

Garlic Lemon Shrimp & Zucchini Noodles



Ingredients:

- 2 cups Spiral zucchini
- 1 tbs Olive Oil
- 2 Fresh garlic cloves minced
- 10 oz shrimp
- 1 tomato diced
- 1 Lemon
- ½ cup chopped parsley
- Morton Lite Salt
- Black Pepper
- Jalapeño or Crushed Pepper(optional)

Instructions:

1. Cut your zucchini into noodles with a spiralizer
2. Spray pan with Pam Original. Lightly brown minced garlic
3. Add the zucchini in the pan with salt and pepper. Turn the heat up to medium.
4. Toss and sauté for 4 minutes
5. Push the noodles to the side.
6. Add shrimp and squeeze half the lemon over the shrimp. Cook for 5-10 minutes.
7. Turn the heat off, squeeze the other half a lemon over the whole meal, and toss in the tomato, fresh parsley, and olive oil.
8. Place in a bowl and enjoy!

Makes 2 servings

Slim For Life For Children Regime And Recipes

LL Leslie



Slim For Life For Children Regime And Recipes:

Slim For Life For Children Regime And Recipes: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous compelling novels enthralling the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the engaging narratives that have charmed audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Slim For Life For Children Regime And Recipes : Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Pape, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is an exceptional and thrilling novel that will keep you guessing until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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