



DOOR TO AGING JULY SOCIAL BINGO CHALLENGE

Brought to you by the Aging Coalition of Door County,
dedicated to building connections in the community



Enjoy a local Independence Day event or festival with someone	Teach someone how to play a game you enjoy	Ask someone about their day and really listen to what they say	Pick cherries or visit a local cherry orchard or market with someone	Enjoy a summer music event/ concert with someone
Search out local street art with a friend	Explore a town, city, county or state park with someone	Send someone a birthday or special occasion card	Invite someone to meet for coffee, a drink or a treat	Smile and greet someone you don't know
Take a scenic drive with someone to a different part of the County	Sit back, rest and enjoy nature with a friend or relative	Make up your own social activity	Work on a crossword or other word puzzle with someone	Reminisce with someone about their favorite vehicle
Discover a "new to you" shop or café with someone	Do a "random act of kindness"	Swap favorite summertime recipes with friends or family	Share a bouquet of summer flowers with someone	Select and read a book and discuss with someone
Help someone with a small project	Ask someone about music they enjoy then listen to a few songs	Make plans to view the Tall Ships with someone 7/31 - 8/3	Laugh with someone	Take a walk with someone and pick up trash along the way

To play, mark an X on a completed square. Get a "bingo" by completing all activities in one vertical row, one horizontal row, or a diagonal row from corner to corner.

Your name and address:

Name: _____

Address: _____

City/Zip: _____

Mail Submissions To:

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Do Good Door County
185 E. Walnut St. Suite 119
Sturgeon Bay, WI 54235

For a chance to win, mail your Bingo card by the 30th of the month to the Aging Coalition of Door County (ACDC). Each completed "bingo" earns one entry into the monthly drawing for one of four \$20 Destination Door County Gift Certificates. You can earn additional entries for every 'bingo' on your card.

Prizes will be mailed to each month's winner and the winner's first name and last initial will be posted on the Aging Coalition of Door County website: doortoaging.com

Social Challenge Of Aging

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Social Challenge Of Aging:

The Social Challenge of Ageing David Hobman, 2024-05-10 Although all recorded societies have contained a few people of extreme old age they have been the exception rather than the rule The possibility of one fifth of the total population in retirement from active employment would have been unthinkable at the beginning of the twentieth century and even social planning in the 1970s had made no adequate provision for a society in which one in every twenty five people would be over seventy five and one in every hundred over eighty five within less than a decade In Great Britain in the 1970s however and in many industrialised societies this was now a reality and vast resources would need to be directed towards the support care and treatment of the aged Whilst a growing body of knowledge based upon biological and clinical studies of the ageing process had been accumulated in recent years only a modest investment had been made in social gerontology Originally published in 1978 this book provided a multi disciplinary study of the process of ageing for those in the caring professions as well as for planners and architects whose decisions and designs affected the lives of the elderly It is divided into three parts the first provides a sociological demographic and cultural background to the place of old people in eastern and western societies The second explores the relationship which exists or should exist between a number of professional disciplines and part three considers an interdisciplinary model in practice Today it can be read in its historical context Social Work with the Aging Louis Lowy, 1985 Challenges of Biological Aging Edward J. Masoro, PhD, 1999-07-16 This volume provides the non biologist an overview of what is known about the physiological bases of aging The author examines the many basic theories and emerging hypotheses underlying the molecular cellular and systemic processes involved in senescence He addresses the normal physiological changes that characterize the aging phenotype and also considers the role of many age associated diseases in growing older Masoro synthesizes a much needed unified theory of biological aging to which explains how and why the body grows into the condition we call old This text is intended for gerontology students in training as well as for human physiologists interested in gerontology Issues in Aging Mark Novak, 2015-07-22 Opportunities and optimism in Aging Issues in Aging 3rd edition takes an optimistic view of aging and human potential in later life This book presents the most up to date facts on aging today the issues raised by these facts and the societal and individual responses that will create a successful old age for us all Mark Novak presents the full picture of aging exhibiting both the problems and the opportunities that accompany older age The text illustrates how generations are dependent on one another and how social conditions affect both the individual and social institutions Learning Goals Upon completing this book readers will be able to Understand how large scale social issues social attitudes the study of aging and demographic issues affect individuals and social institutions Identify the political responses to aging and how individuals can create a better old age for themselves and the people they know Separate the myths from the realities of aging Recognize the human side of aging Trace the transformation of pension plans health and opportunities for personal expression and social engagement to the new ecology

