

THE  
**COMPETENT**  
CHILD

JOSEPH M. STRAYHORN

AN APPROACH TO PSYCHOTHERAPY  
AND PREVENTIVE MENTAL HEALTH

# The Competent Child An Approach To Psychotherapy And Preventive Mental Health

**RJ Alexander**



## **The Competent Child An Approach To Psychotherapy And Preventive Mental Health:**

**The Competent Child** Joseph M. Strayhorn, 1988      **The Practice of Child Therapy** Richard J. Morris, Thomas R. Kratochwill, 2008

Consistent with previous editions this book assembles in a single volume summaries of the treatment literature and treatment procedures of the most common childhood behavior disorders facing persons who practice in applied settings clinics schools counseling centers psychiatric hospitals and residential treatment centers Its 16 chapters cover the historical context of child and adolescent therapy obsessive compulsive disorders childhood depression childhood fears phobias and related anxieties attention deficit hyperactivity disorder academic problems conduct disorder somatic disorders autism spectrum disorder intellectual disabilities children medically at risk sexual and other abuse of children child and adolescent psychopharmacotherapy prevention and child therapy and the law Key features include Treatment Orientation Although some chapters include a discussion of theoretical issues the primary emphasis is on intervention techniques and strategies for changing various behavior and learning problems Case examples are often used to illustrate treatment procedures Empirical Orientation While most authors have adopted a broad based behavioral or cognitive behavioral orientation they were encouraged to review the entire treatment literature and to construct their presentations on the basis of empirically supported treatment techniques and procedures Psychopharmacotherapy Chapter The chapter on child and adolescent psychopharmacotherapy focuses on psychopharmacological interventions rather than on which drugs should be prescribed for specific behavior or learning problems Author Expertise Each chapter is written by experts who are well qualified to discuss treatment practices for the specific topic under discussion This book is intended for individuals who have entered or plan to enter the mental health profession or such related professions as counseling special education nursing and rehabilitation It is especially useful for individuals taking child and adolescent therapy and intervention courses and practicum courses Finally it is suitable for persons who work in applied settings including clinics schools counseling centers psychiatric hospitals and residential treatment centers

Handbook of Child and Adolescent Treatment Manuals Craig W. LeCroy, 1994

In the field of child and adolescent therapy there are numerous books describing theories and techniques of treatment Until now there has been no clear presentation of how such theories translate into day to day practice Craig LeCroy offers specific treatment manuals for carrying out particular programs including group treatment for children of divorce for social skills training and for the prevention of drug use as well as treatment of childhood anxiety and depression of academic problems of conduct disorders and for anger management among others Each treatment manual is based on extensive field testing by the author The Handbook of Child and Adolescent Treatment Manuals provides practitioners students and researchers with specific methods and procedures used with children and adolescents Each chapter is a specific treatment guide that has been tested and carefully refined through use presenting concrete step by step instructions for effectively treating various child and adolescent behavior problems The book covers the major clinical

disorders and social problems facing children and adolescents as well as new developments and refinements in the treatment of these problems Experts in the field provide descriptions of treatment approaches for rational emotive therapy with children social skills training anger control training adolescent relapse prevention divorce adjustment groups parent adolescent conflict and more The Handbook of Child and Adolescent Treatment Manuals is designed to be an important reference handbook for practitioners in various child and adolescent settings including schools mental health clinics residential treatment centers group homes family service agencies and juvenile correction centers BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved      Comprehensive Handbook of Psychotherapy, Interpersonal/Humanistic/Existential Florence W. Kaslow, Robert F. Massey, Sharon Davis Massey, 2004-01-30 Now available in paperback In this volume theoretical frames modalities and applications are examined for Interpersonal Humanistic Existential psychotherapy Topics range from Culturally Sensitive Psychotherapy with Children to Spiritually Sensitive Therapy and Existential Treatment with HIV AIDS clients      **Juvenile Sexual Offending** Gail Ryan, Tom F. Leversee, Sandy Lane, 2011-02-02 Praise for previous editions of Juvenile Sexual Offending A stimulating presentation of clinical thinking that demonstrates why the authors are leaders in the juvenile sex offending field Jim Breiling National Institute of Mental Health Juvenile Sexual Offending provides a comprehensive in depth look at the juvenile sexual abuser and assessment and treatment issues The increase in sexual abuse by adolescents makes this book a must for professionals whose work brings them into contact with juvenile sexual abusers Robert E Longo Serendipity Healing Arts This book should be required reading for everyone providing services to adolescents who have committed sexual offenses and to their families It remains the seminal text from which a framework for assessment treatment and aftercare are gleaned Joann Schlada Resources for Resolving Violence This classic text sets the foundation for working with juveniles who have sexually offended The new edition of Juvenile Sexual Offending provides a research based goal oriented approach to the assessment treatment supervision and care of this difficult population Written by leading specialists in the field the Third Edition represents the tremendous strides in research on brain growth and development A thorough overview of the process of risk evaluation is included as well as detailed and practical guidelines on gauging the possibility of repeated offense Also included New chapters on legislative and policy developments risk assessment adult responsibilities and outcomes pairing risk management with health promotion Greatly expanded coverage of treatment including new chapters on abuse specific and offense specific treatment interventions and the effects of trauma Practitioner friendly guidance to help mental health professionals with decision making program development case management skills and working within multidisciplinary teams Juvenile Sexual Offending Third Edition helps mental health professionals child welfare law enforcement and juvenile justice professionals move toward successful assessment and treatment of juveniles who sexually abuse reducing the risk of sexual abuse in future generations      **Resiliency** Bonnie Benard, 2004 A few years ago resiliency theory was relatively new

