this volume include relevant and useful key facts which highlight interesting or important findings of the specific subjects and summary points that are designed to abstract each chapter in take home messages This handbook will be of interest to a wide range of readers such as dermatologists doctors nurses and those interested in or working within the area of skin health This will of course also include nutritionists and dieticians dermatologists cosmetic scientists health workers and practitioners college and university lecturers and undergraduate and graduate students

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