

5 by Vince Poscente

A Parable and Step Plan to Transform Individual Performance



the ant and the

ELEPHANT

LEADERSHIP FOR THE SELF

The Ant And The Elephant Leadership For The Self

Vince Posecente



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The Ant and the Elephant Vince Poscente, 2006 Of all the animals the elephant rescues only the tiny ant returns the favor

THE ANT AND THE ELEPHANT - LEADERSHIP FOR THE SELF (HINDI) Vince Posecente, The Ant and the Elephant is an entertaining parable to help you unleash the massive power of human potential Its goal is to demonstrate how we can unite the powerful forces of conscious and subconscious thought to reach our peak performance levels as individuals and as leaders In this book renowned business consultant and Olympian Vincent Poscente weaves a cleaver parable around profound concepts that can have an immediate impact on your life and the life of those around you Using a mix of wit and wisdom Poscente shows us how to focus on and re direct our subconscious mind in order to accomplish the goals we strive to achieve In order to explain the relationship between the conscious and sub conscious mind in an entertaining fashion Poscente uses the story of Adir the ant and Elgo the Elephant The story itself is fun to read and the wisdom he wishes to impart is woven into the story There is a pause after each chapter with bullet points to to help you understand the principles covered within the chapter and realize how they apply to you and how they can transform your life Using the lessons of Adir the ant you will learn how to Clarify your vision Commit to cultivating positive dominant thoughts Consistently focus on performance Strengthen confidence Control the response to any situation Although the story is simple and enjoyable reading it stays on in your mind and the concepts taught in the book when applied will change your life forever This book will have an immediate impact on your life

The Ant and the Elephant (Summary) Vince Poscente, 2014 getAbstract Summary Get the key points from this book in less than 10 minutes Former Olympian Vince Poscente s entertaining short parable works with the metaphors of a determined little ant as your conscious mind and a habit driven elephant as your subconscious mind You make hundreds of small decisions daily mostly without thinking because your subconscious runs your life Yet these accumulated choices put most people on safe predictable boring paths of mediocrity When you see glimpses of what you could become heed those insights Don t revert to your old ways just because change is hard and progress may be slow With the right mind set and determination think of an ant s diligence you can overcome inertia and break through Turn to Poscente s five step action plan based on clear vision commitment consistency confidence and control Align your conscious goals with those of your subconscious so the ant rules the elephant Convince your inner more conservative self that your goal is not only possible but also inevitable getAbstract recommends this accessible heartwarming story to anyone seeking to reduce fear alter old habits and change for the better Book Publisher Be Invinceable Group

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could become heed those insights Don't revert to your old ways just because change is hard and progress may be slow With the right mind set and determination think of an ant's diligence you can overcome inertia and break through Turn to Poscente's five step action plan based on clear vision commitment consistency confidence and control Align your conscious goals with those of your subconscious so the ant rules the elephant Convince your inner more conservative self that your goal is not only possible but also inevitable getAbstract recommends this accessible heartwarming story to anyone seeking to reduce fear alter old habits and change for the better This officially licensed summary of *The Ant and the Elephant* was produced by getAbstract the world's largest provider of book summaries getAbstract works with hundreds of the best publishers to find and summarize the most relevant content out there Find out more at getabstract.com **Learn and Grow**

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character It includes fundamental lessons from the past four millennia the discovery and development of financial character and the deployment of a financial blueprint With real life examples and colorful illustrations it s a fun and appealing challenge Encourage your children to immerse themselves in this work and give them the edge they need to take charge of their financial destiny Author Christo B Vermeulen wants to develop and deploy the Personal Economy of children everywhere A percentage of the proceeds from this book will be channeled to further the goal of the Global Financial SHIFT Project helping all children succeed globally

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In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**The Ant And The Elephant Leadership For The Self**," a mesmerizing literary creation penned with a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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