

Para quienes se han iniciado (o están por hacerlo) en el pensamiento y las técnicas terapéuticas de Carl R. Rogers, este trabajo es casi imprescindible. Escrito por encargo de la American Psychological Association, expone una codificación del sistema rogeriano "centrado en el paciente", el cual constituye un marco conceptual de objetivos científicos amplios y ejerce una amplia influencia más allá de su propio campo.

Se desarrollan aquí tres teorías: una teoría de la personalidad, una teoría de las relaciones interpersonales (que se benefician con un análisis de mayor extensión) y una teoría de la terapia (posiblemente la más sólida). Todas convergen en la búsqueda de una teoría fuertemente integrada y abarcadora. Todas esperan con este fin las discusiones problemáticas, los aportes futuros.



Psicología Contemporánea

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Traducción de Antonio Campana y Ofelia Castillo



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Terapia, personalidad y relaciones interpersonales

Carl R. Rogers



Nueva Visión

INTRODUCCIÓN

Como siempre he descubierto que la comprensión puede obtener la personalidad y la conducta, resulta apurante que en este caso me sea obligado a recordar al lector de lo general comprendido que ocurren una medida formal. Algunos que creen siempre que habla solamente de necesidad de tener en cuenta una formulación más efectiva y actualizada de las teorías clásicas y la terapia centrada en el cliente. No obstante, mi propósito habría quedado poco sirio por ser el diseño de las breves introducciones, de los cuales surgen de un período formal de la American Psychological Association para que presentaran una formulación sistemática de este mismo tema, como introducción al estudio que seguidamente sobre él continúa y desarrolla de la psicología en los Estados Unidos. La idea de sistemas o teorías interrelacionadas que presentaban formulaciones propias teóricas, así como también la posibilidad de usar, en la medida de lo posible, una medida común, es presentación como una obligación y una oportunidad que no pueden rechazar. Por ese motivo, me parece tentante de este trabajo —a lo que estoy más orgulloso— la que me llevó a escribir el presente ensayo sobre y no todo suficiente.

El tema de la teoría. No se puede comprender cabalmente ninguna teoría sin poseer algún conocimiento del desarrollo cultural y personal del cual surge. Por lo tanto una comprensión que el pri-

Terapia Personalidad Y Relaciones Interpers

Terry C. Jones

Terapia Personalidad Y Relaciones Interpers:

Enfoque centrado en la persona: bibliografía en español Alberto S. Segrera, 1997

Terapia, personalidad y relaciones interpersonales, 1982

Terapia, personalidad y relaciones interpersonales Carl R. Rogers, 1985

Mexican Solidarity Jacqueline Butcher, 2009-11-27 During the nearly 20 years of its existence the Centro Mexicano para la Filantropia A C Cemefi acronym in Spanish for the Mexican Center for Philanthropy has promoted a varied agenda of research about civil society in Mexico Cemefi has produced and published information on the characteristics of the social organizations that make up the Mexican nonprofit sector as well as information about the type of legal fiscal and economic factors that promote or hinder organized citizen participation based on the principles of solidarity social responsibility and philanthropy Once again with the aim of bringing together information regarding the importance of practices of solidarity in the country Cemefi has decided to contribute to understanding making known and ultimately promoting volunteer action and acts of solidarity undertaken by citizens in this country The end result of this effort is portrayed in this book Mexican Solidarity Citizen Participation and Volunteerism edited and coordinated by Doctor Jacqueline Butcher It is the product of a joint effort on the part of different people and institutions with a common goal finding out about the characteristics of volunteerism and in general citizen participation in acts of solidarity in Mexico