of aging today Constructing Global Challenges in World Politics Alina Isakova, Malte Neuwinger, Robin Schulze Waltrup, Oday Uraiqat, 2024-06-24 This interdisciplinary book investigates the problematization of global challenges in world politics by analyzing what they are and how they come to be Offering a conceptual framework including four modes of construction universalizing bundling upscaling and creating urgency this book provides a heuristic method for understanding how the process of rendering an issue a global challenge unfolds It examines the role of the global challenges discourse which may either reinforce or challenge the dominant orders of world politics such as the capitalist market based system and the liberal international order As a consequence the global challenges discourse facilitates the emergence of new actors and policy fields The book will be of interest to students academics and practitioners of global governance international organizations and more broadly international political economy and international relations **Living Arrangements of the Elderly and Social Policy** Kevin G. Kinsella, 1990 Social Geography of Healthy Aging Karin Volkwein-Caplan, Jasmin Tahmaseb McConatha, 2012 The healthy and successful transition to later life can be a difficult experience This book will discuss the historical cultural and social psychological factors that shape the quality of life of older women and men A central premise of the book is that where we live is vital to how we age Thus the book has a look at stories of older women and men who are from different cultural backgrounds Argumentaire de l'ouvrage **Population Ageing and Its Challenges to Social Policy** R. Schoenmaeckers, Irena Kotowska, Council of Europe. Directorate General III--Social Cohesion, 2005-01-01 This publication examines the demographic challenges posed by population ageing trends and the policy implications in relation to health employment public expenditure and social relationships It contains two reports prepared for the European Population Conference held in Strasbourg in April 2005 *The Handbook of Social Studies in Health and Medicine* Gary L. Albrecht, Ray Fitzpatrick, Susan C Scrimshaw, 1999-10-22 Designed for students and professionals in the social sciences and health fields this handbook is easy to use when searching for specific ideas theorists and topics and contains helpful diagrams which make understanding easier overall it provides a wealth of knowledge Healthmatters This is the first international and inter disciplinary social science Handbook on health and medicine Five years in the making and building on the insights and advice of an international editorial board the book brings together world class figures to provide an indispensable comprehensive resource book on social science health and medicine Pinpointing the focal issues of research and debate in one volume the material is organized into three sections social and cultural frameworks of analysis the experience of health and illness and health care systems and practices Each section consists of specially commissioned chapters designed to examine the vital conceptual and methodological practice and policy issues Readers receive not only a complete survey of social science health and medicine in one volume they are further provided with an authoritative guide to methodologies key concepts central theoretical traditions and an agenda for future research and practice The Handbook answers the need expressed by social scientists and medical practitioners for an authoritative inter disciplinary study which

demonstrates the contribution and promise of social science disciplines in the crucial and rapidly changing field of health and medicine The book will also be of interest to nurses students in physical therapy occupational therapy epidemiology primary care and public health The Handbook signals the coming of age of the social sciences in the arenas of medicine and health studies

Social Pedagogy for the Entire Lifespan Jacob Kornbeck, Niels Rosendal Jensen, 2012-06 The ambition of this two volume publication is to illustrate the applicability of social pedagogy as an academic and professional paradigm to work with the most diverse target populations It is launched at a moment when important and highly interesting developments can be observed in the United Kingdom a country without a traditional social pedagogy model has started importing social pedagogy from countries with a social pedagogy tradition Social Pedagogy for the Entire Lifespan illustrates how social pedagogy as a model in theory and practice has been and is currently being used around and across Europe for work with people of all age groups Volume II proposes chapters on work with adults including social problems physical and mental disabilities and older people written by authors based in Belgium Denmark Norway Poland Spain Sweden and Switzerland Readers will find chapters discussing the implications regarding the use of educational theories to conceptualise social pedagogy as well as the relevance of life long learning debates not only in academia but also in politics The global worldwide dimension is covered by a chapter on the relationship between Latin American and European social pedagogy

The European Union Social Policy on Older People in the Light of the Deinstitutionalisation of Social Services Wioletta Knapik, Magdalena Kowalska, Tomasz Masłyk, Danko Moravčíková, 2022-07-11 The authors propose a holistic look at the problem of population ageing and global and regional effort to improve the quality of seniors life and their families through the integration of healthcare social care and senior friendly environment They also concentrate on the senior policy of the European Union and the concept of care farming against the backdrop of social farming Finally they present the results of the two largest studies under the GROWID project They investigated older people s needs against the background of the social services provided by care farms

Contemporary Global Issues in Human Resource Management Mehmet Ali Turkmenoglu, Berat Cicek, 2020-11-18 Focusing on current workplace issues and employee and employer expectations of Human Resource Management in a rapidly changing business environment this book examines current trends of HR practices and expands on current literature

Drug Discovery and Antiaging Approaches for Human Longevity Chen, Jen-Tsung, 2025-05-23 For years antiaging biology and genetics have been advanced through approaches of molecular biology particularly the technologies of high throughput multiple omics AI and accelerated computational biology and RNA based tools such as epigenetic regulation and CRISPR technology It has led to dramatic progress in drug discovery and the development of antiaging medicines and medical strategies The field of research on lifespan extending agents and their underlying molecular mechanisms remains minimal Traditional herbal medicines natural compounds antioxidants metabolites kinase inhibitors nuclear hormone receptors and G protein coupled receptor ligands present promising medical strategies for antiaging

involving CRISPR based therapy gene therapy stem cell therapy and epigenetic drugs Further research into ethical and social issues may reveal effective strategies for antiaging medicines in medical practice Drug Discovery and Antiaging Approaches for Human Longevity explores antiaging biology and technical advancements in drug development for extending the human lifespan It discusses the progress of clinical trials and ethical and social issues in antiaging medicines This book covers topics such as genetics human lifespan and natural medicine and is a useful resource for medical professionals engineers biologists nutritionists academicians researchers and scientists

