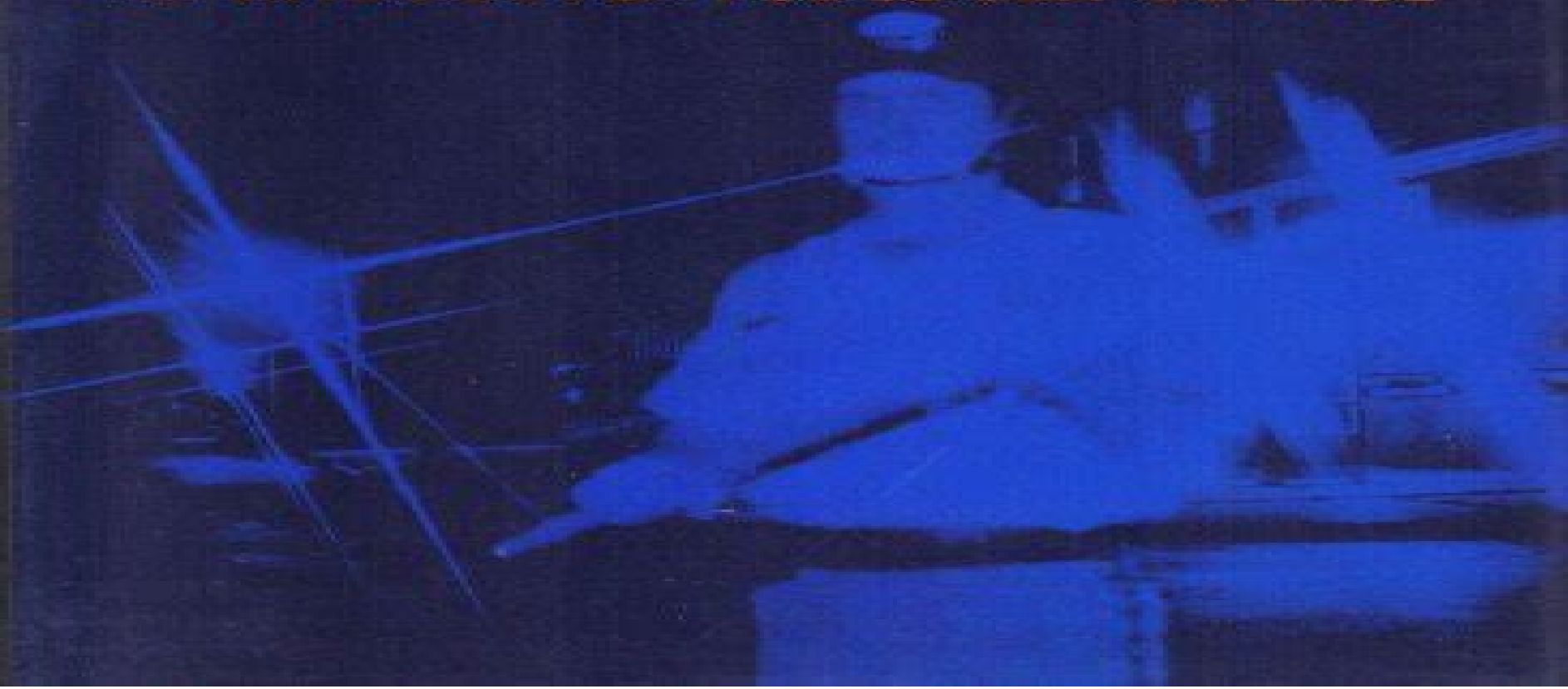


KEVIN PARSONS

TECHNIQUES OF VIGILANCE

A TEXTBOOK FOR POLICE SELF-DEFENSE



Techniques Of Vigilance A Textbook For Police Self Defence

Bodo Günther



Techniques Of Vigilance A Textbook For Police Self Defence:

Techniques of Vigilance Kevin Parsons,1980-01-01 Techniques of Vigilance Kevin Parsons,2015-12-08 This is a definitive martial arts manual on the principles and methods of effective police self defense Designed as a martial arts textbook it details clearly and concisely the complete range of self defense techniques for the law enforcement officer Each chapter begins with an overview of the material to be covered and topics range from basic philosophy to advanced close quarter fighting The text is directed to one purpose providing a curriculum of self defense to aid the police officer in actual confrontations Tactics originating in the martial arts of many countries are brought together refined and adapted for the modern law enforcement agent Physical training blocking striking and throwing techniques are included and the results of years of study of escape come along and handcuffing procedures are outlined Techniques for dealing with blunt objects firearms and edged weapons are discussed The text ends with a review of the individual officer s role in crowd control situations The author brings his expertise as a consultant to law enforcement agencies throughout the United States The tactics he outlines are designed to provide modern law enforcement agents with extensive specialized training **Tonfa (Police Baton) Techniques for official use in the line of duty** Bodo Günther,2018-05-04 This book written by an experienced German police officer and a long time active martial artist is structured professionally and purposefully This is not about individual tonfa tricks but rather simple solutions to the question How can critical situations with the involvement of the Tonfas be successfully managed This book is a good tool for those who want to achieve the training goal of effectively preventing attacks against themselves and their colleagues while maintaining legality The first book of the author Tonfa for police security and Bundeswehr dealt with the basic techniques and the laws to be observed in Germany This book deals with the practical application The TONFA is not considered in isolation but is combined with practice proven martial arts techniques If you take the book with you for training you want to be able to immediately recognize how the presented technique sequences are to be executed That is why all technique combinations have been designed to be overseeable and quickly understandable The integrated detailed and background knowledge is important and helps to be able to use the Tonfa even more efficiently These include topic related research results from conflict research and well explanatory quotes from international martial arts experts on the subject of dueling Content Task related tonfa handling keeping people away arresting and transporting techniques effective blocks in conjunction with meaningful counterattacks training tips and suggestions on the subject of a sudden knife attack Law Enforcement Bible No. 2 Robert A. Scanlon,1982 **British Books in Print** ,1986 Japan English Publications in Print ,1998 **National Union Catalog** ,1980 Includes entries for maps and atlases *Subject Guide to Books in Print* ,1991 **The Bookseller** ,1884 Vols for 1871 76 1913 14 include an extra number The Christmas bookseller separately paged and not included in the consecutive numbering of the regular series **Whitaker's Cumulative Book List** ,1981

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Table of Contents Techniques Of Vigilance A Textbook For Police Self Defence

1. Understanding the eBook Techniques Of Vigilance A Textbook For Police Self Defence
 - The Rise of Digital Reading Techniques Of Vigilance A Textbook For Police Self Defence
 - Advantages of eBooks Over Traditional Books
2. Identifying Techniques Of Vigilance A Textbook For Police Self Defence
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Techniques Of Vigilance A Textbook For Police Self Defence
 - User-Friendly Interface
4. Exploring eBook Recommendations from Techniques Of Vigilance A Textbook For Police Self Defence
 - Personalized Recommendations
 - Techniques Of Vigilance A Textbook For Police Self Defence User Reviews and Ratings
 - Techniques Of Vigilance A Textbook For Police Self Defence and Bestseller Lists
5. Accessing Techniques Of Vigilance A Textbook For Police Self Defence Free and Paid eBooks
 - Techniques Of Vigilance A Textbook For Police Self Defence Public Domain eBooks
 - Techniques Of Vigilance A Textbook For Police Self Defence eBook Subscription Services
 - Techniques Of Vigilance A Textbook For Police Self Defence Budget-Friendly Options
6. Navigating Techniques Of Vigilance A Textbook For Police Self Defence eBook Formats
 - ePub, PDF, MOBI, and More
 - Techniques Of Vigilance A Textbook For Police Self Defence Compatibility with Devices
 - Techniques Of Vigilance A Textbook For Police Self Defence Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Techniques Of Vigilance A Textbook For Police Self Defence
 - Highlighting and Note-Taking Techniques Of Vigilance A Textbook For Police Self Defence
 - Interactive Elements Techniques Of Vigilance A Textbook For Police Self Defence

8. Staying Engaged with Techniques Of Vigilance A Textbook For Police Self Defence
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Techniques Of Vigilance A Textbook For Police Self Defence
9. Balancing eBooks and Physical Books Techniques Of Vigilance A Textbook For Police Self Defence
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Techniques Of Vigilance A Textbook For Police Self Defence
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Techniques Of Vigilance A Textbook For Police Self Defence
 - Setting Reading Goals Techniques Of Vigilance A Textbook For Police Self Defence
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Techniques Of Vigilance A Textbook For Police Self Defence
 - Fact-Checking eBook Content of Techniques Of Vigilance A Textbook For Police Self Defence
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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