Manual de relación de ayuda

integrativa Jesús Madrid Soriano, 2014-03-04 Esta obra es un intento vigoroso de traducir e integrar las principales cuestiones que ocupan y preocupan a los profesionales de la ayuda social gica frecuentemente complejas y explicadas en términos muy para especialistas a unos esquemas claros sistemáticos y asequibles para un número creciente de personas interesadas en la Relación de ayuda aunque procedan de otros campos de las ciencias humanas El Modelo Conjuntivo de ayuda presenta un modelo rico amplio que permite integrar fácilmente las aportaciones y líneas de diferentes modelos terapéuticos Se inscribe dentro del Movimiento integrativo de la psicoterapia que tanta pujanza ha tomado en las tres últimas décadas Este libro se dirige especialmente a los estudiosos de Psicología Trabajo Social Terapia familiar Counseling Pastoral Responsables de formación de ONGs y para aquellas personas que están interesadas en ayudar a los demás no sólo con el corazón y la buena voluntad sino también con la inteligencia y las aportaciones de las ciencias humanas

Análisis funcional de la conducta humana María Xesús Froxán Parga, 2020-10-01 En esta obra se hace un recorrido completo por el análisis funcional de la conducta humana desde su nacimiento en el seno del análisis experimental de la conducta hasta sus aplicaciones en el campo clínico En el libro se abordan en profundidad las controvertidas cuestiones filosóficas que apoyan las distintas conceptualizaciones de la conducta y de lo mental y se defiende un modelo esencialmente psicológico que aborda todos y cada uno de los aspectos de la conducta humana en su complejidad Asimismo se explica extensamente y en detalle el proceso para analizar funcionalmente cualquier conducta incluyendo los conceptos de aprendizaje indispensables para llevarlo a cabo Así se dedican dos capítulos al análisis funcional del lenguaje y el control que ejerce sobre la conducta humana

Se propone una conceptualización de los términos pseudoexplicativos que pueblan la psicología y el lenguaje común con base en los fundamentos teóricos y experimentales del análisis de la conducta. A continuación se presenta un análisis de las prácticas culturales incluyendo cuestiones de ecología y libertad mostrándose la indudable utilidad del análisis funcional para estudiar las conductas sociales algo frecuentemente ignorado. La obra finaliza con una amplia selección de casos clínicos con un pormenorizado análisis funcional de las distintas conductas problema, un planteamiento del tratamiento y recomendaciones para optimizar la interacción terapéutica. Además se incluye un extenso glosario con la definición de los términos fundamentales del análisis funcional.

PARA CONTINUAR LA VIDA Gloria Sierra Uribe, 2011-11-17 **Modelo floral procesal** Cristián Bosco, 2018-10-16 Se realiza un análisis crítico de las fuentes de información y los distintos discursos elaborados respecto a las esencias florales dentro del mundo de la salud y el desarrollo académico de la psicología en Chile en conjunto con la integración de algunos elementos teóricos afines del enfoque Procesal Experiencial y la propuesta teórica y filosófica de Edward Bagch. Presenta as una propuesta de modelo de intervención que sustenta teóricamente para el uso de las esencias florales dentro del espacio psicoterapéutico como elementos coadyuvantes que permitan la contingencia o movilización de aspectos emocionales en el consultante.

El Libro Negro de los Autodenominados Neurocientíficos Pedro Antonio Kolev, 2024-07-01 El presente libro resulta una ponencia que intenta resolver las desmesuradas como erróneas faltas conceptuales expuestas en sus críticas hacia el Psicoanálisis por los autodenominados neurocientíficos. Con un enfoque riguroso el autor deconstruye y cuestiona las ideas con las que se intenta atacar la práctica y la teoría psicoanalítica mostrando la validez y profundidad del Psicoanálisis frente a una visión superficial y reduccionista desde un supuesto conocimiento científico que pretende adscribirse como Neurociencia.

