

MAJOR SLEEP DISORDERS



1. INSOMNIA

2. HYPERSOMNIA

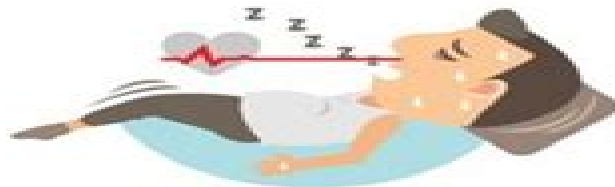
3. CIRCADIAN RHYTHM SLEEP DISORDERS:

- DELAYED SLEEP SYNDROME
- ADVANCED SLEEP-WAKE PHASE DISORDER
- IRREGULAR SLEEP-WAKE RHYTHM DISORDER
- JET LAG
- NON-24-HOUR SLEEP-WAKE RHYTHM DISORDER
- SHIFT WORK DISORDER
- OTHER CIRCADIAN RHYTHM SLEEP DISORDERS



4. PARASOMNIAS:

- SLEEP TERRORS
- SLEEPWALKING (SOMNAMBULISM)
- CONFUSIONAL AROUSAL
- SLEEP-RELATED EATING DISORDER
- NIGHTMARE DISORDER
- RECURRENT ISOLATED SLEEP PARALYSIS
- REM SLEEP BEHAVIOR DISORDER (RBD)
- EXPLODING HEAD SYNDROME
- SLEEP ENURESIS (BEDWETTING)
- SLEEP-RELATED HALLUCINATIONS
- SLEEP-RELATED GROANING (CATATHRENIA)
- SEXSOMNIA



5. SLEEP-RELATED BREATHING DISORDERS:

- OBSTRUCTIVE SLEEP APNEA (OSA)
- CENTRAL SLEEP APNEA
- COMPLEX SLEEP APNEA SYNDROME

6. PERIODIC LIMB MOVEMENT DISORDER (PLMD)

7. RESTLESS LEG SYNDROME

8. NARCOLEPSY

9. CATAPLEXY



Sleep And Sleep Disorders From Molecule To Behavior

Mark Steyvers



Sleep And Sleep Disorders From Molecule To Behavior:

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