

THE HARMS OF SMOKING IN PREGNANCY

SMOKING IS THE SINGLE BIGGEST MODIFIABLE RISK FACTOR DURING PREGNANCY

WHEN A WOMAN SMOKES...

smoking in pregnancy
challenge group

smoketreeaction.org.uk

There is damage to every major organ, risking disease

There is increased risk of miscarriage and stillbirth

Thousands of harmful chemicals are introduced into the bloodstream, which are then also transferred to the baby through the placenta

The baby is at risk of serious harm, including low birth weight, premature birth and childhood illness

TO REMOVE THE RISK...



a pregnant woman should be advised and supported to stop smoking entirely



and advised that secondhand smoke is also dangerous

REFER WOMEN TO SPECIALIST QUIT SUPPORT WHERE THEY CAN GET HELP FROM A TRAINED ADVISOR



Nicotine Replacement Therapy (NRT) is safe to use in pregnancy and may help women to quit



If a pregnant woman chooses to use an e-cigarette, this is far safer than smoking

Supported by Public Health England

Smoking And Pregnancy

Jiyuan Zhang



Smoking And Pregnancy:

Smoking And Pregnancy Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has be apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Smoking And Pregnancy**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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