La psicoterapia frente al bienestar y al malestar (Psicoterapia y diálogo interdisciplinario) Bárbara Marcela Álvarez Avilés, Marina Ayo Balandrano, María Gabriela Castro Soto, Eugenia Catalina Casillas Arista, Sofía Cervantes Rodríguez, Jorge González García, Salvador Moreno López, Antonio Sánchez Antillón, Luis Miguel Sanchez Loyo, Víctor Manuel De Santiago Sánchez, 2015-11-17 El bienestar y el malestar están inseparablemente unidos. Uno no se puede entender sin el otro. El desafío para la psicoterapia es en comprender la relación dialógica entre estos dos estados psicosomáticos en el ser humano y actuar en consecuencia para apoyar el desarrollo de modos de vida saludables armónicos funcionales y plenos. A partir de una perspectiva amplia abierta e interdisciplinaria este volumen se enfoca en lograr una mejor comprensión de las diferentes dimensiones presentes en la situación de los consultantes y la búsqueda de las mejores rutas de acceso a la intervención en favor del bienestar personal y social. Para ello se abordan desde los aspectos teóricos de los debates en torno al bienestar hasta las cuestiones subjetivas que impactan en el ser humano y las alternativas psicoterapéuticas para propiciar el que se alcance este estado ideal en aspectos como la vida cotidiana y familiar así como para sobrellevar situaciones de duelo o confrontar conductas suicidas ya sea por la atención directa y la práctica clínica o a través de la interacción con el paciente mediante la novedosa ciberterapia.

Una obra recomendable para profesionales de la psicoterapia y la salud psicosocial as como para estudiantes y docentes en este campo ITESO *Enfoques Humanístico Existenciales Y Un Modelo Ecléctivo* María Luisa Naranjo Pereira,2011

Psicología de la esperanza Mario Pereyra,2020-11-24 La obra resume la extensa trayectoria intelectual acad mica y cl nica del autor de treinta a os de duraci n en la investigaci n de la esperanza Presenta los fundamentos epistemol gicos de la esperanza y deriva el marco te rico referencial a partir de la cosmovisi n b lica Se precisan los contenidos sem nticos en una definici n operativa de la esperanza desesperanza integrada por ocho dimensiones dial cticas b sicas Se operacionaliz el concepto y se construy un instrumento de evaluaci n v lido y confiable el Test de Esperanza Desesperanza TED Luego de varios a os de aplicaciones al realizarse un metan lisis se revis la prueba y surgi el TED R nico medio cient fico de evaluaci n de la esperanza trascendente Con esos instrumentos TED y TED R se realizaron 50 investigaciones sobre unos 8500 casos referidos a una amplia gama de temas muestras y variables que puso de man esto el car cter salut fero de la esperanza y las asociaciones de la desesperanza con diversas patolog as Se presentan las aplicaciones cl nicas de la esperanza de alto grado de eficacia lo que con gura un tipo de psicoterapia original que trae aportes a la estrategia a las t cnicas y a las caracter sticas personales del terapeuta Finalmente se sintetizan los estudios sobre la esperanza trascendente los cuales tienen la originalidad de ser las nicas investigaciones cient ficas sobre el tema La esperanza trascendente es la forma suprema de la esperanza por su legitimidad l gica su car cter ilimitado y su valor perfecto

Salud y prevenci n Francisco Javier López

Fernández,Ariana Expósito Gázquez,2016-12-12 CAP TULO 1 LA DIETA MEDITERR NEA EL ELIXIR DE LA ETERNA JUVENTUD valos L pez Inmaculada Mart nez Pulgar Nuria y Fern ndez Gil Miguel ngel CAP TULO 2 RELACI N ENTRE DISFUNCI N OCUPACIONAL Y VOLICI N PARA EL DESEMPE O SALUDABLE DE OCIO Castellano Ram rez Julio Contreras Parody Mar a Isabel y Hurtado Montiel M Dolores CAP TULO 3 FACTORES ASOCIADOS AL TABAQUISMO PASIVO EN NI OS Y ADOLESCENTES ASM TICOS EN UNA LOCALIDAD DE SANTIAGO DE CUBA Dagnesses Fonseca Javier scar CAP TULO 4 B SQUEDA DE SALUD Y RELIGION De la Poza Rodr guez M Azahara Portero Salvador Noelia y Jim nez Rodr guez Juan Manuel CAP TULO 5 SALUD Y REMEDIOS POPULARES De la Poza Rodr guez M Azahara Portero Salvador Noelia y Jim nez Rodr guez Juan Manuel CAP TULO 6 EDUCACION SANITARIA EN LA PREVENCION Y ABORDAJE DE LA INCONTINENCIA URINARIA FEMENINA Fern ndez Rodr guez Vanesa D az Cortes Mar a del Mar y Fern ndez Bar n A da CAP TULO 7 TERAPIA DE COMPRESION EN LAS ULCERAS VENOSAS Y CALIDAD DE VIDA Gab n Benete Montserrat Mart nez Ferr n C ndida y Godoy Pastor Silvia CAP TULO 8 CALIDAD DE VIDA F SICA Y PSICOL GICA PERCIBIDA POR LAS PERSONAS INMIGRANTES QUE TRABAJAN EN LA RECOGIDA DE LA FRESA EN HUELVA Garrido Piosa Mar a Nasser Laaoula Ossama y Moreno Gallardo Ana Mar a CAP TULO 9 C MO ES LA CALIDAD DE VIDA SOCIAL Y AMBIENTAL DE LAS PERSONAS INMIGRANTES QUE TRABAJAN FUERA DE SU PA S Garrido Piosa Mar a Nasser Laaoula Ossama y Moreno Gallardo Ana Mar a CAP TULO 10 CONTROVERSIAS SOBRE LA ALIMENTACI N ENTERAL EN PACIENTES CON DETERIORO