to the fields of prevention and education Today it is at the heart of hundreds of school and community programs that recognize in all young people the capacity to lead healthy successful lives The key as Benard reports in this synthesis of a decade and more of resiliency research is the role that families schools and communities play in supporting and not undermining this biological drive for normal human development Of special interest is the evidence that resiliency prevails in most cases by far even in extreme situations such as those caused by poverty troubled families and violent neighborhoods An understanding of this developmental wisdom and the supporting research Benard argues must be integrated into adults vision for the youth they work with and communicated to young people themselves Benard s analysis of how best to incorporate research findings to support young people is both realistic and inspirational It is an easy to read discussion of what the research has found along with descriptions of what application of the research looks like in our most successful efforts to support young people

**A Quarter Century of Community Psychology** Tracey A. Revenson,Anthony R.

D'Augelli,Sabine E. French,Diane Hughes,David E. Livert,Edward Seidman,Marybeth Shinn,Hirokazu Yoshikawa,2011-06-27 This work contains original research from the first 25 years of the American Journal of Community Psychology selected to reflect community psychology s rich tradition of theory empirical research action and innovative methods This volume will be of interest to community mental health workers social science and social work researchers health care professionals policymakers and educators in the fields of community and preventative psychology

*Handbook Of Child And Adolescent Outpatient, Day Treatment* A Harinder S. Ghuman,Richard M. Sarles,2013-06-17 In the past few years there has been a major shift in the mental health care of child and adolescents from inpatient care to non hospital community ambulatory settings Economic pressures have primarily driven this change in service delivery Insurance companies and managed care organizations have not only restricted access to hospitalization and limited length of stays but additionally have sharply reduced reimbursements for treatments State and federal policies for inpatient treatment and reimbursement have followed similar trends As a result mental health planners have attempted to develop programs to deal with this trend of restricted inpatient care shifting treatment of children and adolescents to home and community settings Some of these new programs are well planned and others are hastily planned and implemented The pitfall to this community approach is that there is a population of chronically disturbed children and adolescents and highly stressed parents often lacking adequate personal and family resource who may not respond to these new less restrictive less costly community approaches which potentially may lead to an unsafe and dangerous situation for the child adolescent family and the community With this in mind the purpose of this book is to provide comprehensive and up to date information regarding child and adolescent outpatient day treatment and community psychiatry The emphasis of this book is to provide practical knowledge through clinical case illustrations and to explain various strategies in a detailed fashion

