## Reducing Stress and Improving Learning: Adapting Courses to Support Students on Fieldwork Placement

#### Teaching Note

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#### Abstract

Fieldwork placement is essential for social work education. It serves to connect theory and practice, enabling the development of student professional identity. However, unpaid placements can negatively impact students, particularly students who are carers, women, and live rurally. This reflective case study describes how an undergraduate social work course in Australia adapted its curriculum and assessments to support students during their placements. The changes were made in response to placement stressors, while utilising best-practice principles for online pedagogy. These adaptations allowed students to engage with the course at their own pace, and with accessible and flexible course materials. Assessments were directly aligned with placement experiences and due dates and late penalties were removed to promote autonomy and respect student discretion. This case study presents reflections from the teaching team, alongside student feedback, to explore strategies for supporting social work students during placements. Although unpaid placements are likely to continue due to accreditation standards and requirements in many countries, educators can be active in supporting student wellbeing during this time.

Keywords: Social work education; Fieldwork placement; Student wellbeing; Australia

# **Stress And Response In Fieldwork**

Thirumalaisamy P. Velavancorresponding

**Stress And Response In Fieldwork:** 

Whispering the Secrets of Language: An Mental Journey through Stress And Response In Fieldwork

In a digitally-driven world where displays reign supreme and immediate connection drowns out the subtleties of language, the profound techniques and psychological nuances hidden within phrases usually move unheard. Yet, located within the pages of **Stress And Response In Fieldwork** a captivating fictional value pulsating with natural feelings, lies a fantastic journey waiting to be undertaken. Written by a skilled wordsmith, that charming opus encourages readers on an introspective journey, gently unraveling the veiled truths and profound affect resonating within the fabric of each and every word. Within the psychological depths of this touching review, we can embark upon a genuine exploration of the book is core subjects, dissect their captivating publishing design, and yield to the strong resonance it evokes deep within the recesses of readers hearts.

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