COGNITIVO GRAVE EN LA CICATRIZACIÓN DE LAS LECERAS POR PRESIÓN Godoy Pastor Conchita Medina Robles M Isabel y Carretero Gómez Ana María Capítulo 11 LA INSATISFACCIÓN LABORAL Y EL SÍNDROME DEPRESIVO Godoy Pastor Conchita Medina Robles M Isabel y Carretero Gómez Ana María Capítulo 12 HIPERTENSIÓN ARTERIAL C **Psicología popular de la esquizofrenia** Ernesto Flores Sierra, 2020-10-22 Esta apuesta no implica relegar el valor científico de la creación teórica y práctica lo que se afirma es una crítica al modelo positivista y se propone la creación de una ciencia psicológica que se afirme en otros postulados epistemológicos científicos históricos basados en la praxis Quien busque encontrar en la psicología popular modelos positivistas de explicación y creación encontrar que hay otras formas de construir ciencia ciencia histórica ciencia social ciencia científica y creadora La propuesta del presente texto consiste en identificar en la esquizofrenia un relato ideológico del poder que armado de un discurso científico ha construido a esta condición humana en una enfermedad que cataloga a las personas esquizoides como enfermos para justificar por un lado la represión y el control social sobre toda conducta que atente contra el orden impuesto y además que convierte al sujeto psicotizado en el chivo emisario de todo el malestar social resultado de una sociedad que se levanta sobre la alienación de los seres humanos El capitalismo es un sistema que se levanta sobre la acumulación de capital la misma que se produce cuando el obrero enajena su fuerza de trabajo para producir mercancías la misma que producen una plus ganancia que no le es devuelta al trabajador que luego se convierte en capital y que se enfrenta al obrero como trabajo muerto alienando al sujeto de su trabajo y el producto de su trabajo La sociedad capitalista por tanto es una sociedad estructuralmente alienante y esquizofrenizante y todos aquellos que somos separados de nuestro trabajo estamos esquizofrenizados **Cielo azulado. Psicología y psicoterapia humanista y transpersonal**, 2012 Esta obra congrega a un selecto grupo de especialistas en estas corrientes quienes abordan cuestiones no solo teóricas o técnicas sino también testimoniales y otras referidas al desarrollo personal y transpersonal espiritual incluyendo tipos de la especialidad escasamente tratados como la terapia infanto juvenil o de parejas desde una perspectiva Humanista Transpersonal Contracubierta **La orientación individual en contextos educativos** Raquel Bermúdez Morris, 2021-04-06 Abarca en cuatro capítulos la orientación individual comunicación y fuentes de conflictos entre otros temas en el contexto educativo **LECTURAS DE HISTORIA DE LA PSICOLOGÍA** FERRÁNDIZ LLORET Alejandra, LAFUENTE NIÑO Enrique, LOREDO NARCIANDI José Carlos, 2014-02-13 Esta pequeña antología pone a disposición de sus lectores un puado escogido de piezas de autores significativos para la Historia de la Psicología Con ella se aspira a ofrecer una visión más próxima de sus planteamientos e ideas de lo que la distanciada exposición de los manuales hace posible Se pretende así facilitar el acceso al estilo intelectual y literario de los principales autores clásicos así como de otros contemporáneos que acaso lleguen a serlo pronto **Counseling centrado en la persona** Dave Mearns, Brian Thorne, 2020-07-07 Este libro invita al lector a la experiencia viva del counseling centrado en la persona Por sus contenidos teóricos y sus ejemplos prácticos es de interés para consejeros experimentados y en formación así como para profesionales y estudiantes de diversas

