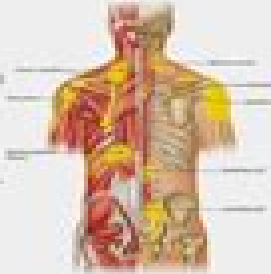
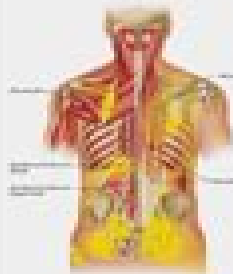
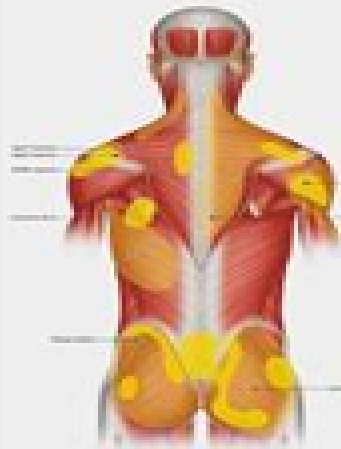
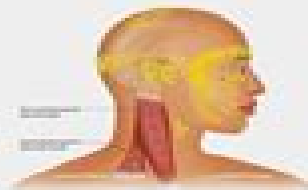


# TRIGGER POINTS: HEAD, NECK & TRUNK

Trigger point is a small area of hyperirritable spot from the skeletal muscle, which is a focal point of muscle tenderness and pain.

Symbol	Meaning
●	Active trigger point
○	Latent trigger point
■	End point of trigger point referral pattern
▲	End point of trigger point referral pattern
△	End point of trigger point referral pattern
◆	End point of trigger point referral pattern



# The Head Neck And Trunk Muscles And Motor Points

**Bachi T Hathiram, Vicky S Khattar**



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