MAJOR SLEEP DISORDERS



- 1. INSOMNIA
- 2. HYPERSOMNIA
- 3. CIRCADIAN RHYTHM SLEEP DISORDERS:
 - DELAYED SLEEP SYNDROME
 - ADVANCED SLEEP-WAKE PHASE DISORDER
 - IRREGULAR SLEEP-WAKE RHYTHM DISORDER
 - · JET LAG
 - NON-24-HOUR SLEEP-WAKE RHYTHM DISORDER.
 - SHIFT WORK DISORDER
 - OTHER CIRCADIAN RHYTHM SLEEP DISORDERS
- 4. PARASOMNIAS:
 - SLEEP TERRORS
 - SLEEPWALKING (SOMNAMBULISM)
 - CONFUSIONAL AROUSAL
 - SLEEP-RELATED EATING DISORDER
 - NICHTMARE DISORDER
 - RECURRENT ISOLATED SLEEP PARALYSIS
 - REM SLEEP BEHAVIOR DISORDER (RSBD)
 - EXPLODING HEAD SYNDROME
 - SLEEP ENURESIS (BEDWETTING)
 - SLEEP-RELATED HALLUCINATIONS
 - SLEEP-RELATED GROANING (CATATHRENIA)
 - SEXSOMNIA
- 5. SLEEP-RELATED BREATHING DISORDERS:
 - OBSTRUCTIVE SLEEP APNEA (OSA)
 - CENTRAL SLEEP APNEA
 - COMPLEX SLEEP APNEA SYNDROME
- PERIODIC LIMB MOVEMENT DISORDER (PLMD)
- 7. RESTLESS LEG SYNDROME
- 8. NARCOLEPSY
- 9. CATAPLEXY

Sleep And Sleep Disorders From Molecule To Behavior

Eric Murillo-Rodriguez

Sleep And Sleep Disorders From Molecule To Behavior:

Discover tales of courage and bravery in is empowering ebook, Unleash Courage in **Sleep And Sleep Disorders From Molecule To Behavior**. In a downloadable PDF format (*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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