**Social Work Practice** Eileen D. Gambrill,2006-02-23 Part I Getting Oriented1 Social work An introduction2 Clients and services3 Values ethics and obligationsPart II Thinking about knowledge

and how to get it4 Different views of knowledge5 Critical thinking Values knowledge and skillsPart III Thinking about problems and causes6 Competing views of problems and causes7 Taking advantage of research findings about behavior and how it is influenced by the environmentPart IV A problem solving practice model8 Problem solving and decision making Integral to helping clients9 Evidence based practice A problem solving process and philosophy10 Posing questions and searching for answers11 A bare bones guide to critically appraising practice related researchPart V Getting started12 Contextual assessment13 Beginning A procedural guide14 Engaging clientsPart VI Relationship skills15 Interpersonal helping skills16 Handling challenging social situationsPart VII Gathering and organizing information17 Where to look Deciding how to gather needed information18 Observation Learning to see19 Reviewing resources and obstacles20 Putting it all togetherPart VIII Selecting plans and assessing progress21 Selecting and Implementing service plans22 Evaluating outcomes as integral to problem solving23 Planning for endingsPart IX Intervention options24 Education and skill building25 Helping clients learn positive behavior change skills26 Working with groups and families27 Working with organizations and communitiesPart X The long run28 Maintaining skills and staying happy in your workReferences Index

*Change Processes in Child Psychotherapy* Stephen R. Shirk, Robert L. Russell, 1996-08-02 This groundbreaking work advances a developmental perspective on both the basic processes of therapeutic change and the classification of childhood problems offering a novel approach to the search for effective treatments for children Generating a new flow of ideas between clinical practice and empirical research the volume revitalizes basic modalities such as psychodynamic play and cognitive therapies by identifying the core ingredients that enhance and retard the processes of change The authors also demonstrate the limitations of utilizing diagnostic labels as the basis for assessing treatment efficacy arguing instead for an integrative approach that links methods of intervention with a case relevant analysis of the child s emotional interpersonal and cognitive development This book will appeal to clinical and school psychologists psychiatrists social workers and other clinicians working with children as well as researchers in the field It also serves as a text in graduate level courses on child treatment and child psychopathology

[National Library of Medicine Current Catalog](#) National Library of Medicine (U.S.), 1988

*Engaging Boys in Treatment* Craig Haen, 2011-03-07 Traditional therapy can often be an off putting experience for boys as it is in direct opposition to the ways they generally interact and connect with others This book explores a variety of creative approaches that professionals can use to enhance the clinical experience and better reach their young male clients Chapters discuss the theory behind and implementation of various creative approaches to therapy with boys such as play therapy including sports movement and gross motor activity animal assisted therapy the use of video games and computers the use of superheroes in role play metaphor and play therapy and art therapy Attention is also given to methods for working with several subgroups of boys that require specialized treatment approaches including gender variant and sexual minority boys and boys with ADHD The first book of its kind mental health professionals will find this a comprehensive and highly valuable text to help them

understand help and support boys and their development      *Child, Youth and Family Health: Strengthening Communities* Margaret Barnes, Jennifer Rowe, 2013-05-01 A fresh new e book edition focusing on the importance of collaboration between healthcare professionals and the community The second e book edition of Child Youth and Family Health builds its focus on the importance of a collaborative partnership between healthcare professionals and members of the community This approach is vital in supporting maintaining and strengthening individual and community health across a range of contexts and life stages Child Youth and Family Health 2e e book begins by discussing issues and challenges in child youth and family health before addressing contexts for nursing and midwifery all of which helps readers apply theory to practice This community healthcare textbook offers additional insight into the importance of the healthcare professional's role when working with children young people and their families and looks at practical approaches such as program development supporting family transitions and mental health promotion There are three new chapters Communication with children young people and families a family strengths based approach Acute illness Care for the child and their family and Health promotion through early childhood along with a range of clinical scenarios research highlights practice highlights and critical questions and reflections Written by authors who are nurses midwives early childhood educators and academics along with a respected team of contributors and editors Child Youth and Family Health 2e provides an engaging perspective on the fundamental challenges and issues affecting the health and wellness of infants children young people and their families in Australia and New Zealand Clinical Scenarios integrated throughout to provide context for practice Research highlights provide examples of the most recent research and evidence based practice Practice highlights feature up to date examples of best practice policies and procedures in Australia and New Zealand Key Points summarise the main issues in each chapter Critical questions and reflection feature at the end of each chapter as a tool for tutorials Useful Resources provide weblinks for up to date data statistics organisations and programs Extensive references provide for further reading and research Chapter 5 Communication completely revised with a family strengths approach New Chapter 8 Health promotion through early childhood New Chapter 9 Acute illness Care for the child and their family Completely revised and updated with current statistics and data Inclusion of contemporary public health policy Inclusion of contemporary legislative and regulatory frameworks for health professionals      *Strengths-Based School Counseling* John P. Galassi, 2017-07-05 Despite calls for a more preventive and developmental mode of functioning school counseling has tended to be driven by a reactive and sometimes crisis orientation Like social workers and school counseling and clinical psychologists school counselors typically function to alleviate deficits often in a small percentage of the students they serve Although this orientation has served school counselors well in many instances it is not empowering it does not serve all students and it does not replace those deficits with the type of positive characteristics and abilities that schools are attempting to develop This is the first book to provide a comprehensive look at the theory research and intervention strategies that comprise a strengths based

