# Meditation as a Healing Response to Trauma

An Online Symposium & Workshop hosted by Meditatio

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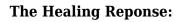
Thursday 15 and Friday 16 October 9am—12 noon Eastern Time (2—5pm UK time)

Leaders in the field of meditation, mind-body medicine and global mental health explore meditation as a healing response to trauma.

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# **The Healing Reponse**

Chih-Chang Chu, J. Anthony von Fraunhofer, Howard P. Greisler



Enjoying the Melody of Expression: An Psychological Symphony within The Healing Reponse

In some sort of taken by screens and the ceaseless chatter of quick interaction, the melodic beauty and emotional symphony created by the prepared word frequently disappear into the backdrop, eclipsed by the relentless noise and interruptions that permeate our lives. Nevertheless, located within the pages of **The Healing Reponse** a wonderful fictional prize filled with natural emotions, lies an immersive symphony waiting to be embraced. Crafted by a wonderful musician of language, that interesting masterpiece conducts visitors on an emotional trip, well unraveling the hidden melodies and profound influence resonating within each carefully constructed phrase. Within the depths of this touching assessment, we will explore the book is central harmonies, analyze their enthralling publishing style, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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