orientaciones psicoterap uticas Su lectura tambi n es til para posibles consultantes particularmente para quienes tuvieron la experiencia desafortunada de encontrarse con profesionales de la ayuda que fueron renuentes a encontrarse con ellos como personas Esperamos alentar a los lectores a reflexionar sobre sus propios procesos terap uticos ya sea como counselor o como consultante y deseamos que se contagien del entusiasmo que sentimos cuando intentamos expresar la belleza y el misterio del encuentro personal que llamamos counseling Sabemos que el intento ser infructuoso porque s lo la poes a en su m s rica expresi n puede verdaderamente capturar tal belleza y penetrar en el coraz n del misterio Dave Mearns y Brian Thorne

Convergencia educativa y diversidad cultural en el EEEES,2012-05-01 Hereby we present the results of our Doctorate research in the frame of European university convergence towards the European Higher Education Area EHEA whose implementation means unifying educational criteria approaches methodologies programmes credit systems and degrees in the 47 participant countries giving at the same time a positive appreciation to the cultural diversity involved and to its adequate treatment as essential factors for quality An educational system at the same time reflects and helps to conserve and transmit the culture of a particular country In all cases members of a cultural and academic community share a number of fundamental values that people from other cultures have to discover recognize identify get to know understand accept learn assume and develop in order to feel fully integrated and be able to interact on equal terms conditions and therefore achieve the results and success desired What does it mean to be a good Higher Education professor in increasingly international multilingual and multicultural learning environments What perceptions do international students have on this profile considering that they come from different learning traditions and previous educational experiences and have got diverse socio cultural backgrounds and characteristics What quality expectations in this respect do they bring with them to the multicultural classroom How can professors meet these expectations and thereby improve their teaching From a systemic perspective on education in terms of education quality and effectiveness our research considers inter alia a number of different variables such as input professor students with diverse cultural origins profiles traditions previous experiences of university education context multicultural learning environments in Higher Education climate and culture of the classroom process teaching and learning techniques strategies teaching and learning styles intercultural approach product Intercultural Competence As it can be seen in detail in the analysis of the results obtained in our research statistically significant differences directly reflect cultural factors described in the various respondent student profiles as well as in their different traditional university models It has been therefore proved verified that the culture of the classroom or the academic culture teaching and learning culture is a true reflection of the culture or the cultural profile of those societies in which the university sits as an integral part member **La Conciencia Transpersonal** Carlos Tena Sánchez,2011-10-21 La Conciencia Transpersonal La Conciencia Transpersonal contiene un anlisis filosfico y psicolgico de la dimensin espiritual del ser humano Pretende establecer puentes de comunicacin entre dos lenguajes distintos pero conectados ntimamente en el ser

de la persona y manifestados inevitablemente a lo largo de la historia de la humanidad el racional y el místico Durante siglos la senda espiritual fue contemplada y recorrida solo por unos cuantos especialistas religiosos dejando en la periferia de este aajo y anhelado saber a las multitudes ignorantes y sufrientes de nuestro planeta En la actualidad posmoderna acudimos a un despertar de la conciencia espiritual el cual nos convoca a paladejar el dulce vino del Uno Infinito y Eterno Hagamos caso al llamado el tiempo ya est cerca y el Sentido debe ser descubierto

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