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Julia Kelly

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identified gifted students and provides practical resources for teachers using the SEM with all students *Live Young, Think Young, Be Young* Donald Vickery,Larry Matson,Carol Vickery,2012-10-01 Why do we believe that aging is the cause of most of our problems as we get older Age and aging actually have much less to do with it than you think Live Young Think Young Be Young challenges our assumptions and beliefs about aging and provides a fresh new understanding of how and why we grow old It will make you think differently about little things in your daily life that accelerate the three mega causes of getting old In the end this book is about courage and resilience the courage to change what can be changed and the resilience to accept what can t be changed Together they provide a powerful plan for staying young in body mind and spirit

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