developmental approach to school counseling In keeping with ASCA recommendations the Strengths Based School Counseling SBSC framework discusses academic personal social and career development outcomes for all students at the elementary middle and secondary school levels Other key features include integrative framework SBSC builds upon contemporary research from a variety of areas school counseling developmental psychology school psychology education positive psychology resiliency and social work evidence based interventions detailed examples of successful evidence based interventions and environments are presented at the elementary middle and high school levels for each major developmental area academic personal social and career identified in ASCA s National Model readability and pedagogy beautifully written the text includes lists of key points tables of student strengths illustrative examples and student exercises *Current Catalog* National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70 Constructive Therapies Michael F. Hoyt,1997-07-04 Recognizing that clients are unique and resourceful creators of their own realities this hands on guide promotes skills that help clinicians meet the demands of the current health care environment Contributors representing a range of specialties demonstrate how they assist clients to achieve desired goals using actual case examples that provide a vivid sense of what these noted authorities do and why they do it Topics covered include enabling clients to draw on their own strengths and competencies staying on track in brief therapy asking solution oriented questions utilizing such techniques as role playing reframing story telling acknowledgment humor and encouragement in resolving conflict helping clients access valuable resources that may have been compartmentalized as a result of physical or sexual abuse supporting clients in freeing themselves from maladaptive patterns such as eating disorders and more Note This book was previously published in hardcover See the hardcover listing for the original copyright date *Social Work Practice* Eileen Gambrill,2012-12-06 The first textbook to emphasize the importance of critical thinking skills to practice this third edition of the classic Social Work Practice retains its unique focus on thinking critically about decisions that social workers make daily Organized around the phases of helping this hands on introduction highlights the decision points that social workers encounter during assessment intervention and evaluation This text together with its companion website provides students with a wealth of hands on exercises for developing and assessing their practice skills Most importantly it helps students enhance client well being by becoming critical thinkers and evidence informed practitioners **101 Favorite Play Therapy Techniques** Heidi Kaduson,Charles Schaefer,1997-03-01 Building on children s natural inclinations to pretend and reenact play therapy is widely used in the treatment of psychological problems in childhood 101 Favorite Play Therapy Techniques incorporates methods developed to elicit the best responses from children by therapists representing cognitive behavioral psychodynamic and other orientations and selected for their practicality specificity and originality Arranged for easy reference each bearing a succinct description and targeted application the interventions illustrated\_ including Fantasy Storytelling Expressive Arts Game Play Puppet Play Play Toys and Objects and Group Play\_have been used with success to



address such common problems as low self esteem and unresolved fear and anger as well as more serious difficulties arising from loss abuse and sexual trauma All the contributors share the enthusiasm and respect of editors Kaduson and Schaefer for the special value of play therapy in reaching and healing young patients Together they have created an eclectic accessible and comprehensive resource for students and professionals that will also support parents seeking to open new lines of communication with their children A Jason Aronson Book      *Winning Cooperation from Your Child!* Kenneth Wenning,1999-09-01 *Winning Cooperation from Your Child* provides parents and therapists with a comprehensive home based behavioral recovery program for oppositional defiant and aggressive children In response to the national epidemic of defiant and aggressive behavior Kenneth Wenning offers a range of specific techniques to promote cooperative behavior in children This unique book can be used either as a self help resource for parents or to support a collaboration between a parent and a therapist toward a common goal a child s rapid behavioral recovery These methods will enable parents to help defiant children develop psychological armor and behavioral and emotional control when provoked teased or frustrated as well as prevent parents from overreacting or underreacting to the child s disobedience The aim is to nurture in the child the capacity for accurate self reflection a prerequisite for taking responsibility for his or her own actions      American Journal of Psychotherapy ,1947

Delve into the emotional tapestry woven by Emotional Journey with in **The Competent Child An Approach To Psychotherapy And Preventive Mental Health** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; it's a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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