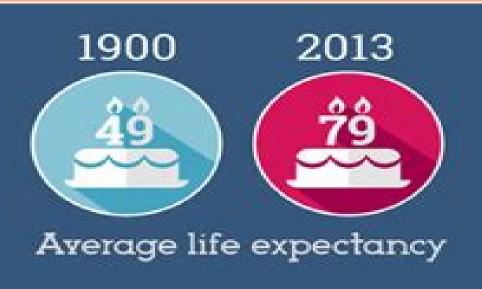
LIVING LONGER. LIVING HEALTHIER?

[TIPS FOR BETTER AGING]



Americans are living longer.

National Center for Health Statistics, 2013

But nearly

610

Practice healthy aging:

The Older Americans Survival Guide For Better Health And A Longer Life

DJ Losen

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