



THE Herb BIBLE

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growing, harvesting, and preserving hints •
Herbs in the home • How to get the most
out of the herbs you grow*

Peter McHoy
Pamela Westland



The Herb Bible The Ultimate Herb Reference

J. Howard Garrett



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The Herb Bible Peter McHoy, Pamela Westland, 1996 **The Herb Bible** Stefan Buczacki, 2015-02-02 Discover more than 130 herbs in this authoritative and attractive reference book by horticultural expert Stefan Buczacki There is at a glance information on a wide range of herbs with advice on how to grow them and their best uses both culinary and ornamental Designing and planning a herb garden is also considered with advice on site soil and style **Florida's Best Herbs and Spices** Charles R Boning, 2010-06-27 From unusual tropical spices to temperate herbs to native species this guide covers plants that will succeed in every region with a focus on plants with culinary uses Detailed profiles of nearly 100 plants ranging from unusual tropical species to temperate herbs to native species Range maps for each species and covers every region of the state Information on cultivation harvest and use of the plants Broad assortment of scent plants and describes growth habits and landscape uses and flowering characteristics for adding interest and color to the garden *Earl Mindell's New Herb Bible* Earl Mindell, 2020-09-15 The bestselling guide to herbal remedies completely revised and expanded Since its original publication in 1992 Earl Mindell's Herb Bible has become the definitive guide to the world of herbal remedies Recognized as today's leading trend in self care herbs can help you heal faster live longer and look better In this completely updated edition one of the world's foremost authorities on nutrition and natural remedies demystifies the language and lore of herbs and shows you how to choose and use herbs and herbal treatments from the traditional favorites to those on the cutting edge Here is new and valuable information on how herbs can treat depression and anxiety boost energy improve your sex life combat aging prevent illness and speed healing Highlights include Thirty new Hot Hundred herbs A new section devoted specifically to anti aging herbs New and completely updated information on the fastest selling herbs St John's Wort kava kava grapeseed extract and green tea Special updated chapters on A Man's Body and A Woman's Body And much more

The New Healing Herbs Michael Castleman, 2001-04-21 The newly revised and updated reference guide to herbal medicine offers readers sound advice on how to use more than 100 popular plants for healing purposes **Herbs of the Bible** Allan A. Swenson, 2003 Combining wisdom from the Good Book and America's most popular hobby Allan A Swenson celebrates the glories of biblical herbs From aloe to coriander dill to hyssop and sage to wormwood Herbs of the Bible and How to Grow Them provides gardeners with essential information on planting times soil preparation herb care in and out of doors drying and cooking methods even how to use the herbs for aromatherapy Readers will also find out where the herbs are mentioned in the Bible and have a complete guide to biblical gardens around the United States and the rest of the world with a special chapter on the magnificent Biblical Garden Preserve outside Tel Aviv Complete with sources for seeds and gardening supplies plans for designing a personal garden and a list of places that feature herbs of the Bible such as the Cloisters in New York City this an indispensable book that will enable readers to nurture beautiful plants as well as their own spirituality *The Herb Gardener's Essential Guide* Sandra Kynes, 2016-04-08 Learn how to use twenty eight popular easy

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