

*A Supportive Guide to Breaking Free
from Chronic Discontent*

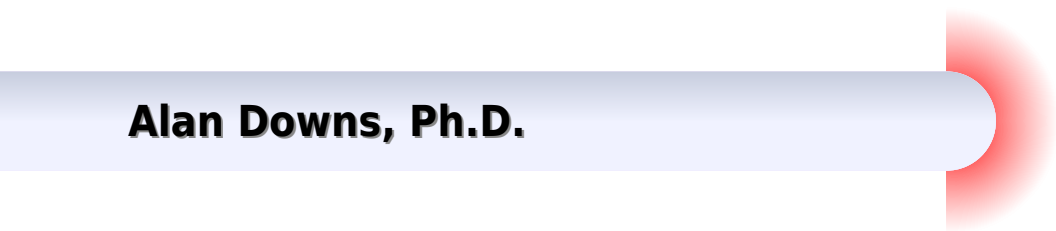
*The
Half-Empty
Heart*

Alan Downs, Ph.D.

Author of Why Does This Keep Happening to Me?

The Half Empty Heart A Supportive Guide To Breaking Free From Chronic Discontent

Alan Downs, Ph.D.



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