

teenage
health
break

Teenage Health Freak

Aidan Macfarlane, Ann McPherson

Teenage Health Freak:

The Diary of a Teenage Health Freak Aidan Macfarlane, Ann McPherson, 2002 Convinced that he is a hypochondriac fourteen year old Peter decides to keep a diary in which he records the facts about his various ailments **Teenage Health Freak?** Aidan Macfarlane, 2002-09-01 *R U a Teenage Health Freak?* Aidan Macfarlane, Ann McPherson, 2002 Why do other kids pick on me How can I zap these spots Why are my parents always fighting Why have my periods stopped Find the answers to these and zillions of other questions on Sex and growing up weight and diet relationships and family problems smoking drinking and drugs stress and depression and much much more BLreal questions drawn from over 8 500 emails sent to the award winning teenagehealthfreak org website which has had over 6 million hits since its launch in 2000BLquestion and answer format speaks directly to teenagersThe two existing Health Freak books *Diary of a Teenage Health Freak* and *Diary of the Other Health Freak* have sold over 1 million copies worldwide They have also been translated into 22 foreign languages and were made into two six part TV series for Channel 4 *The Truth* Ann McPherson, Aidan Macfarlane, 2007-03-01 With over a million copies sold worldwide and translated into 22 languages the Health Freak books have been a global publishing phenomenon bringing both fun and vital health education to teenagers the world over The Truth has the popular question and answer format of the Health Freak series based on genuine questions emailed by kids to the authors award winning health advice website teenagehealthfreak org Frank down to earth answers are given by the authors both of whom are doctors specializing in teenage health issues It includes chapters on Bullying Relationships Stress Sex Drugs and Weight Teenage Health Freak titles include *The Diary of a Teenage Health Freak* *The Diary of the Other Health Freak* *R U a Teenage Health Freak* *Health Freak Sex* *Health Freak Drugs* *Health Freak Bullying* *Health Freak Relationships* *Health Freak Stress* The authors other books include *Mum I Feel Funny* which won the Times Education Supplement Information Book Award *Me and My Mates* *The Virgin* *Now Boarding* and *Fresher Pressure* Most recently they published a book for parents about the teenage years called *Teenagers the agony the ecstasy the answers* The authors also run the extremely successful website on which this book is based www.teenagehealthfreak.org which receives over 150 000 hits a week and recently won the BUPA communication award **Bullying** Aidan Macfarlane, Ann McPherson, 2004 With over a million copies sold worldwide and translated into 22 languages the Health Freak books have been a global publishing phenomenon bringing both fun and vital health education to teenagers the world over *Health Freak Bullying* has the popular question and answer format of the HealthFreak series Sex Drugs based on genuine questions emailed by kids to the authors award winning health advice website teenagehealthfreak org Frank down to earth answers are given by the authors both of whom are doctorsspecializing in teenage health issues Bullying is a perennial and highly damaging problem affecting many thousands of children boys and girls of all ages It is a matter of desperate concern for those affected and for their parents and teachers and is among the issues most frequently raised by kids in their emails to the authors website Bullying is currently

much in the media spotlight and the target in the UK of a major government sponsored initiative It is also prominent within the UK National Curriculum in the guidelines for PSHE at KS2 and KS3 BLAIDAN MACFARLANE ran the Child and Adolescent Health services for the Oxfordshire Health Authority He is now an international freelance consultant in child and adolescent health BLANN McPHERSON is a general practitioner with extensive experience of young people and their problems and a lecturer in the Department of Primary Health Care at the University of Oxford Teenage Health Freak titles include The Diary of a Teenage Health Freak The Diary of the Other Health Freak RU a Teenage Health Freak Health Freak Sex Health Freak Drugs The authors other books include Mum I Feel Funny which won the Times Education Supplement Information Book Award Me and My Mates The Virgin Now Boarding and Fresher Pressure Most recently they published a book for parents about the teenage years called Teenagers the agony the ecstasy the answers English in Medical Education Peih-ying Lu, John Corbett, 2012-08-13 This book addresses recent developments in medical and language education Both fields have broadened their focus on clinical expertise and linguistic skills to address issues of cultural competence The book re imagines the language classroom in medical settings as an arena for the exploration of values and professional identity *Investigating Adolescent Health Communication* Kevin Harvey, 2014-02-24 A comprehensive corpus analysis of adolescent health communication is long overdue and this book provides it We know comparatively little about the language adolescents use to articulate their health concerns and discourse analysis of their choices can shed light on their attitudes towards and beliefs about health and illness This book interrogates a two million word corpus of messages posted by adolescents to an online health forum It adopts a mixed method corpus approach to health communication combining both quantitative and qualitative techniques Analysis in this way gives voice to an age group whose subjective experiences of illness have often been marginalized or simply overlooked in favour of the concerns of older populations **Illustrated Textbook of Paediatrics E-Book** Tom Lissauer, Graham Clayden, 2011-10-26 Winner of the 2012 British Medical Association book awards first prize in the paediatrics category This is the fourth edition of a highly popular must have textbook for paediatrics for medical students The previous edition has been translated into eight languages and also won British Medical Association and Royal Society of Medicine prizes for the best paediatrics textbook Case studies throughout Online access through StudentConsult Concise synoptic clinically focused Highly accessible colour coded layout Comprehensive and authoritative New section on child protection New section on global paediatrics Over fifty new images Thoroughly revised and updated throughout Demonstrating Your Clinical Competence in Women's Health Pam Campbell, Gill Wakley, Ruth Chambers, Julian Jenkins, 2004 Helping nurses to expand their clinical knowledge and enabling them to demonstrate their level of expertise in women's health this work guides nurses towards using the most appropriate evidence to prove their competency **The Nature of Adolescence, 4th Edition** John C. Coleman, 2011-03-28 The new edition of this successful textbook provides an up to date introduction to all of the key features of adolescent development This is an essential text for

anyone studying human development at undergraduate and postgraduate level as well as on postgraduate courses for professionals including teachers social workers health workers counsellors and youth workers

Decoding **Teenage Health Freak**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Teenage Health Freak**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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