

Slow-wave sleep



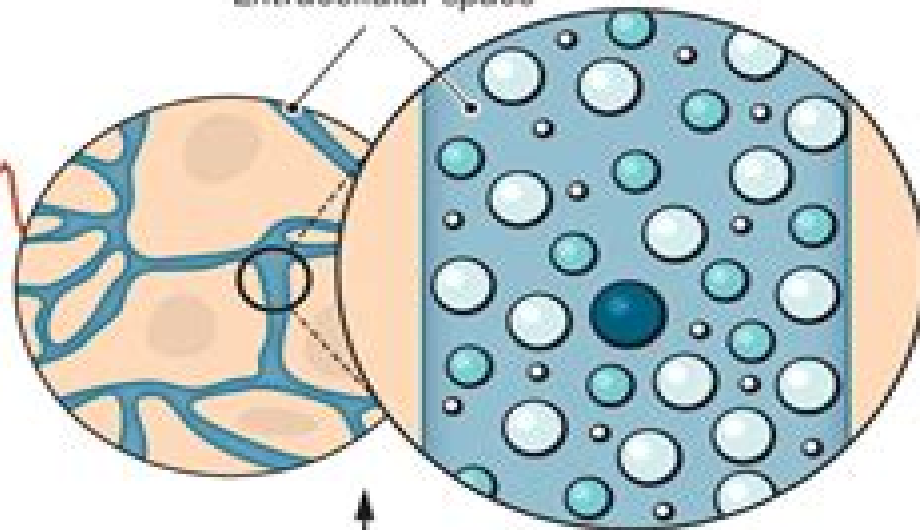
Electrical activity
(EEG)

Decreased
neuromodulator
activity

Neuromodulators
produced by
basal forebrain,
hypothalamus,
and brain stem

Acetylcholine
Hypocretin
Histamine
Serotonin
Noradrenaline

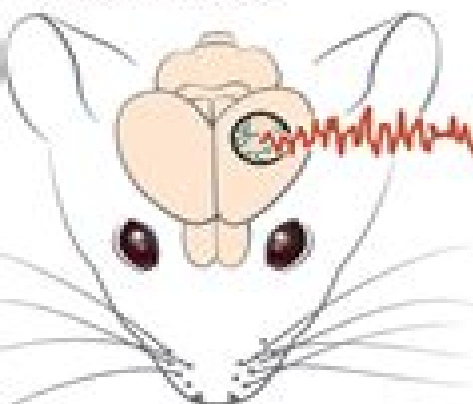
Extracellular space



Sleep-wakefulness
transitions are accompanied
by changes in extracellular
space volume and concentration
of extracellular ions

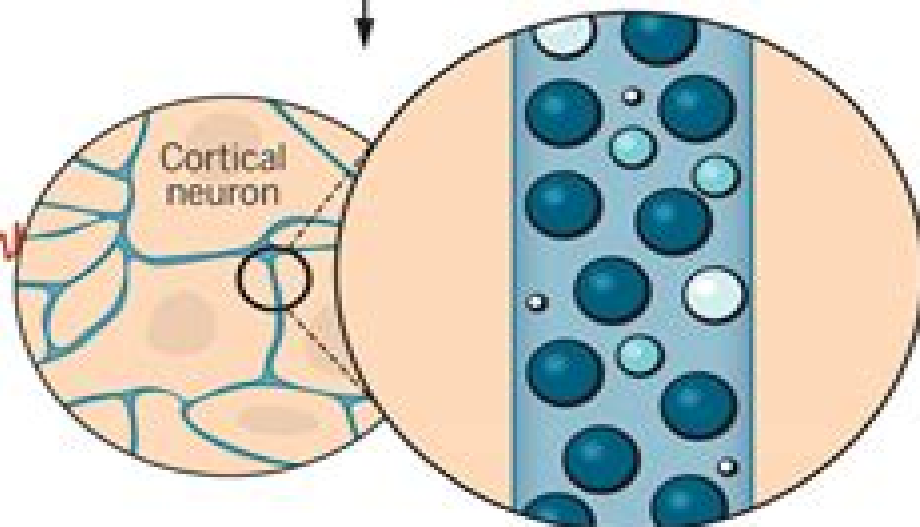
K^+
 Ca^{2+}
 Mg^{2+}
 H^+

Wakefulness



Increased
neuromodulator
activity

Electrical activity
(EEG)



Sleep And Wakefulness

RJ Shavelson



Sleep And Wakefulness:

Reviewing **Sleep And Wakefulness**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Sleep And Wakefulness**," an enthralling opus penned by a highly acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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Sleep And Wakefulness Introduction

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