Aging Together: Designing Services For Distinctive Elderly Requirements Lily Adams, As we journey through life the inevitable process of aging affects us all This insightful book sheds light on the challenges faced by aging individuals and showcases innovative ways to design services that cater to their distinctive requirements With a compassionate and holistic approach the author emphasizes the importance of personalized care understanding that each senior citizen has their own set of needs and preferences Through thought provoking chapters the book highlights the significance of creating age friendly environments that promote a sense of empowerment independence and dignity for the elderly Drawing from a range of case studies and expert insights the author explores practical strategies that can be implemented in various sectors such as healthcare facilities transportation systems and community centers Furthermore Aging Together addresses the vital role of technology in improving the lives of elderly individuals It discusses advancements such as smart home devices wearable technology for health monitoring and virtual communication tools that foster connectivity and enhance the overall well being of seniors By examining the success stories of existing programs and initiatives worldwide readers are inspired to take an active role in reshaping society to meet the distinctive requirements of the elderly Whether you are a caregiver policy maker healthcare professional or simply interested in the welfare of senior citizens this book will broaden your understanding and motivate you to drive positive change It encourages a shift in societal perspective towards a culture that values and supports the elderly ensuring they can age gracefully and with dignity

Perspectives and Theories of Social Innovation for Ageing Population Andrzej Klimczuk, Łukasz Tomczyk, 2020-03-25

The Elderly in Poor Urban Neighborhoods Valerie Slaughter Brown, 2017-10-12 First published in 1997 Considerable research has been done to identify neighbourhood influences on children s affective states motivation and behaviour This population along with the elderly are the nation s largest dependent groups In contrast little research has been done to determine what impact living among poor neighbours has upon older Americans specifically upon their psychological well being and neighbourhood satisfaction In this study the author has sought out to explore this deficit using a sociological standpoint to examine quality of life issues relevant to elderly inner city residents This title will be of interest to students of sociology and urban studies

Research Anthology on Supporting Healthy Aging in a Digital Society Management Association, Information Resources, 2022-02-04 In today s rapidly evolving society there has been an increase in technologies and systems available to support the elderly throughout various

aspects of life We have come a long way in the quality of life we can offer our aging populations in recent years due to these technological innovations medical advancements and research initiatives However further study of these developments is crucial to ensure they are utilized to their utmost potential in securing a healthier elderly population The Research Anthology on Supporting Healthy Aging in a Digital Society discusses the current challenges of aging in the modern world as well as recent developments in medicine and technology that can be used to improve the quality of life of elderly citizens Covering a wide range of topics such as smart homes remote healthcare and aging in place this reference work is ideal for healthcare professionals gerontologists therapists government officials policymakers researchers academicians practitioners scholars instructors and students

Handbook of Research on Multicultural Perspectives on Gender and Aging Pande, Rekha, van der Weide, Theo, 2018-04-27 As people grow older cultural issues arise Recognizing how social influences guide and restrict people leads to a better understanding of one's self and helps people as they age The Handbook of Research on Multicultural Perspectives on Gender and Aging provides emerging research on midlife issues physical aspects of aging and the emotional value in the context of the culture in which people are living While highlighting topics such as elderly disabilities quality of life and gender dimensions this publication explores self-esteem in older members of society This book is an important resource for academicians healthcare professionals researchers and students seeking current research on the social and cultural characteristics of growing old

Older Women in Europe Isabella Paoletti, 2022-09-30 This book is about older women's strength freedom tenacity determination resilience independence social and political involvement and in particular it is about reimagining ageing Older women represent the great majority of older people The book describes instances of age and gender discrimination and examples of social inclusion and protagonism of older women in Europe It solicits a change in perspective focusing on the necessary societal changes to make space to older people and older women in particular How is society going to address age and gender discrimination in social and institutional settings How should work settings change to effectively make space to older workers and in particular older women How should the pension system change How could public health systems could provide effective care to older people and be sustainable This edited collection focuses on older women's rights rather than their needs adopting a human rights based approach

Preservation of older women's dignity autonomy and security is its central topic that is ensuring that their rights are recognised This collection offers insights valuable to a wide array of human rights activists professionals policymakers and social scientists and older women themselves

Aging Reimagined Azhar ul Haque Sario, 2024-12-25 Forget everything you thought you knew about aging *Aging Reimagined* throws out the old rulebook and explores the Third Age that period after middle age with fresh eyes We're living longer We're staying healthier And this book dives deep into what that REALLY means for individuals and society Think of it as your guide to the future of aging We'll cover everything from the booming silver market to the mind-blowing potential of AgeTech We'll explore how to build stronger communities nurture lifelong

learning and even understand the aging brain Plus we ll tackle tough questions about ethics caregiving and finding purpose in this new stage of life Now here s the thing most books on aging focus on the problems The decline The challenges This book It flips the script We uncover the opportunities of the Third Age We explore how to make these years your best yet And we provide a roadmap for building a world where everyone can thrive no matter their age It s a call to action for policymakers researchers and anyone who wants to be part of this exciting new chapter in human history

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