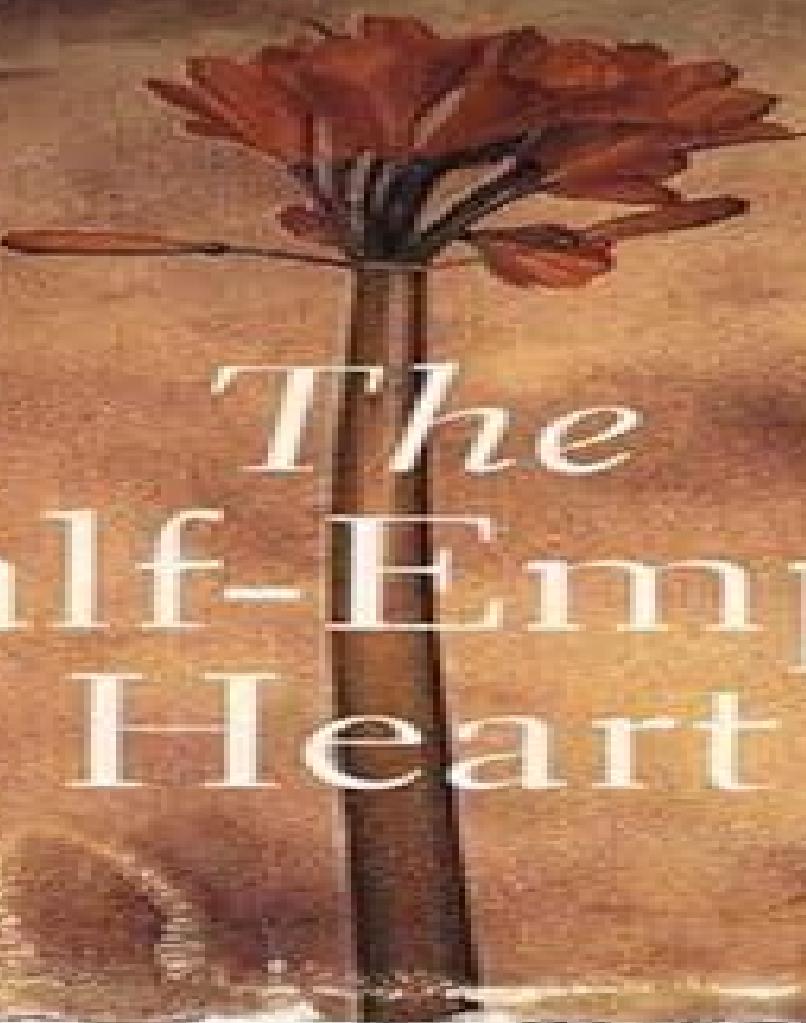


*A Supportive Guide to Breaking Free
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The
Half-Empty
Heart

Alan Downs, Ph.D.

Author of *Why Does This Keep Happening to Me?*

The Half Empty Heart A Supportive Guide To Breaking Free From Chronic Discontent

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