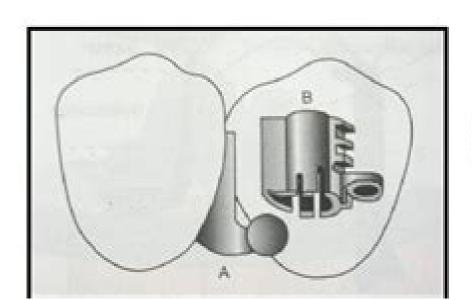
# Classification of stress breakers

Stress-breakers can be classified according to their mode of action:

- Type 1 Those utilizing a hinge or moveable joint.
- eg : hinges , sleeves and cylinders and ball and socket devices





# **Stress Breakers**

Jessica J Manson



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